

Also part of the Department of Neighborhood and Leisure Services...

DIVISION OF NEIGHBORHOOD PRESERVATION

*"Ensuring safe and habitable conditions
for existing buildings."*

400 Granby Street
Norfolk, VA 23510
Phone: (757) 664-6582
Fax: (757) 664-6556
E-mail: pbellma@city.norfolk.va.us

*Have a question or need advice about code inspections
or property maintenance? The Division of Neighborhood
Preservation conducts comprehensive property maintenance
inspections and associated activities for existing structures.*

DIVISION OF PARKS & URBAN FORESTRY

*"Preserving and enhancing
the environmental setting."*

2839 Dana Street
Norfolk, VA 23509
Phone: (757) 823-4023
Fax: (757) 441-5141

*Do you have a street tree that needs pruning or removal?
The Division of Parks & Urban Forestry provides
urban forestry services, landscape services, small equipment
repair for city agencies, and administers Norfolk's tree
and landscape ordinances.*



Parks and Recreation Advisory Commission Comment Card

Got a suggestion, comment or concern about Norfolk Parks and Recreation?

Let us hear from you. Please write your comments below and mail to the following
address: Department of Neighborhood and Leisure Services, Division of Recreation
and Community Services, 501 Boush Street, Norfolk, VA 23510.

Optional Information

Name

Address

Phone #

E-mail:

Fax#

Do you want to be contacted?

☐ Yes ☐ No

The Commission serves in an advisory role to Norfolk City Council and the Director of Neighborhood and Leisure Services. In addition, it serves as a liaison between the citizens of the community and Neighborhood and Leisure Services. You may leave a message for the commission by telephone at 441-2400 or e-mail neighborhoods@norfolk.gov



SPRING/SUMMER 2004 COURSE & ACTIVITY SCHEDULE

Good times great neighborhoods



Director's Message

Adopt-A-Center

The Adopt-A-Center program allows area organizations such as businesses, military units and service groups to join in partnership with a recreation facility. By giving just a minimum of three hours a month for a year, adopters can help enrich leisure experiences, expand programming, improve the self-esteem of youth participants, provide realistic role models, decrease at-risk youth behaviors, and foster the practice of community service and good citizenship.

Adoption opportunities are as diverse as Norfolk's recreation operations. There are 20 general recreation centers, two senior centers, a therapeutic recreation center devoted to persons with disabilities, and specialty centers in art, dance, music, aquatics, outdoor recreation and athletics.

The adopting organization will quickly recognize its ability to make a strong and lasting impact on a child's future. For more information about Adopt-A-Center and other ways your organization can "Help Dreams Grow," call 441-2400.

City of Norfolk Parks & Recreation Advisory Commission

Mr. Thomas O. Duffey (Vice-Chair)

Dr. Vicki Swecker

The Honorable Hal J. Bonney, Jr.

Mr. George H. Curtis III

Mr. Dwight McDowell

Mr. John E. Roger

Mr. Jared Turner

The Parks and Recreation Advisory Commission serves in an advisory role to City Council. You may contact them by mail at 501 Boush Street, Norfolk, Virginia, 23510, or by e-mail at neighborhoods@norfolk.gov.

Director's Message

Dear Neighbors,

If you are reading this, then we have accomplished our goal!

This year, the Department of Neighborhood & Leisure Services (NLS) took a hard, long look at the Good Times Great Neighborhood Publication and decided that it was time to broaden our outreach in the Norfolk community. Why? So that more people like you can discover the extensive variety of programs and classes that are available every day at one of our centers.

With this issue, NLS accepted a challenge to distribute Good Times Great Neighborhoods to the wider Norfolk community. Changes to the page format and over-all size have permitted us to insert the publication in the Virginia Pilot newspaper allowing for an expanded distribution of our arts and leisure program listings.

Why? Because more and more folks are discovering talents they never knew they had. Some of our artists are finding more ways to showcase those talents. Just look at the first page of the Visual Arts section, which features the Paul Street Galleries, where artwork, created in our own visual art centers are being displayed with the same panache as any other high brow art gallery. Visitors have commented that the Paul Street Gallery is the "best little gallery south of New York City!" Well, if that isn't enough to whet your pottery stone, how about trying your hand at cooking, or guitar playing or photography!

We hope that the change in distribution will encourage more of your friends and neighbors to participate in community building activities. Our primary mission is to provide leadership, policies and programs to help preserve and maintain safe, strong, and sustainable neighborhoods. We invite you to encourage your family and friends to meet together, communicate their dreams and hopes, enjoy "good times", and create the kind of "great neighborhood" you always wanted!

Through the many services we offer, be it recreation and leisure services, grassroots community building, preserving neighborhoods, youth development or parks and urban forestry, NLS is your partner in creating a stable and healthy community.

If you have questions, ideas or suggestions, please contact me at 441-2400 to discuss your neighborhood needs.

Sincerely,

Iris Jessie, Acting Director

Neighborhood and Leisure Services

Mission

To enrich the quality of lives for our customers through building and maintaining stable, healthy and livable neighborhoods by preserving and enhancing the urban environmental setting; facilitating opportunities for self-renewal, skill-building, and fun; ensuring safe and habitable conditions for existing buildings; and fostering citizen involvement and a greater sense of community pride.

Vision

The Department of Neighborhood and Leisure Services, in partnership with community stakeholders, will be a leader in building, maintaining and preserving stable, healthy and livable neighborhoods in Norfolk.

Building Strong Neighborhoods

*Department of Neighborhood and
Leisure Services Administration*

Interim Director	Iris Jessie
Assistant Director	Deborah Morton
Business Manager	Shirley Tyree
Public Information Officer	Maria Oropallo
Neighborhood Services	Stephanie Small
Neighborhood Preservation	Tina Orr
Neighborhood Service Center	Joyce Henry
Parks and Urban Forestry	Bob Alderman
Recreation Center Operations	Jo Anne Jones
Senior Activities	Jean Saunders
Special Events	Agatha Mears
Youth Development	Elsie Harold

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Good Times Great Neighborhoods is published three times per year by the City of Norfolk's Department of Neighborhood and Leisure Services. For information, call 441-2400 or visit www.norfolk.gov

A late fee of \$5.00 for residents and \$10.00 for non-residents will be imposed after classes begin.

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Fee: Norfolk Resident

NR Fee: Residents of other cities

Athletics

Youth Football Organizational Meeting:

Tuesday, July 13, 2004, 6:30pm

Vivian C. Mason Building

700 E. Onley Rd.

Youth Football Team Registration:

July 14-August 7, 2004

10am-5pm, Monday-Friday

Lakewood Athletic Office

1612 Willow Wood Dr.

Hook A Kid On Golf Camps:

Tee Level (Beginner)

July 12-16, 2004, Lake Wright Golf Course, 9am-12pm

COST: \$125/camper (if camper doesn't own clubs)-includes a starter set of golf clubs, a golf bag, a golf shirt, hat, and other golf items/\$65 (if camper has clubs)

Green Level (Novice)

July 19-23, 2004, Lake Wright Golf Course, 9-11:30am

COST: \$125/camper (if camper doesn't own clubs)/\$65 (if camper owns clubs)

Adult Softball Fall League

Operated by Norfolk ASA. Start of season TBA.

Please contact Tommy Watts at 664-6093 for more information.

TAE KWON DO I - YOUTH BEGINNING

MARCH

Activity #	Site	Day	Time	Date	Fee	NR Fee
35801-01	Sherwood	Tu	5:00pm - 6:00pm	3/2 - 3/30	\$20	\$30
36201-02	Tarrallton	W	6:00pm - 7:00pm	3/3 - 3/31	\$20	\$30
31201-03	Bayview	Th	6:00pm - 7:00pm	3/4 - 3/25	\$20	\$30
32801-04	Fairlawn	F	5:00pm - 6:00pm	3/5 - 3/26	\$20	\$30

APRIL

Activity #	Site	Day	Time	Date	Fee	NR Fee
35802-05	Sherwood	Tu	5:00pm - 6:00pm	4/6 - 4/27	\$20	\$30
36202-06	Tarrallton	W	6:00pm - 7:00pm	4/7 - 4/38	\$20	\$30
31202-07	Bayview	Th	6:00pm - 7:00pm	4/1 - 4/29	\$20	\$30
32802-08	Fairlawn	F	5:00pm - 6:00pm	4/2 - 4/30	\$20	\$30

MAY

Activity #	Site	Day	Time	Date	Fee	NR Fee
35801-09	Sherwood	Tu	5:00pm - 6:00pm	5/4 - 5/25	\$20	\$30
36201-10	Tarrallton	W	6:00pm - 7:00pm	5/5 - 5/26	\$20	\$30
31201-11	Bayview	Th	6:00pm - 7:00pm	5/6 - 5/27	\$20	\$30
32801-12	Fairlawn	F	5:00pm - 6:00pm	5/7 - 5/28	\$20	\$30

JUNE

Activity #	Site	Day	Time	Date	Fee	NR Fee
45801-01	Sherwood	Tu	5:00pm - 6:00pm	6/1 - 6/29	\$20	\$30
46201-02	Tarrallton	W	6:00pm - 7:00pm	6/2 - 6/30	\$20	\$30
41201-03	Bayview	Th	6:00pm - 7:00pm	6/3 - 6/24	\$20	\$30
42801-04	Fairlawn	F	5:00pm - 6:00pm	6/4 - 6/25	\$20	\$30

JULY

Activity #	Site	Day	Time	Date	Fee	NR Fee
45801-05	Sherwood	Tu	5:00pm - 6:00pm	7/6 - 7/27	\$20	\$30
46201-06	Tarrallton	W	6:00pm - 7:00pm	7/7 - 7/28	\$20	\$30
41201-07	Bayview	Th	6:00pm - 7:00pm	7/1 - 7/29	\$20	\$30
42801-08	Fairlawn	F	5:00pm - 6:00pm	7/2 - 7/30	\$20	\$30

AUGUST

Activity #	Site	Day	Time	Date	Fee	NR Fee
45801-09	Sherwood	Tu	5:00pm - 6:00pm	8/3 - 8/31	\$20	\$30
46201-10	Tarrallton	W	6:00pm - 7:00pm	8/4 - 8/25	\$20	\$30
41201-11	Bayview	Th	6:00pm - 7:00pm	8/5 - 8/26	\$20	\$30
42801-12	Fairlawn	F	5:00pm - 6:00pm	8/6 - 8/27	\$20	\$30

TAE KWON DO II - YOUTH INTERMEDIATE

MARCH

Activity #	Site	Day	Time	Date	Fee	NR Fee
35802-01	Sherwood	Tu	6:00pm - 7:00pm	3/2 - 3/30	\$35	\$45
36202-02	Tarrallton	W	7:00pm - 8:00pm	3/3 - 3/31	\$35	\$45
31202-03	Bayview	Th	7:00pm - 8:00pm	3/4 - 3/25	\$35	\$45
32802-04	Fairlawn	F	6:00pm - 7:00pm	3/5 - 3/26	\$35	\$45

APRIL

Activity #	Site	Day	Time	Date	Fee	NR Fee
35802-05	Sherwood	Tu	6:00pm - 7:00pm	4/6 - 4/27	\$35	\$45
36202-06	Tarrallton	W	7:00pm - 8:00pm	4/7 - 4/28	\$35	\$45
31202-07	Bayview	Th	7:00pm - 8:00pm	4/1 - 4/29	\$35	\$45
32802-08	Fairlawn	F	6:00pm - 7:00pm	4/2 - 4/30	\$35	\$45

MAY

Activity #	Site	Day	Time	Date	Fee	NR Fee
35802-09	Sherwood	Tu	6:00pm - 7:00pm	5/4 - 5/25	\$35	\$45
36202-10	Tarrallton	W	7:00pm - 8:00pm	5/5 - 5/26	\$35	\$45
31202-11	Bayview	Th	7:00pm - 8:00pm	5/6 - 5/27	\$35	\$45
32802-12	Fairlawn	F	6:00pm - 7:00pm	5/7 - 5/28	\$35	\$45

JUNE

Activity #	Site	Day	Time	Date	Fee	NR Fee
45802-01	Sherwood	Tu	6:00pm - 7:00pm	6/1 - 6/29	\$35	\$45
46202-02	Tarrallton	W	7:00pm - 8:00pm	6/2 - 6/30	\$35	\$45
41202-03	Bayview	Th	7:00pm - 8:00pm	6/3 - 6/24	\$35	\$45
42802-04	Fairlawn	F	6:00pm - 7:00pm	6/4 - 6/25	\$35	\$45

JULY

Activity #	Site	Day	Time	Date	Fee	NR Fee
45803-05	Sherwood	Tu	6:00pm - 7:00pm	7/6 - 7/27	\$35	\$45
46202-06	Tarrallton	W	7:00pm - 8:00pm	7/7 - 7/28	\$35	\$45
41202-07	Bayview	Th	7:00pm - 8:00pm	7/1 - 7/29	\$35	\$45
42802-08	Fairlawn	F	6:00pm - 7:00pm	7/2 - 7/30	\$35	\$45

AUGUST

Activity #	Site	Day	Time	Date	Fee	NR Fee
45803-09	Sherwood	Tu	6:00pm - 7:00pm	8/3 - 8/31	\$35	\$45
46202-10	Tarrallton	W	7:00pm - 8:00pm	8/4 - 8/25	\$35	\$45
41202-11	Bayview	Th	7:00pm - 8:00pm	8/5 - 8/26	\$35	\$45
42802-12	Fairlawn	F	6:00pm - 7:00pm	8/6 - 8/27	\$35	\$45

TAE KWON DO III - YOUTH ADVANCED

MARCH

Activity #	Site	Day	Time	Date	Fee	NR Fee
35803-01	Sherwood	Tu	7:00pm - 8:00pm	3/2 - 3/30	\$50	\$60
36203-02	Tarrallton	W	7:00pm - 8:00pm	3/3 - 3/31	\$50	\$60
31203-03	Bayview	Th	7:00pm - 8:00pm	3/4 - 3/25	\$50	\$60
32803-04	Fairlawn	F	7:00pm - 8:00pm	3/5 - 3/26	\$50	\$60

APRIL

Activity #	Site	Day	Time	Date	Fee	NR Fee
35803-05	Sherwood	Tu	7:00pm - 8:00pm	4/6 - 4/27	\$50	\$60
36203-06	Tarrallton	W	7:00pm - 8:00pm	4/7 - 4/28	\$50	\$60
31203-07	Bayview	Th	7:00pm - 8:00pm	4/1 - 4/29	\$50	\$60
32803-08	Fairlawn	F	7:00pm - 8:00pm	4/2 - 4/30	\$50	\$60

MAY

Activity #	Site	Day	Time	Date	Fee	NR Fee
35803-09	Sherwood	Tu	7:00pm - 8:00pm	5/4 - 5/25	\$50	\$60
36203-10	Tarrallton	W	7:00pm - 8:00pm	5/5 - 5/26	\$50	\$60
31203-11	Bayview	Th	7:00pm - 8:00pm	5/6 - 5/27	\$50	\$60
32803-12	Fairlawn	F	7:00pm - 8:00pm	5/7 - 5/28	\$50	\$60

JUNE

Activity #	Site	Day	Time	Date	Fee	NR Fee
45803-01	Sherwood	Tu	7:00pm - 8:00pm	6/1 - 6/29	\$50	\$60
46203-02	Tarrallton	W	7:00pm - 8:00pm	6/2 - 6/30	\$50	\$60
41203-03	Bayview	Th	7:00pm - 8:00pm	6/3 - 6/24	\$50	\$60
42803-04	Fairlawn	F	7:00pm - 8:00pm	6/4 - 6/25	\$50	\$60

JULY

Activity #	Site	Day	Time	Date	Fee	NR Fee
45803-05	Sherwood	Tu	7:00pm - 8:00pm	7/6 - 7/27	\$50	\$60
46203-06	Tarrallton	W	7:00pm - 8:00pm	7/7 - 7/28	\$50	\$60
41203-07	Bayview	Th	7:00pm - 8:00pm	7/1 - 7/29	\$50	\$60
42803-08	Fairlawn	F	7:00pm - 8:00pm	7/2 - 7/30	\$50	\$60

AUGUST

Activity #	Site	Day	Time	Date	Fee	NR Fee
45803-09	Sherwood	Tu	7:00pm - 8:00pm	8/3 - 8/31	\$50	\$60
46203-10	Tarrallton	W	7:00pm - 8:00pm	8/4 - 8/25	\$50	\$60
41203-11	Bayview	Th	7:00pm - 8:00 pm	8/5 - 8/25	\$50	\$60
42803-12	Fairlawn	F	7:00pm - 8:00 pm	8/6 - 8/26	\$50	\$60



Registration

Aquatics registration is held at pool sites only. Mail-in registration will not be accepted.

Registration will begin on Spring: March 13, at 7:30 a.m. and will continue until classes are filled.

Registration will begin Summer: June 5, at 7:30 a.m. and will continue until classes are filled.

Aquatic Youth Classes

WATER BABIES/PARENT TOT

Discover the pleasure of sharing time with your child and learning water adjustments through movement exploration and games.

Activity#	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334103-01	Huntersville	Sa	11:30am -12:00pm	4/3-6/5	\$25	\$35
<i>Summer 2004</i>						
434103-01	Huntersville	Sa	11:30am -12:00pm	6/19-8/21	\$25	\$35

LEVEL I – WATER EXPLORATION

Provides youth an orientation to the aquatic environment and teaches elementary swim skills. Ages 5-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334104-04	Huntersville	Sa	10:00am -10:30am	4/3 - 6/5	\$25	\$35
334104-05	Huntersville	Sa	10:30am -11:00am	4/3 - 6/5	\$25	\$35
334104-06	Huntersville	T&Th	6:00pm - 6: 30pm	4/6 - 5/6	\$25	\$35
<i>Summer 2004</i>						
434104-06	Huntersville	Sa	10:00am -10:30am	6/19 - 8/2	\$25	\$35
434104-07	Huntersville	Sa	10:30am -11:00am	6/19 - 8/21	\$25	\$35
434104-08	Huntersville	M-F	10:00am -10:30am	6/21 - 7/2	\$25	\$35
434104-09	Huntersville	M-F	10:00am -10:30am	7/6 - 7/16	\$25	\$35
434104-10	Huntersville	M-F	10:00am -10:30am	7/19 - 7/30	\$25	\$35
413104-01	Berkley	Sa	10:00am -10:30am	6/19 - 8/21	\$25	\$35
413104-02	Berkley	Sa	10:30am -11:00am	6/19 - 8/21	\$25	\$35
413104-03	Berkley	M-F	10:00am -10:30am	6/21 - 7/2	\$25	\$35
420104-04	Chesterfield	Sa	10:00am -10:30am	6/19 - 8/21	\$25	\$35
420104-05	Chesterfield	Sa	10:30am -11:00am	6/19 - 8/21	\$25	\$35

No Classes July 5, 2004

LEVEL II – BELUGA WHALES/PRIMARY SKILLS

Designed for youth with some previous water adjustment skills, continues to build on fundamental aquatic locomotion, safety and rescue skills learned in Level I. Must have Level I certificate or demonstrate skills. Ages 5 - 15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334105-01	Huntersville	Sa	10:30am -11:00am	4/3 - 6/5	\$25	\$35
334105-02	Huntersville	Sa	11:00am -11:30am	4/3 - 6/5	\$25	\$35
334105-03	Huntersville	T&Th	6:00pm - 6:30pm	4/20 - 4/20	\$25	\$35
<i>Summer 2004</i>						
434105- 01	Huntersville	Sa	10:30am -11:00am	6/19-8/21	\$25	\$35

434105-02	Huntersville	Sa	10:30am – 11:00am	6/19-8/21	\$25	\$35
434105-03	Huntersville	M-F	11:00am – 11:30am	6/21-7/2	\$25	\$35
434105-04	Huntersville	M-F	10:30am – 11:00am	7/6-7/16	\$25	\$35
434105-05	Huntersville	M-F	10:30am – 11:00am	7/14-7/25	\$25	\$35
434105-06	Huntersville	M-F	10:30am – 11:00am	7/19-7/30	\$25	\$35
413105-06	Berkley	Sa	10:00am – 10:30am	6/19-8/21	\$25	\$35
413105-07	Berkley	Sa	10:30am – 11:00am	6/19-8/21	\$25	\$35
413105-08	Berkley	M-F	10:00am – 10:30am	6/21-7/2	\$25	\$35
420105-09	Chesterfield	Sa	10:00am – 10:30am	6/19-8/21	\$25	\$35
420105-10	Chesterfield	Sa	10:30am – 11:00am	6/19-8/21	\$25	\$35

No Classes July 5, 2003

LEVEL III – BLUE WHALES/STROKE READINESS

Introduces participants to front and back crawl, as well as fundamentals of treading water and diving. Safety skills are expanded upon. Comparable to beginner swims. Must have Level II certificate or demonstrate skills. For Ages 7 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334106-04	Huntersville	Sa	10:00 am-10: 50am	4/3-6/5	\$30	\$40
334106-05	Huntersville	Sa	11:00am-11: 50am	4/3-6/5	\$30	\$40
334106-06	Huntersville	T&Th	5:30 pm-6:20pm	4/20-5/20	\$30	\$40
<i>Summer 2004</i>						
434104-06	Huntersville	Sa	10:00am -10:50am	6/19-8/21	\$30	\$40
434104-07	Huntersville	Sa	11:00am -11:50am	6/19-8/21	\$30	\$40
434104-08	Huntersville	M-F	10:00am -10:50am	6/21-7/2	\$30	\$40
434104-09	Huntersville	M-F	10:00am -10:50am	7/6-7/16	\$30	\$40
434104-10	Huntersville	M-F	10:00am -10:50am	7/19-7/30	\$30	\$40
413104-01	Berkley	Sa	10:00am -10:50am	6/19-8/21	\$30	\$40
413104-02	Berkley	Sa	10:00am -10:50am	6/19-8/21	\$30	\$40
413104-03	Berkley	M-F	10:00am -10:50am	7/6 -7/16	\$30	\$40
420104-04	Chesterfield	Sa	10:00am -10:50am	6/19-8/21	\$30	\$40
420104-05	Chesterfield	Sa	11:00am -11:50am	6/19-8/21	\$30	\$40

No Classes July 5, 2004

LEVEL IV GRAY - WHALES/STROKE DEVELOPMENT

Participants increase their distance with previously learned strokes. Breaststroke and sidestroke are introduced as well as turns. Comparable to advanced beginners swim. Must have Level III certificate or demonstrate skills. For ages 8 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334107-02	Huntersville	Sa	11:00am-11:50am	4/3-6/5	\$30	\$40
<i>Summer 2004</i>						
434107-02	Huntersville	Sa	11:00am-11:50am	6/19-8/21	\$30	\$40

LEVEL V - DOLPHINS STROKE REFINEMENT

Work on perfecting stroke techniques of skills learned in Level IV. The butterfly, open turns and feet –first surface dives are introduced. Must have Level IV certificate or demonstrate skills. Ages 9 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334108-02	Huntersville	Sa	11:00am -11:50am	4/3-6/5	\$30	\$40

Aquatic Adult Classes

ADULT BEGINNER III

Introduces participants to front and back crawls, as well as fundamentals of treading water and diving. Survival skill introduced. For ages 16 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334131-03	Huntersville	Sa	10:00am-10:50am	4/3-6/5	\$30	\$40
334131-04	Huntersville	T&Th	5:00pm-5:50pm	3/23-4/22	\$30	\$40
<i>Summer 2004</i>						
434131-03	Huntersville	Sa	10:00am-10:50am	6/19-8/21	\$30	\$40
434131-04	Huntersville	T&Th	5:00pm-5:50pm	7/6-8/5	\$30	\$40

No Classes July 5, 2004

AQUA MUSCLE TONER

Class is set up for individuals who want to work at a faster pace. Tones and increases flexibility and cardiovascular strength in the water. For ages 16 and over.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
334134-04	Huntersville	Tu,W,Th	5:00pm-5:50pm	3/2-3/31	\$30	\$40
334134-05	Huntersville	Tu,W,Th	5:00pm-5:50pm	4/1-4/29	\$30	\$40
334134-06	Huntersville	Tu,W,Th	5:00pm-5:50pm	5/4-5/27	\$30	\$40
<i>Summer 2004</i>						
334134-04	Huntersville	Tu,W,Th	5:00pm-5:50pm	6/1-6/30	\$30	\$40
334134-05	Huntersville	Tu,W,Th	5:00pm-5:50pm	7/1-7/29	\$30	\$40
334134-06	Huntersville	Tu,W,Th	5:00pm-5:50pm	8/3-8/31	\$30	\$40

No Classes July 4, 2004

LIFEGUARD TRAINING

Professional course that offers American Red Cross certifications in lifeguard training, first aid and C.P.R. for the professional rescuer. If student is employed as a lifeguard with the City of Norfolk from the start of the summer season 2004, and continues employment through Labor Day, the course fee will be refunded to them. Students are responsible for purchase of their own books. Ages 15 - adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
		Class dates and times -TBA			\$100	\$110



Aquatic Youth Classes

WATER BABY/PARENT-TOT

Discover the pleasure of sharing time with your child and learning water adjustment through movement exploration and games. For children ages 6 months to 4 years with parent or trusted adult. (No class on Monday 7/5/04).

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346103-02	NS	Sa	12:00pm-12:30pm	3/27-5/29	\$25	\$35
<i>Summer 2004</i>						
446103-02	NS	M,W,F	11:00am-11:30am	6/16-7/9	\$25	\$35
446103-04	NS	M,W,F	10:30am-11:00am	8/2-8/23	\$25	\$35

WATER BABY

Enjoy a shared activity with your child and learn water adjustment through movement exploration and games. For children ages 6 months to 2 years 11 months with trusted adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Summer 2004</i>						
446101-02	NS	Sa	12:00pm-12:30pm	6/19-8/21	\$25	\$35

PARENT TOT

Learn water adjustment and basic swim skills through games and movement exploration with your toddler, ages 3 years to 4 years 11 months. Parent or trusted adult must accompany youth in the water.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Summer 2004</i>						
4461202-02	NS	Sa	12:30pm-1:00pm	6/19-8/21	\$25	\$30

LEVEL I - WATER EXPLORATION

Provides youth an orientation to the aquatic environment and teaches elementary swim skills. Ages 5 - 15. (No class Monday 7/5/04)

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346104-01	NS	Sa	10:00am-10:30am	3/27-5/29	\$25	\$35
346104-02	NS	Sa	11:00am-11:30am	3/27-5/29	\$25	\$35
346104-03	NS	W&F	6:00pm-6:30pm	3/24-4/23	\$25	\$35
<i>Summer 2004</i>						
446104-01	NS	Sa	10:00am-10:30am	6/19-8/21	\$25	\$35
446104-02	NS	Sa	11:00am-11:30am	6/19-8/21	\$25	\$35
446105-03	NS	MWF	10:00am-10:30am	6/16-7/9	\$25	\$35
446105-04	NS	MWF	10:00am-10:30am	7/12-8/2	\$25	\$35



LEVEL II - BELUGA WHALES/PRIMARY SKILLS

Designed for youth with some previous water adjustment skills, continues to build on fundamental aquatic locomotion, safety and rescue skills learned in Level I. Must have Level I certificate or demonstrate skills. For ages 5-15. (No class Monday 7/5/04)

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346105-01	NS	Sa	10:30am-11am	3/27-5/29	\$25	\$35
346105-02	NS	Sa	11:30am-12pm	3/27-5/29	\$25	\$35
346105-03	NS	W&F	6:30pm-7pm	3/24-4/23	\$25	\$35
<i>Summer 2004</i>						
446105-01	NS	Sa	10:30am-11:00am	6/19-8/21	\$25	\$35
446105-02	NS	Sa	11:30am-12:00pm	6/19-8/21	\$25	\$35
446105-03	NS	MWF	11:30am-12:00pm	6/16-7/9	\$25	\$35
446106-04	NS	MWF	11:00am-11:30am	7/12-8/2	\$25	\$35
446106-05	NS	MWF	10:00am-10:30am	8/4-8/25	\$25	\$35

LEVEL III - BLUE WHALES/STROKE READINESS

Introduces participant to front and back crawls, as well as fundamentals of treading water and diving. Safety skills are expanded upon. Comparable to beginner swim. Must have Level II certificate or demonstrate skills. For ages 7 and older. (No class Monday 7/5/04).

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346106-01	NS	Sa	10:00am-10:50am	3/27-5/29	\$30	\$40
346106-02	NS	Sa	11:00am-11:50am	3/27-5/29	\$30	\$40
346106-03	NS	W&F	6:00pm-6:50pm	4/28-5/28	\$30	\$40
<i>Summer 2004</i>						
446106-01	NS	Sa	10:00am-10:50am	6/19-8/21	\$30	\$40
446106-02	NS	Sa	11:00am-11:50am	6/19-8/21	\$30	\$40
446106-03	NS	MWF	10:00am-10:50am	6/16-7/9	\$30	\$40
446106-04	NS	MWF	10:00am-10:50am	7/12-8/2	\$30	\$40

LEVEL IV - GRAY WHALES/STROKE DEVELOPMENT

Participants increase their distance with previously learned strokes. Breaststroke and sidestroke are introduced as well as turns. Comparable to advanced beginner swim. Must have Level III certificate or demonstrate skills. For ages 8 and older. (No class Monday 7/5/04).

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346106-01	NS	Sa	11:00am-11:50am	3/27-5/29	\$30	\$40
<i>Summer 2004</i>						
446107-01	NS	Sa	11:00am-11:50am	6/19-8/21	\$30	\$40
446107-05	NS	MWF	10:00am-10:50am	6/16-7/9	\$30	\$40
446107-06	NS	MWF	10:00am-10:50am	7/12-8/2	\$30	\$40



LEVEL V - DOLPHINS/STROKE REFINEMENT

Work on perfecting stroke techniques of skills learned in Level IV. The butterfly, open turns and feet-first surface dives are introduced. Comparable to intermediate swim. Must have Level IV certificate of demonstrate skills. For ages 9 and older. (No class Monday 7/5/04)

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
<i>Spring 2004</i>						
346108-01	NS	Sa	12:00pm-12:50pm	3/27-5/29	\$30	\$40
<i>Summer 2004</i>						
446108-04	NS	Sa	12:00pm-12:50pm	6/19-8/21	\$30	\$40
446108-05	NS	MWF	11:00am-11:50am	6/16-7/9	\$30	\$40
446108-06	NS	MWF	11:00am-11:50am	7/12-8/2	\$30	\$40

Aquatic Adult Classes

LIFEGUARD TRAINING

Professional course that upon successful completion, provides participant with American Red Cross certifications in Lifeguard Training, First Aid and C.P.R. for the Professional Rescuer. Must be 15 years of age or older. Student must pay fee. However, if employment is gained with the City of Norfolk during the summer of 2004 and works from the start of the summer season through Labor Day, he/she will get the course fee refunded. Students are responsible for purchase of their own books.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346118-03	NS	Mon	3:00pm-5:00pm	3/22		
Pre Swim Test		T&Th	6:30pm-9:30pm	3/30-4/29	\$95	\$105

ADULT BEGINNER III

Introduces participant to front and back crawls, as well as fundamentals of treading water and diving. Survival skills introduced. For ages 16 and older.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346111-01	NS	W	6:00pm-6:50pm	3/24-5/26	\$30	\$40
<i>Summer 2004</i>						
446111-01	NS	Th	6:00pm-6:50pm	6/17-9/19	\$30	\$40

ARTHRITIS WATER WORKOUT

This program is designed to help you feel better through gentle exercises in a heated pool. Adults with any type of arthritis can attend. Physician consent form is required. For ages 16 and older. (No class on Monday 7/5/04).

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346112-03	NS	MWF	1:00pm-1:45pm	4/2-4/30	\$30	\$40
346112-04	NS	MWF	1:00pm-1:45pm	5/3-5/31	\$30	\$40
<i>Summer 2004</i>						
446112-04	NS	MWF	5:00pm-5:50pm	6/2-6/30	\$30	\$40
446112-05	NS	MWF	5:00pm-5:50pm	7/2-7/30	\$30	\$40
446112-06	NS	MWF	5:00pm-5:50pm	8/2-8/30	\$30	\$40

AQUAFRIENDS

Experience the pleasure of a special toning for mature adults in the water. For ages 40 and older. (No class on Monday 7/5/04)

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346113-03	NS	MWF	9:00am-9:50am	4/2-4/30	\$30	\$40
346113-04	NS	MWF	9:00am-9:50am	5/3-5/31	\$30	\$40
<i>Summer 2004</i>						
446113-04	NS	MWF	9:00am-9:50am	6/2-6/30	\$30	\$40
446113-05	NS	MWF	9:00am-9:50am	7/2-7/30	\$30	\$40
446113-06	NS	MWF	9:00am-9:50am	8/2-8/30	\$30	\$40

RIP-ROARING RIP-TIDES

Class is set up for individuals who want to work at a faster pace. Tones and increases flexibility and cardiovascular strength in the water. Swimming experience not necessary. For ages 16 and older. (No class on Monday 7/5/04)

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346114-03	NS	MWF	5:00pm-5:50pm	4/2-4/30	\$30	\$40
346114-04	NS	MWF	5:00pm-5:50pm	5/3-5/31	\$30	\$40
<i>Summer 2004</i>						
446114-04	NS	MWF	6:00pm-6:50pm	6/2-6/30	\$30	\$40
446114-05	NS	MWF	6:00pm-6:50pm	7/2-7/30	\$30	\$40
446114-06	NS	MWF	6:00pm-6:50pm	8/2-8/30	\$30	\$40



DEEP WATER POWER HOUR

Swimming skills not required! Aqua Joggers are provided. Strengthen and train the various muscles of your body in an exciting exercise. Ages 15-adult.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346115-02	NS	Sa	10:00am-11:00am	3/27-5/29	\$30	\$40
<i>Summer 2004</i>						
446115-02	NS	Sa	10:00am-11:00am	6/19-8/21	\$30	\$40

Captains Quarters

CANOEING/KAYAKING – TWILIGHT PADDLING

Treat yourself to four weeks of relaxing paddling on the Chesapeake Bay. Learn proper stroke techniques from trained staff. Fee includes instruction and equipment. Families are welcome! Instructors: Jacqui Hilton and Janet Bostic

Activity#	Site	Day	Time	Dates	Fee	NR	Fee
319961-01	CQP	Tu	5:30pm – 6:45pm	5/4-5/25	\$20		\$35

SPRING BREAK PROGRAM

Attention Parents! This is the answer to your spring break blues. This program is for youth ages 5–12. Arts and crafts, outdoor activities, drama games, field trips and so much more will be offered. For more information please call Captain's Quarters staff at 441-1715.

Activity#	Site	Day	Time	Dates	Fee	NR	Fee
319971-01	CQP	M-F	6:30am – 6:00pm	4/12-4/16	\$40		N/A

BEGINNING HIKING AND ORIENTEERING TRIP

Enjoy a day in the wilderness of False Cape State Park. This is your chance to learn hiking tactics, see wildlife and get away from the hustle and bustle of the city. Please call for further information. Instructor: Jacqui Hilton

Activity#	Site	Day	Time	Dates	Fee	NR	Fee
319981-01	CQP	Tu	8:00am	4/24	\$10		\$20

NEW NATURE ART CLASS

Spring is the perfect time to explore your artistic side! Create beautiful crafts from things only Mother Nature can provide. Hands on instruction make this the perfect class for beginners to advanced crafters. Open to all ages Instructor: Janet Bostic

Activity#	Site	Day	Time	Dates	Fee	NR	Fee
319991-01	CQP	Tu	11:00am – 1:00pm	*3/23-4/20	\$15		\$25

*There will be no class 4/13 due to Spring Break Program

TEEN CAMPING TRIP

Teens can enjoy a weekend filled with outdoor adventures at one of Hampton Roads wonderful camping grounds. Fee includes food and all camping equipment. Open to ages 12 – 17. Instructors: Jacqui Hilton and Janet Bostic

Activity#	Site	Day	Time	Dates	Fee	NR	Fee
319901-01	CQP	Sa-Su	8:00am	5/15-5/16	\$20		\$30

CAMP WILLOUGHBY REGISTRATION

Camp Willoughby provides a positive outdoor recreational experience for youth ages 6 – 12. Campers will participate in active games, sports, arts and crafts, swimming, canoeing, fishing, hiking, kayaking and trips to several local attractions. Campers will also learn new and exciting facts about nature and much more! Please contact Captain's Quarters staff for more information. Registration begins April 1st at 6:30am.



Youth/Teen Dance Classes

Students who wish to participate in the June 2004 Dance Recital must take both Winter and Spring sessions of the same dance class. There is a \$25 to \$50 costume fee due in the beginning of February if you want to participate in the recital. We do not take new students in the spring classes that are performing in the recital. Please call before registering to see which classes are available for new students not performing in the recital.

CREATIVE DANCE

Introduce your child to the world of dance. This beginning class teaches self-awareness, self-expression, coordination, basic motor skills and interaction with other children. For children ages 4-6.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338301 03	Lakewood	Th	3:30pm-4:30pm	3/25-5/27	\$32		\$42
338301 04	Lakewood	F	4:00pm-5:00pm	3/26-5/28	\$32		\$42
338301 05	Lakewood	Sa	9:30am-10:30am	3/27-5/29	\$32		\$42
338301 06	Lakewood	Sa	10:30am-11:30am	3/27-5/29	\$32		\$42
338301 08	Crossroads	Tu	4:00pm-5:00pm	3/24-5/26	\$32		\$42
338301 09	Norview	W	4:30pm-5:30pm	3/24-5/26	\$32		\$42
338301 10	Titustown	W	5:00pm-6:00pm	3/24-5/26	\$32		\$42
338301 11	Bayview	W	5:00pm-6:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438301 01	Lakewood	W	10:30am-11:30am	6/16-8/18	\$32		\$42
438301 03	Lakewood	Th	3:30pm-4:30pm	6/17-8/19	\$32		\$42
438301 04	Lakewood	F	4:00pm-5:00pm	6/18-8/20	\$32		\$42
438301 05	Lakewood	Sa	9:30am-10:30am	6/19-8/28	\$32		\$42
438301 06	Lakewood	Sa	10:30am-11:30am	6/19-8/28	\$32		\$42
438301 11	Bayview	W	5:00pm-6:00pm	6/16-8/18	\$32		\$42
438301 10	Titustown	Tu	10:00am-11:00am	6/15-8/17	\$32		\$42

CREATIVE DANCE II

This class continues and expands on the basic skills learned in Creative Dance. To register for this class, a 5 year old must have completed 3 consecutive sessions of Creative Dance. New 6 year old students must take at least 1 session of Creative I.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338302 01	Lakewood	F	5:30pm-6:30pm	3/26-5/28	\$32		\$42
338302 02	Lakewood	Sa	9:30am-10:30am	3/27-5/29	\$32		\$42
338302 03	Crossroads	Tu	5:00pm-6:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438302 01	Lakewood	F	5:30pm-6:30pm	6/18-8/20	\$32		\$42
438302 02	Lakewood	Sa	9:30am-10:30am	6/19-8/28	\$32		\$42

TUMBLING

Spin, flip, and jump! This beginning class will develop strength, flexibility and coordination by teaching basic tumbling skills.

For ages 4 to 6.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338303 01	Lakewood	Tu	3:00pm-4:00pm	3/23-5/25	\$32		\$42
<i>Summer 2004</i>							
438303 01	Lakewood	Tu	3:00pm-4:00pm	6/15-8/17	\$32		\$42
438303 02	Lakewood	W	9:30am-10:30am	6/16-8/18	\$32		\$42

HOME SCHOOL BALLET

Join this class for home school students. To develop strength, flexibility, endurance, rhythm and grace, there is no better way than through dance. These are beginning level classes for ages 7-12.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338306 01	Lakewood	M	10:00am-11:00am	3/22-5/24	\$32		\$42
<i>Summer 2004</i>							
438306 01	Lakewood	M	10:00am-11:00am	6/14-8/30	\$32		\$42

BALLET I

To develop strength, flexibility, and grace, there is no better way than through ballet. This is a beginning level class in one of the world's oldest dance forms. Class includes barre work and center floor work. For ages 7-13.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338307 01	Lakewood	Th	4:30pm-5:30pm	3/25-5/27	\$32		\$42
338307 02	Lakewood	F	5:00pm-6:00pm	3/26-5/28	\$32		\$42
338307 03	Lakewood	Sa	11:30am-12:30pm	3/27-5/29	\$32		\$42
338307 04	Norview	W	6:30pm-7:30pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438307 01	Lakewood	Th	4:30pm-5:30pm	6/17-8/19	\$32		\$42
438307 02	Lakewood	F	5:00pm-6:00pm	6/18-8/20	\$32		\$42
438307 03	Lakewood	Sa	11:30am-12:30pm	6/19-8/28	\$32		\$42



Dance

BALLET II

Begin a more serious study of steps and techniques with an emphasis on performance. Must have instructor's permission. Ages 8-15.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338308 01	Lakewood	F	6:00pm-7:30pm	3/26-5/28	\$45		\$55
338308 02	Norview	M	6:30pm-7:30pm	3/22-5/24	\$32		\$42
<i>Summer 2004</i>							
438308 01	Lakewood	F	6:00pm-7:30pm	6/18-8/20	\$45		\$55

BALLET III

Continue your ballet training in a more serious study of steps and techniques with an emphasis on performance. Must have instructor's permission. Ages 10-15.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338309 01	Lakewood	Th	4:00pm-5:30pm	3/25-5/27	\$45		\$55
338309 02	Norview	Tu	6:30pm-7:30pm	3/23-5/25	\$32		\$42
<i>Summer 2004</i>							
438309 01	Lakewood	Th	4:00pm-5:30pm	6/17-8/19	\$45		\$55

BALLET, JUNIOR COMPANY I

Designed for those who wish to continue their ballet training with an emphasis on performance. Must have instructor's permission and/or completed Ballet I, II and III. For ages 9-18.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338310 01	Lakewood	M,W	4:00pm-5:30pm	3/22-5/24	\$85		\$95
338310 02	Norview	M	5:30pm-6:30pm & Th 4:30pm-5:30pm	3/22-5/27	\$59		\$69
<i>Summer 2004</i>							
438310 01	Lakewood	M,W	4:00pm-5:30pm	6/14-8/23	\$85		\$95

BALLET, JUNIOR COMPANY II

Designed for those who wish to continue their ballet training with an emphasis on performance. Must have instructor's permission and/or completed Junior Company I. For ages 9-18

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338311 01	Lakewood	M,W	4:00pm-5:30pm	3/22-5/24	\$85		\$95
<i>Summer 2004</i>							
438311 01	Lakewood	M,W	4:00pm-5:30pm	6/14-8/23	\$85		\$95

HIP HOP DANCE

Enjoy the energetic and self-expression of hip hop dance. These fast paced classes are designed for those who want to experience a fun and free form of dance. For ages 7-12.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338313 01	Lakewood	Th	5:30pm-6:30pm	3/25-5/27	\$32		\$42
338313 02	Bayview	W	6:00pm-7:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438313 01	Lakewood	Th	5:30pm-6:30pm	6/17-8/19	\$32		\$42
438313 02	Bayview	W	6:00pm-7:00pm	6/16-8/18	\$32		\$42

JAZZ DANCE I

Have fun learning the free and energetic techniques of jazz dance. This form of dance can be seen in movies, on musical theater stage and television. Class will include various styles, basic patterns and techniques of jazz dance. For ages 7-13.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338316 01	Lakewood	Th	6:30pm-7:30pm	3/25-5/27	\$32		\$42
338316 02	Lakewood	Sa	10:30am-11:30am	3/27-5/29	\$32		\$42
338316 04	Crossroads	Th	5:00pm-6:00pm	3/25-5/27	\$32		\$42
338316 05	Norview	Tu	5:30pm-6:30pm	3/23-5/25	\$32		\$42
338316 07	Titustown	Th	5:00pm-6:00pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438316 01	Lakewood	Th	6:30pm-7:30pm	6/17-8/19	\$32		\$42
438316 02	Lakewood	Sa	10:30am-11:30am	6/19-8/28	\$32		\$42
438316 07	Titustown	Th	10:00am-11:00am	6/17-8/19	\$32		\$42

JAZZ DANCE II

Expand on the basics learned in level I. Must have taken 3 sessions of Jazz I and have instructor's permission. For ages 10-18.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338317 01	Lakewood	Th	5:30pm-6:30pm	3/25-5/27	\$32		\$42
338317 02	Norview	W	7:30pm-8:30pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438317 01	Lakewood	Th	5:30pm-6:30pm	6/17-8/19	\$32		\$42

JAZZ DANCE III

A jazz performing group for ages 10 to 18. Must have taken Jazz I and II and have instructor's permission.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338319 01	Lakewood	Tu	6:00pm-7:00pm	3/23-5/25	\$32		\$42
338319 02	Norview	Th	6:30pm-7:30pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438319 01	Lakewood	Tu	6:00pm-7:00pm	6/15-8/17	\$32		\$42



JAZZ IV

This class is designed for advanced Jazz students. You must have a minimum of two years Ballet training and currently be enrolled in a Ballet class. You must also have completed Jazz III. Instructor's permission is required to register for this class. For ages 13-18.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338320 01	Lakewood	W	5:30pm-6:30pm	3/24-5/26	\$32	\$42
<i>Summer 2004</i>						
438320 01	Lakewood	W	5:30pm-6:30pm	6/16-8/18	\$32	\$42

JAZZ DANCE FOR TEENS

This class is designed just for teens ages 12-17. Have fun learning the free and energetic techniques of jazz dance. This form of dance can be seen in movies, on musical theater stage and television. Class will include various styles, basic patterns and techniques of jazz dance. *The class at Norview is for those students with Jazz Dance experience and you need instructor's permission to register for this class.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338321 01	Lakewood	Sa	12:30pm-1:30pm	3/27-5/29	\$32	\$42
338321 03*	Norview	Th	7:30pm-8:30pm	3/25-5/27	\$32	\$42
338321 04	Titustown	Th	7:00pm-8:00pm	3/25-5/27	\$32	\$42
338321 06	Merrimack	Tu	5:00pm-6:00pm	3/23-5/25	\$32	\$42
<i>Summer 2004</i>						
438321 01	Lakewood	Sa	12:30pm-1:30pm	6/19-8/28	\$32	\$42

TAP FOR BOYS ONLY I

Learn different styles and techniques of Tap in a class designed for boys only. This is a beginning level that is fun, excellent exercise, easy to learn and one of the best ways to develop a sense of rhythm. For ages 7-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338322 01	Lakewood	F	4:00pm-4:45pm	3/26-5/28	\$32	\$42
<i>Summer 2004</i>						
438322 01	Lakewood	F	4:00pm-4:45pm	6/18-8/20	\$32	\$42

TAP FOR BOYS ONLY II

Expand on the basics learned in Tap For Boys I. This is an advanced beginner's class. Must have taken 3 sessions of Tap I and have instructor's permission. For ages 9-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338323 01	Lakewood	F	4:30pm-5:30pm	3/26-5/28	\$32	\$42
<i>Summer 2004</i>						
438323 01	Lakewood	F	4:30pm-5:30pm	6/18-8/20	\$32	\$42

TAP DANCE I

Let your feet do the talking! Learn different styles and techniques of the only dance form that has its origins in America. This is a beginning level class that is fun, excellent exercise, easy to learn and one of the best ways to develop a sense of rhythm. For ages 7 to 15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338324 01	Lakewood	Tu	4:00pm-5:00pm	3/23-5/25	\$32	\$42
338324 02	Lakewood	F	6:30pm-7:30pm	3/26-5/28	\$32	\$42
338324 03	Lakewood	Sa	11:30am-12:30pm	3/27-5/29	\$32	\$42
338324 05	Norview	W	5:30pm-6:30pm	3/24-5/26	\$32	\$42
<i>Summer 2004</i>						
438324 01	Lakewood	Tu	4:00pm-5:00pm	6/15-8/17	\$32	\$42
438324 02	Lakewood	F	6:30pm-7:30pm	6/18-8/20	\$32	\$42
438324 03	Lakewood	Sa	11:30am-12:30pm	6/19-8/28	\$32	\$42

TAP DANCE II

Expand on the basics learned in Tap I. This is an advanced beginner's class. Must have taken 3 sessions of Tap I and have instructor's permission. For ages 9-15.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338325 01	Lakewood	Tu	5:00pm-6:00pm	3/23-5/25	\$32	\$42
338325 02	Norview	Th	5:30pm-6:30pm	3/25-5/27	\$32	\$42
<i>Summer 2004</i>						
438325 01	Lakewood	Tu	5:00pm-6:00pm	6/15-8/17	\$32	\$42



TAP DANCE III

An intermediate level class for teens age 10 to 15 who have taken Tap I and II and have instructor's permission.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338326 01	Lakewood	Tu	4:00pm-5:00pm	3/23-5/25	\$32	\$42
338326 02	Norview	M	7:30pm-8:30pm	3/22-5/24	\$32	\$42

Dance

TAP DANCE IV

Challenge yourself to improve your technique and knowledge in this advanced class. Must have taken Tap III and have instructor's permission. For ages 12-15.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338327 01	Lakewood	Tu	5:00pm-6:00pm	3/23-5/25	\$32		\$42

SUMMER CHOREOGRAPHY WORKSHOP FOR TAP III/TAP IV

This summer workshop is designed for students in Tap III and Tap IV. Class will include tap technique and guided instruction on choreographing. Students will have an opportunity to create their own dance as a group and to perform the dance in a summer tour with other classes. Summer Dance Tour is August 2-6. You do not have to participate in tour to be in this class. For ages 10-16.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
438328 01	Lakewood	Tu	5:00pm-6:00pm	6/15-7/27	\$32		\$42

SUMMER DANCE TOUR CAMP

Join the dance troupe and go on tour. This camp is for youth and teens who have had a least one year of ballet, tap or jazz. Students will prepare and receive instruction on dance that will be performed at recreation centers the third week of camp. Students will also do dance history, the basics of choreography, view educational videos and do art projects that are related to dance and music. Bring your lunch to camp everyday. Camp taught by Mrs. Tammy Cain. Students must supply dance attire, tap shoes and ballet slippers. Jazz shoes are optional. The \$100 fee covers all three weeks. Participants who register for both "Dance Tour" camp and "Band Tour" camp and participate in the summer tour group will receive a discount. The camp is for ages 8-18.

Please note that there is a three-week break between the first week of camp and the 2nd and 3rd weeks of camp. Students must take all three weeks of camp to participate.

Registration Deadline is June 11, 2004. Please make checks payable to Lakewood Advisory Committee and bring to Lakewood Dance/Music Center.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
Dance Camp	Lakewood	M-F	9:30am-2:30pm	6/28-7/2 7/26-7/30 8/2-8/6	\$100		\$110

Teen/Adult Dance Classes

Students who wish to participate in the June 2004 Dance Recital must take both Winter and Spring sessions of the same dance class. There is a \$25 to \$50 costume fee due in the beginning of February if you want to participate in the recital. We do not take new students in the spring classes that are performing in the recital. Please call before registering to see which classes are available for new students not performing in the recital.

BALLET I

There is no better way, than through ballet, to develop strength, flexibility, and grace. This is a beginning level class in one of the oldest dance forms. Class includes barre work and center floor work. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338341 01	Lakewood	M	11:00am-12:30pm	3/22-5/24	\$45		\$55
<i>Summer 2004</i>							
438341 01	Lakewood	M	11:00am-12:30pm	6/14-8/30	\$45		\$55

TEEN/ADULT BALLET

To develop strength, flexibility, and grace, there is no better way than through ballet. This is a beginning level class in one of the worlds' oldest dance forms. Class includes barre work and center floor work. Ages 14-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338342 01	Lakewood	W	7:00pm-8:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438342 01	Lakewood	W	7:00pm-8:00pm	6/16-8/18	\$32		\$42

BALLROOM/SOCIAL DANCE

Learn the dances you've always wanted to know. This class teaches the basic steps of the rhumba, waltz, cha cha, samba, fox trot, tango, swing, and mambo. Dances will be covered as time permits. Call 441-5833 to see what dances are being covered in this session. Partners are not provided but you may still take a class without a partner. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338343 01	Lakewood	M	8:30pm-9:30pm	3/22-5/24	\$32		\$42
<i>Summer 2004</i>							
438343 01	Lakewood	M	8:30pm-9:30pm	6/14-8/30	\$32		\$42

ARGENTINE TANGO

Learn the basics of the exciting and romantic Argentine Tango. Partners are not provided but you may still take the class without one. This five week course is for ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338361 01	Lakewood	F	7:30pm-9:30pm	4/2-4/23	\$32		\$42
<i>Summer 2004</i>							
438361 02	Lakewood	F	7:30pm-9:30pm	7/9-7/30	\$32		\$42

BELLY DANCE FOR WOMEN I

Come and learn the ancient art of Middle Eastern Belly Dance For Women. This ethnic dance tones muscles, teaches isolations, and allows for relaxation and fun. Class outline will consist of warm-ups, basic moves and isolations, choreography, and self-interpretation of music. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338345 01	Lakewood	M	11:00am-12:00pm	3/22-5/24	\$32		\$42
338345 02	Lakewood	Th	7:30pm-8:30pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438345 01	Lakewood	M	11:00am-12:00pm	6/14-8/30	\$32		\$42
438345 02	Lakewood	Th	7:30pm-8:30pm	6/17-8/19	\$32		\$42

BELLY DANCE FOR WOMEN II

Expand on the techniques learned in Belly Dance For Women I. This ethnic dance tones muscles, teaches isolations, and allows for relaxation and fun. Class outline will consist of warm-ups, basic moves and isolations, choreography, and self-interpretation of music. Ages 16-adult. Must have instructor's permission to register.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338346 01	Lakewood	Th	8:30pm-9:30pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438346 01	Lakewood	Th	8:30pm-9:30pm	6/17-8/19	\$32		\$42

CLOGGING

Experience a true American folk dance that originated in the Appalachian Mountains. Class will cover the basic rhythmic clogging steps, mountain figures, and line dances. Hard-soled shoes with a slick bottom are recommended. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338347 01	Lakewood	M	7:30pm-8:30pm	3/22-5/24	\$32		\$42
<i>Summer 2004</i>							
438347 01	Lakewood	M	7:30pm-8:30pm	6/14-8/30	\$32		\$42

COUNTRY-WESTERN LINE DANCE I

Learn the traditional line dances plus some current trends in country line dancing. Class will include one, two, and four wall dances as well as circle dances. No partner required.

Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338349 01	Lakewood	Tu	12:30pm-1:30pm	3/23-5/25	\$32		\$42
338349 03	OV Sr. Ctr.	Th	10:00am-11:00am	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438349 01	Lakewood	Tu	12:30pm-1:30pm	6/15-8/17	\$32		\$42
438349 03	OV Sr. Ctr.	Th	10:00am-11:00am	6/17-8/19	\$32		\$42

COUNTRY-WESTERN LINE DANCE II

Designed to continue where Country-Western Line Dance I left off. Intermediate and advanced levels of one, two, and four wall dances and circle dances will be taught. No partner required. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338350 01	Lakewood	W	10:30am-11:30am	3/24-5/26	\$32		\$42
338350 02	OV Sr. Ctr.	Th	11:00am-12:00pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438350 01	Lakewood	W	10:30am-11:30am	6/16-8/18	\$32		\$42
438350 02	OV Sr. Ctr.	Th	11:00am-12:00pm	6/17-8/19	\$32		\$42

HIP HOP DANCE

Enjoy the energetic and self-expression of hip hop dance. These fast paced classes are designed for those who want to experience a fun and free form of dance. For ages 13-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338312 01	Lakewood	W	8:00pm-9:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438312 01	Lakewood	W	8:00pm-9:00pm	6/16-8/18	\$32		\$42

LYRICAL DANCE

Lyrical Dance is an emotionally charged ballet-based dance form. It also combines modern technique. You must have some ballet experience to register for this class. Ages 12-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338315 01	Lakewood	Tu	8:00pm-9:00pm	3/23-5/25	\$32		\$42
<i>Summer 2004</i>							
438315 01	Lakewood	Tu	8:00pm-9:00pm	6/15-8/17	\$32		\$42

Dance

JAZZ/BROADWAY STYLE

Lights! Camera! Action! This beginning level class will offer a unique variety of styles as seen in popular Broadway musicals such as "A Chorus Line," "Chicago," and "Fosse." Elements of all forms of dance will be explored. No previous dance experience necessary. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338352 01	Lakewood	W	8:00pm-9:00pm	3/24-5/26	\$32		\$42
338352 02	Lakewood	F	9:30am-10:30am	3/26-5/28	\$32		\$42
<i>Summer 2004</i>							
438352 01	Lakewood	W	8:00pm-9:00pm	6/16-8/18	\$32		\$42
438352 02	Lakewood	F	9:30am-10:30am	6/18-8/20	\$32		\$42

JAZZ DANCE I

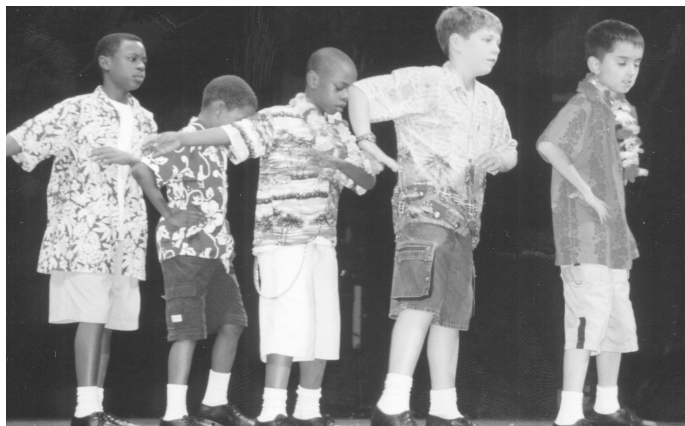
Have fun learning the free and energetic techniques of jazz dance. This form of dance can be seen in movies or musical theater stage and television. This beginner's class will include various styles, basic patterns, and techniques. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338353 01	Lakewood	Tu	8:00pm-9:00pm	3/23-5/25	\$32		\$42
338353 02	Norview	Tu	7:30pm-8:30pm	3/23-5/25	\$32		\$42
338353 03	Crossroads	Tu	6:00pm-7:00pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438353 01	Lakewood	Tu	8:00pm-9:00pm	6/15-8/17	\$32		\$42

JAZZ DANCE II

Expand on the styles, terminology and techniques of jazz dance. This intermediate class has an emphasis on performance. For those who have taken Jazz I and with instructor's permission. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338354 01	Lakewood	W	6:00pm-7:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438354 01	Lakewood	W	6:00pm-7:00pm	6/16-8/18	\$32		\$42



JAZZ DANCE III

Performance oriented class for those with 3 or more years of jazz technique. Different styles of jazz with elements of ballet and modern dance are included. Instructor's permission only. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338355 01	Lakewood	Tu	6:30pm-8:00pm	3/23-5/25	\$45		\$55
<i>Summer 2004</i>							
438355 01	Lakewood	Tu	6:30pm-8:00pm	6/15-8/17	\$45		\$55

BROADWAY TAP

Come and learn tap routines to old and new Broadway show tunes. Class open for experienced tappers only. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338356 01	Lakewood	Tu	11:30am-12:30pm	3/23-5/25	\$32		\$42
<i>Summer 2004</i>							
438356 01	Lakewood	Tu	11:30am-12:30pm	6/15-8/17	\$32		\$42

TAP DANCE I

Let your feet do the talking! Learn different styles and techniques of the only dance form that has its origins in American. This beginning level class is fun, excellent exercise and easy to learn. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338357 01	Lakewood	M	6:30pm-7:30pm	3/22-5/24	\$32		\$42
338357 02	Lakewood	Tu	9:30am-10:30am	3/23-5/25	\$32		\$42
<i>Summer 2004</i>							
438357 01	Lakewood	M	6:30pm-7:30pm	6/14-8/30	\$32		\$42
438357 02	Lakewood	Tu	9:30am-10:30am	6/15-8/17	\$32		\$42

TAP DANCE II

Expand on the basics learned in Tap I. This is an advanced beginners class. You must have taken 3 sessions of Tap I or have instructor's permission. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338358 01	Lakewood	M	7:30pm-8:30pm	3/22-5/24	\$32		\$42
338358 02	Lakewood	Tu	11:30am-12:30pm	3/23-5/25	\$32		\$42
338358 03	Lakewood	Th	11:00am-12:00pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438358 01	Lakewood	M	7:30pm-8:30pm	6/14-8/30	\$32		\$42
438358 02	Lakewood	Tu	11:30am-12:30pm	6/15-8/17	\$32		\$42
438358 03	Lakewood	Th	11:00am-12:00pm	6/17-8/19	\$32		\$42

TAP DANCE III

Advance to this intermediate level class that includes an emphasis on performance. Must have taken Tap II or have instructor's permission. Ages 16-adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338359 01	Lakewood	W	7:00pm-8:00pm	3/24-5/26	\$32		\$42
<i>Summer 2004</i>							
438359 01	Lakewood	W	7:00pm-8:00pm	6/16-8/18	\$32		\$42

TAP FOR TEENS/ADULTS

This is an advanced class for ages 16-adult. Elements of Jazz Dance are incorporated in this class. Must have instructor's permission.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338360 01	Lakewood	M	5:30pm-6:30pm	3/22-5/24	\$32		\$42
<i>Summer 2004</i>							
438360 01	Lakewood	M	5:30pm-6:30pm	6/14-8/30	\$32		\$42

Teen/Adult Fitness Classes

NEW FOR SUMMER! "JUST MOVE"

Learn how to move your muscles through their natural range of motion. No steps to learn or choreography. Great for anyone in recuperation, seniors or exercise beginners. Ages 14-adult. Please note this class is twice a week for 5 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438406 01	Lakewood	Tu & Th	8:00am-8:45am	6/15-7/15	\$25		\$35

PILATE STYLE EXERCISE I

A series of simple, yet challenging, exercises designed to tone, strengthen, and lengthen muscles. An integration of classical ballet, yoga, and the firming techniques created by Joseph Pilates. Ages 14-adult. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that spring exercise classes run for 10 weeks and summer exercise classes run for 13 weeks

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338401 01	Lakewood	M	10:00am-11:00am	3/22-5/24	\$25		\$35
338401 02	Lakewood	F	9:30am-10:30am	3/26-5/28	\$25		\$35
<i>Summer 2004</i>							
438401 01	Lakewood	M	10:00am-11:00am	6/14-8/30	\$31		\$41
438401 02	Lakewood	F	9:30am-10:30am	6/18-9/10	\$31		\$41



Dance

PILATES STYLE EXERCISE II

A continuation of the Pilate Style Exercise I Class. An integration of classical ballet, yoga, and the firming techniques created by Joseph Pilates. Ages 14-adult. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that spring exercise classes run for 10 weeks and summer exercise classes run for 13 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338400 01	Lakewood	W	9:30am-10:30am	3/24-5/26	\$25		\$35
<i>Summer 2004</i>							
438400 01	Lakewood	W	9:30am-10:30am	6/16-9/8	\$31		\$41

LOW IMPACT EXERCISE AND STRETCH

Feel good again! Increase your energy level, improve your health, and tone muscles in an aerobic workout without jarring joints. Class includes warm-ups, aerobic exercises, and a cool-down. Bring your own mat or towel for floor work. Ages 14-adult. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that spring exercise classes run for 10 weeks and summer exercise classes run for 13 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338402 01	Lakewood	M	6:30pm-7:30pm	3/22-5/24	\$25		\$35
338402 02	Lakewood	Tu	10:30am-11:30am	3/23-5/25	\$25		\$35
338402 03	Lakewood	W	9:30am-10:30am	3/24-5/26	\$25		\$35
338402 04	Lakewood	Th	9:30am-10:30am	3/25-5/27	\$25		\$35
338402 05	Lakewood	Th	6:30pm-7:30pm	3/25-5/27	\$25		\$35
338402 06	Lakewood	F	9:30am-10:30am	3/26-5/28	\$25		\$35
338402 07	Titustown	Tu	10:00am-11:00am	3/23-5/25	\$25		\$35
<i>Summer 2004</i>							
438402 01	Lakewood	M	6:30pm-7:30pm	6/14-8/30	\$31		\$41
438402 02	Lakewood	Tu	10:30am-11:30am	6/15-9/7	\$31		\$41
438402 03	Lakewood	W	9:30am-10:30am	6/16-9/8	\$31		\$41
438402 04	Lakewood	Th	9:30am-10:30am	6/17-9/9	\$31		\$41
438402 05	Lakewood	Th	6:30pm-7:30pm	6/17-9/9	\$31		\$41
438402 06	Lakewood	F	9:30am-10:30am	6/18-9/10	\$31		\$41

STEP AEROBICS

Step your way to better health! Cross train with step aerobics. Class includes techniques of bench stepping and hand weight workouts. Class includes warm-up, bench exercises, muscle toning, and a cool-down. Benches are provided. If you have never taken exercises classes before we suggest you start with the Low Impact Exercise and Stretch before taking Step Aerobics. Ages 14-adult. Bring your own mat or towel for floor work. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that spring exercise classes run for 10 weeks and summer exercise classes run for 13 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338403 01	Lakewood	M	5:30pm-6:30pm	3/22-5/24	\$25		\$35
338403 02	Lakewood	Sa	8:30am-9:30am	3/27-5/29	\$25		\$35
<i>Summer 2004</i>							
438403 01	Lakewood	M	5:30pm-6:30pm	6/14-8/30	\$31		\$41
438403 02	Lakewood	Sa	8:30am-9:30am	6/19-9/11	\$31		\$41

STRETCH AND TONE WITH STABILITY BALLS

Want to enhance the quality of your life by improving your strength, stamina, and flexibility? Add definition and create lean muscle while toning your trouble spots. Through focused strengthening and stretching, increase balance, improve posture and become more flexible. This class will help you achieve a more positive mind/body balance using a variety of toning and stretching tools, including stability balls, weights, bands, and towels as well as your own body weight. Please bring a towel and water bottle to class. Please note that spring exercise classes run for 10 weeks and summer exercise classes run for 13 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338405 01	Lakewood	W	10:30am-11:30am	3/24-5/26	\$25		\$35
338405 02	Lakewood	F	10:30am-11:30am	3/26-5/28	\$25		\$35
<i>Summer 2004</i>							
438405 01	Lakewood	W	10:30am-11:30am	6/16-9/8	\$31		\$41
438405 02	Lakewood	F	10:30am-11:30am	6/18-9/10	\$31		\$41

WEIGHT RESISTANCE TRAINING

Would you like to develop additional muscle toning and defining without bulk? This is a moderately paced class geared toward these goals. Equipment will be provided. Class size is limited so register early. Ages 14-adult. Bring your own mat or towel for floor work. If you miss a class or a class date falls on a holiday, you may make it up in another class. Call 441-5833 for available make up classes. Please note that spring exercise classes run for 10 weeks and summer exercise classes run for 13 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338404 02	Lakewood	Th	7:30pm-8:30pm	3/25-5/27	\$25		\$35
338404 03	Lakewood	Tu	7:00pm-8:00pm	3/23-5/25	\$25		\$35
<i>Summer 2004</i>							
438404 02	Lakewood	Th	7:30pm-8:30pm	6/17-9/9	\$31		\$41
438404 03	Lakewood	Tu	7:00pm-8:00pm	6/15-9/7	\$31		\$41

YOU'RE INVITED! ANNUAL DANCE RECITAL

Come enjoy an evening of beauty, grace and talent. The Norfolk Department of Neighborhood and Leisure Services presents the annual Dance Recital on Wednesday, June 9, 2004 at 6:00pm at the Harrison Opera House. For ticket information call 441-5833.

Private Lessons For Youth, Teens And Adults

PRIVATE LESSONS FOR PIANO, VOICE, GUITAR, STRINGS, (Violin, Viola, Cello, or String Bass), PERCUSSION (Snare Drum, Xylophone, Drum Set), SAXOPHONE, CLARINET, FLUTE, and ELECTRIC BASS GUITAR.

Receive individual instruction (any level). Classes are 30 minutes. Books cost extra. Ages 7-adult. Because of limited room availability, students will not be able to make up lessons if they cancel. PLEASE BRING YOUR REGISTRATION FOR PRIVATE LESSONS TO LAKEWOOD DANCE/MUSIC CENTER.

PRIVATE BEGINNER PIANO, BEGINNER GUITAR, OR VOICE

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338501 21	Lakewood	Th	11:30am-12:00pm	3/25-5/27	\$110	\$120
338501 22	Lakewood	Th	12:00pm-12:30pm	3/25-5/27	\$110	\$120
338501 29	Lakewood	Th	5:30pm-6:00pm	3/25-5/27	\$110	\$120
338501 30	Lakewood	Th	11:00am-11:30am	3/25-5/27	\$110	\$120
338501 31	Lakewood	W	5:30pm-6:00pm	3/24-5/26	\$110	\$120
338501 32	Lakewood	W	6:00pm-6:30pm	3/24-5/26	\$110	\$120
338501 25	Lakewood	Th	4:30pm-5:00pm	3/25-5/27	\$110	\$120
338501 26	Lakewood	Th	5:00pm-5:30pm	3/25-5/27	\$110	\$120
338501 33	Lakewood	Th	6:00pm-6:30pm	3/25-5/27	\$110	\$120
<i>Summer 2004</i>						
438501 05	Lakewood	Tu	4:00pm-4:30pm	6/15-8/17	\$110	\$120
438501 06	Lakewood	Tu	4:30pm-5:00pm	6/15-8/17	\$110	\$120
438501 07	Lakewood	Tu	5:00pm-5:30pm	6/15-8/17	\$110	\$120
438501 08	Lakewood	Tu	5:30pm-6:00pm	6/15-8/17	\$110	\$120
438501 09	Lakewood	W	7:00pm-7:30pm	6/16-8/18	\$110	\$120
438501 10	Lakewood	W	7:30pm-8:00pm	6/16-8/18	\$110	\$120
438501 11	Lakewood	W	8:00pm-8:30pm	6/16-8/18	\$110	\$120
438501 21	Lakewood	Th	11:30am-12:00pm	6/17-8/19	\$110	\$120
438501 22	Lakewood	Th	12:00pm-12:30pm	6/17-8/19	\$110	\$120
438501 30	Lakewood	Th	11:00am-11:30am	6/17-8/19	\$110	\$120
438501 34	Lakewood	Th	12:30pm-1:00pm	6/17-8/19	\$110	\$120



PRIVATE PIANO

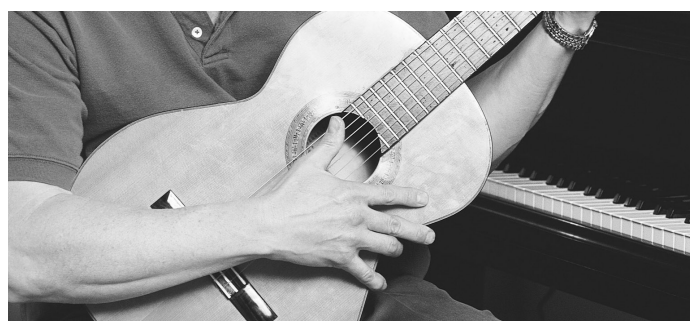
Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338502 01	Lakewood	Th	7:30pm-8:00pm	3/25-5/27	\$110	\$120
338502 02	Lakewood	Th	8:00pm-8:30pm	3/25-5/27	\$110	\$120
338502 03	Lakewood	Sa	10:30am-11:00am	3/27-5/29	\$110	\$120
338502 04	Lakewood	Sa	12:00pm-12:30pm	3/27-5/29	\$110	\$120
338502 05	Lakewood	Tu	6:00pm-6:30pm	3/23-5/25	\$110	\$120
338502 06	Lakewood	Tu	6:30pm-7:00pm	3/23-5/25	\$110	\$120
338502 07	Lakewood	Tu	7:00pm-7:30pm	3/23-5/25	\$110	\$120
338502 08	Lakewood	Tu	7:30pm-8:00pm	3/23-5/25	\$110	\$120
338502 09	Lakewood	Tu	8:00pm-8:30pm	3/23-5/25	\$110	\$120
338502 10	Lakewood	Tu	8:30pm-9:00pm	3/23-5/25	\$110	\$120
338502 11	Lakewood	F	6:00pm-6:30pm	3/26-5/28	\$110	\$120
338502 12	Lakewood	F	6:30pm-7:00pm	3/26-5/28	\$110	\$120
338502 13	Lakewood	F	7:00pm-7:30pm	3/26-5/28	\$110	\$120
338502 14	Lakewood	F	5:30pm-6:00pm	3/26-5/28	\$110	\$120
338502 15	Lakewood	Th	6:00pm-6:30pm	3/25-5/27	\$110	\$120
338502 16	Lakewood	Tu	5:30pm-6:00pm	3/23-5/25	\$110	\$120
338502 17	Lakewood	W	6:30pm-7:00pm	3/24-5/26	\$110	\$120
338502 18	Lakewood	W	7:00pm-7:30pm	3/24-5/26	\$110	\$120
338502 19	Lakewood	W	7:30pm-8:00pm	3/24-5/26	\$110	\$120
338502 20	Lakewood	W	8:00pm-8:30pm	3/24-5/26	\$110	\$120
338502 21	Lakewood	W	8:30pm-9:00pm	3/24-5/26	\$110	\$120
338502 22	Lakewood	Th	6:30pm-7:00pm	3/25-5/27	\$110	\$120
338502 23	Lakewood	Th	5:00pm-5:30pm	3/25-5/27	\$110	\$120
<i>Summer 2004</i>						
438502 24	Lakewood	Th	3:30pm-4:00pm	6/17-8/19	\$110	\$120
438502 25	Lakewood	Th	4:00pm-4:30pm	6/17-8/19	\$110	\$120
438502 03	Lakewood	Sa	10:30am-11:00am	6/19-8/28	\$110	\$120
438502 04	Lakewood	Sa	12:00pm-12:30pm	6/19-8/28	\$110	\$120
438502 06	Lakewood	Tu	6:30pm-7:00pm	6/15-8/17	\$110	\$120
438502 07	Lakewood	Tu	7:00pm-7:30pm	6/15-8/17	\$110	\$120
438502 08	Lakewood	Tu	7:30pm-8:00pm	6/15-8/17	\$110	\$120
438502 09	Lakewood	Tu	8:00pm-8:30pm	6/15-8/17	\$110	\$120
438502 10	Lakewood	Tu	8:30pm-9:00pm	6/15-8/17	\$110	\$120
438502 17	Lakewood	W	6:30pm-7:00pm	6/18-8/20	\$110	\$120
438502 18	Lakewood	W	7:00pm-7:30pm	6/18-8/20	\$110	\$120
438502 19	Lakewood	W	7:30pm-8:00pm	6/18-8/20	\$110	\$120
438502 20	Lakewood	W	8:00pm-8:30pm	6/18-8/20	\$110	\$120
438502 21	Lakewood	W	8:30pm-9:00pm	6/18-8/20	\$110	\$120

PRIVATE PIANO OR PERCUSSION

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
338503 01	Lakewood	Tu	3:30pm-4:00pm	3/23-5/25	\$110	\$120
338503 02	Lakewood	Tu	4:00pm-4:30pm	3/23-5/25	\$110	\$120
338503 03	Lakewood	Tu	4:30pm-5:00pm	3/23-5/25	\$110	\$120
338503 04	Lakewood	Tu	5:00pm-5:30pm	3/23-5/25	\$110	\$120
338503 05	Lakewood	Tu	5:30pm-6:00pm	3/23-5/25	\$110	\$120
338503 06	Lakewood	W	3:30pm-4:00pm	3/24-5/26	\$110	\$120
338503 07	Lakewood	W	4:00pm-4:30pm	3/24-5/26	\$110	\$120
338503 08	Lakewood	W	4:30pm-5:00pm	3/24-5/26	\$110	\$120
338503 09	Lakewood	W	5:00pm-5:30pm	3/24-5/26	\$110	\$120
338503 10	Lakewood	W	5:30pm-6:00pm	3/24-5/26	\$110	\$120
338503 11	Lakewood	W	6:00pm-6:30pm	3/24-5/26	\$110	\$120
338503 12	Lakewood	W	3:00pm-3:30pm	3/24-5/26	\$110	\$120

PRIVATE PIANO OR VOICE

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338504 01	Lakewood	W	4:00pm-4:30pm	3/24-5/26	\$110	\$120	
338504 02	Lakewood	W	4:30pm-5:00pm	3/24-5/26	\$110	\$120	
338504 03	Lakewood	W	5:00pm-5:30pm	3/24-5/26	\$110	\$120	
338504 04	Lakewood	W	5:30pm-6:00pm	3/24-5/26	\$110	\$120	
338504 05	Lakewood	W	6:00pm-6:30pm	3/24-5/26	\$110	\$120	
338504 06	Lakewood	W	3:30pm-4:00pm	3/24-5/26	\$110	\$120	
338504 07	Lakewood	W	7:30pm-8:00pm	3/24-5/26	\$110	\$120	
<i>Summer 2004</i>							
438504 01	Lakewood	W	4:00pm-4:30pm	6/16-8/18	\$110	\$120	
438504 02	Lakewood	W	4:30pm-5:00pm	6/16-8/18	\$110	\$120	
438504 03	Lakewood	W	5:00pm-5:30pm	6/16-8/18	\$110	\$120	



PRIVATE BEGINNER, INTERMEDIATE OR ADVANCED GUITAR

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338505 01	Fairlawn	M	4:30pm-5:00pm	3/22-5/24	\$110	\$120	
338505 02	Fairlawn	M	5:00pm-5:30pm	3/22-5/24	\$110	\$120	
338505 03	Fairlawn	M	5:30pm-6:00pm	3/22-5/24	\$110	\$120	
338505 04	Fairlawn	M	6:00pm-6:30pm	3/22-5/24	\$110	\$120	
338505 05	Fairlawn	M	4:00pm-4:30pm	3/22-5/24	\$110	\$120	
338505 06	Lakewood	Tu	3:00pm-3:30pm	3/23-5/25	\$110	\$120	
338505 07	Lakewood	Tu	3:30pm-4:00pm	3/23-5/25	\$110	\$120	
338505 08	Lakewood	Tu	4:00pm-4:30pm	3/23-5/25	\$110	\$120	
338505 09	Lakewood	Tu	4:30pm-5:00pm	3/23-5/25	\$110	\$120	
338505 10	Lakewood	Tu	5:00pm-5:30pm	3/23-5/25	\$110	\$120	
338505 11	Lakewood	Tu	5:30pm-6:00pm	3/23-5/25	\$110	\$120	
338505 12	Lakewood	Tu	6:00pm-6:30pm	3/23-5/25	\$110	\$120	
338505 13	Lakewood	Tu	6:30pm-7:00pm	3/23-5/25	\$110	\$120	
338505 14	Lakewood	Tu	7:00pm-7:30pm	3/23-5/25	\$110	\$120	
338505 15	Lakewood	Tu	7:30pm-8:00pm	3/23-5/25	\$110	\$120	
338505 16	Lakewood	Tu	2:30pm-3:00pm	3/23-5/25	\$110	\$120	
<i>Summer 2004</i>							
438505 01	Fairlawn	M	4:30pm-5:00pm	6/14-8/16	\$110	\$120	
438505 02	Fairlawn	M	5:00pm-5:30pm	6/14-8/16	\$110	\$120	
438505 07	Lakewood	Tu	3:30pm-4:00pm	6/15-8/17	\$110	\$120	
438505 08	Lakewood	Tu	4:00pm-4:30pm	6/15-8/17	\$110	\$120	
438505 09	Lakewood	Tu	4:30pm-5:00pm	6/15-8/17	\$110	\$120	
438505 10	Lakewood	Tu	5:00pm-5:30pm	6/15-8/17	\$110	\$120	
438505 11	Lakewood	Tu	5:30pm-6:00pm	6/15-8/17	\$110	\$120	
438505 12	Lakewood	Tu	6:00pm-6:30pm	6/15-8/17	\$110	\$120	
438505 13	Lakewood	Tu	6:30pm-7:00pm	6/15-8/17	\$110	\$120	

PRIVATE SAXOPHONE OR CLARINET

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338506 05	Lakewood	F	5:00pm-5:30pm	3/26-5/28	\$110	\$120	
338506 06	Lakewood	F	5:30pm-6:00pm	3/26-5/28	\$110	\$120	
338506 07	Lakewood	F	6:00pm-6:30pm	3/26-5/28	\$110	\$120	
338506 08	Lakewood	F	6:30pm-7:00pm	3/26-5/28	\$110	\$120	
338506 09	Lakewood	F	7:00pm-7:30pm	3/26-5/28	\$110	\$120	
<i>Summer 2004</i>							
438506 05	Lakewood	F	5:00pm-5:30pm	6/18-8/20	\$110	\$120	
438506 07	Lakewood	F	4:00pm-4:30pm	6/18-8/20	\$110	\$120	
438506 08	Lakewood	F	4:30pm-5:00pm	6/18-8/20	\$110	\$120	

PRIVATE STRINGS (VIOLIN, VIOLA, CELLO, STRING BASS)

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338507 01	Lakewood	F	4:30pm-5:00pm	3/26-5/28	\$110	\$120	
338507 02	Lakewood	F	6:00pm-6:30pm	3/26-5/28	\$110	\$120	
338507 03	Lakewood	F	5:30pm-6:00pm	3/26-5/28	\$110	\$120	
338507 05	Lakewood	F	5:00pm-5:30pm	3/26-5/28	\$110	\$120	
338507 06	Lakewood	F	3:30pm-4:00pm	3/26-5/28	\$110	\$120	
338507 07	Lakewood	F	4:00pm-4:30pm	3/26-5/28	\$110	\$120	
<i>Summer 2004</i>							
438507 02	Lakewood	Th	6:00pm-6:30pm	6/17-8/19	\$110	\$120	
438507 03	Lakewood	Th	5:30pm-6:00pm	6/17-8/19	\$110	\$120	
438507 05	Lakewood	Th	5:00pm-5:30pm	6/17-8/19	\$110	\$120	

PRIVATE ELECTRIC BASS GUITAR

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338535 01	Lakewood	M	3:30pm-4:00pm	3/22-5/24	\$110	\$120	
338535 02	Lakewood	M	4:00pm-4:30pm	3/22-5/24	\$110	\$120	
338535 03	Lakewood	M	6:30pm-7:00pm	3/22-5/24	\$110	\$120	
338535 04	Lakewood	M	7:00pm-7:30pm	3/22-5/24	\$110	\$120	
338535 05	Lakewood	M	7:30pm-8:00pm	3/22-5/24	\$110	\$120	
338535 06	Lakewood	M	8:00pm-8:30pm	3/22-5/24	\$110	\$120	
<i>Summer 2004</i>							
338535 03	Lakewood	M	6:30pm-7:00pm	6/14-8/16	\$110	\$120	
338535 04	Lakewood	M	7:00pm-7:30pm	6/14-8/16	\$110	\$120	
338535 05	Lakewood	M	7:30pm-8:00pm	6/14-8/16	\$110	\$120	
438535 06	Lakewood	M	8:00pm-8:30pm	6/14-8/16	\$110	\$120	

PRIVATE FLUTE

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338536 01	Lakewood	Th	6:30pm-7:00pm	3/25-5/27	\$110	\$120	
338536 02	Lakewood	Th	7:00pm-7:30pm	3/25-5/27	\$110	\$120	
<i>Summer 2004</i>							
438536 01	Lakewood	Th	6:30pm-7:00pm	6/17-8/19	\$110	\$120	
438536 02	Lakewood	Th	7:00pm-7:30pm	6/17-8/19	\$110	\$120	

Group Youth/Teen Music Classes

VERY BEGINNER GUITAR FOR CHILDREN

Bring your guitar and strum along with us! A beginning guitar class for youth ages 8-10.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
438537 01	Fairlawn	M	5:30pm-6:30pm	6/14-8/16	\$37		\$47

VERY BEGINNER GUITAR

Bring your guitar and strum along with us! A beginning guitar class for youth ages 11-17.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338508 01	Fairlawn	M	6:30pm-7:30pm	3/22-5/24	\$37		\$47
<i>Summer 2004</i>							
438508 01	Fairlawn	M	6:30pm-7:30pm	6/14-8/16	\$37		\$47

INTERMEDIATE GUITAR

A continuing class for students who have had one session of Very Beginner Guitar. For ages 11-17.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338509 01	Fairlawn	M	7:30pm-8:30pm	3/22-5/24	\$37		\$47
<i>Summer 2004</i>							
438509 01	Fairlawn	M	7:30pm-8:30pm	6/14-8/16	\$37		\$47

RHYTHM BAND

The rhythm is going to get you! Designed to help children ages 4 to 6 develop a clear sense of rhythm. Children will learn about percussion instruments while using them in rhythm games and to accompany music. Ages 4-6. Instruments provided.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338510 01	Lakewood	Th	5:30pm-6:00pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438510 02	Lakewood	Tu	4:30pm-5:00pm	6/15-8/17	\$32		\$42

MUSIC EXPLORATION

Explore rhythms and note reading through the use of recorder, bells and percussion instruments. For youth ages 7-9. Class is pre-requisite for Very Beginner Piano. (Not required if enrolling in private piano.) Instruments provided.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338511 01	Lakewood	Tu	6:00pm-6:30pm	3/23-5/25	\$32		\$42
<i>Summer 2004</i>							
438511 01	Lakewood	Tu	6:00pm-6:30pm	6/15-8/17	\$32		\$42

VERY BEGINNER PERCUSSION

The rhythm is going to get you! A beginning class for students wanting instruction on snare drum and drum set. After first class, you will need to purchase a practice pad, drumsticks and book. For ages 10-17.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338512 01	Lakewood	M	4:30pm-5:30pm	3/22-5/24	\$37		\$47
<i>Summer 2004</i>							
438512 01	Lakewood	M	4:30pm-5:30pm	6/14-8/16	\$37		\$47
438512 02	Lakewood	M	3:30pm-4:30pm	6/14-8/16	\$37		\$47

INTERMEDIATE PERCUSSION

A continuing class for students who have already had one session of Very Beginner Percussion. For ages 10-17.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338513 01	Lakewood	M	5:30pm-6:30pm	3/22-5/24	\$37		\$47
<i>Summer 2004</i>							
438513 01	Lakewood	M	5:30pm-6:30pm	6/14-8/16	\$37		\$47

VERY BEGINNER PIANO

Tickle the ivories in a piano class for students ages 7-12 who have never had piano. Students 7-9 must have taken Music Exploration. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338514 01	Lakewood	Th	7:00pm-7:30pm	3/25-5/27	\$32		\$42
338514 04	Lakewood	Sa	10:00am-10:30am	3/27-5/29	\$32		\$42
<i>Summer 2004</i>							
438514 04	Lakewood	Sa	10:00am-10:30am	6/19-8/28	\$32		\$42
438514 05	Lakewood	Tu	5:30pm-6:00pm	6/15-8/17	\$32		\$42

GREEN BOOK PIANO

A continuing class for students who are using the green Primer Level Glover Book. For ages 7-12. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338515 01	Lakewood	Tu	6:30pm-7:00pm	3/23-5/25	\$32		\$42
338515 02	Lakewood	Th	4:30pm-5:00pm	3/25-5/27	\$32		\$42
338515 04	Lakewood	Sa	11:00am-11:30am	3/27-5/29	\$32		\$42
338515 05	Lakewood	F	5:00pm-5:30pm	3/26-5/28	\$32		\$42
<i>Summer 2004</i>							
438515 01	Lakewood	Tu	6:30pm-7:00pm	6/15-8/17	\$32		\$42
438515 04	Lakewood	Sa	11:00am-11:30am	6/19-8/21	\$32		\$42
438515 06	Lakewood	Tu	5:00pm-5:30pm	6/15-8/17	\$32		\$42

BLUE BOOK PIANO

A continuing class for students who are using the blue Level One Glover Book. For ages 7-12. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338516 01	Lakewood	Tu	7:00pm-7:30pm	3/23-5/25	\$32		\$42
338516 04	Lakewood	Sa	11:30am-12:00pm	3/27-5/29	\$32		\$42
<i>Summer 2004</i>							
438516 01	Lakewood	Tu	7:00pm-7:30pm	6/15-8/17	\$32		\$42
438516 04	Lakewood	Sa	11:30am-12:00pm	6/19-8/28	\$32		\$42

RED BOOK PIANO

A continuing class for students who are using the red Level Two Glover Book. For ages 7-12. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338517 04	Lakewood	Tu	7:30pm-8:00pm	3/23-5/25	\$32		\$42
338517 02	Lakewood	Sa	12:30pm-1:00pm	3/27-5/29	\$32		\$42
<i>Summer 2004</i>							
438517 04	Lakewood	Tu	7:30pm-8:00pm	6/15-8/17	\$32		\$42
438517 02	Lakewood	Sa	12:30pm-1:00pm	6/19-8/28	\$32		\$42

PURPLE BOOK PIANO

A continuing class for students who are using the purple Level Three Glover Book. For ages 7-12. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338518 01	Lakewood	Th	4:00pm-4:30pm	3/25-5/27	\$32		\$42
<i>Summer 2004</i>							
438518 02	Lakewood	Tu	7:30pm-8:00pm	6/15-8/17	\$32		\$42

SAXOPHONE/CLARINET

Toot your horn! Use your saxophone (alto, tenor or baritone) or clarinet to learn proper breath control, intonation, articulation, note reading and rhythms. For students at any level. For ages 10 - 17. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338519 01	Lakewood	F	7:00pm-8:00pm	3/26-5/28	\$37		\$47
<i>Summer 2004</i>							
438519 01	Lakewood	F	5:30pm-6:30pm	6/18-8/20	\$37		\$47

VERY BEGINNER STRINGS

Bring your violin, viola, cello or string bass and participate in this beginning string class for students ages 10-adult. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438520 03	Lakewood	Th	6:30pm-7:30pm	6/17-8/19	\$37		\$47

INTERMEDIATE STRINGS

A continuing class for students who have had one session of Very Beginner Strings. For students ages 10-adult. Book cost is extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
338521 02	Lakewood	Th	7:30pm-8:30pm	6/17-8/19	\$37		\$47

JUNIOR VOICE

A beginning voice class for youth ages 7-10. Students will learn breath control, solfege syllables and rhythms while singing Disney tunes, Broadway tunes, and folk tunes.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438533 01	Lakewood	Th	5:30pm-6:30pm	6/17-8/19	\$37		\$47

PRE-TEEN/TEEN VOICE

A beginning voice class designed especially for teens. Broadway tunes and classical pieces will be used to teach breath control, rhythms, etc. For ages 11-18.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438534 01	Lakewood	W	5:30pm-6:30pm	6/16-8/18	\$37		\$47

Summer 2004 Youth Music Workshops and Camps

MUSIC AND SPORTS "OLYMPICS" WORKSHOP (AGES 6-12)

If you enjoy music, sports, and art this is the workshop for you! Participants will study the music of John Williams (composer of the Olympics theme and Star Wars), receive a sport clinic, make a sport ball key chain, sport ball photo magnet, view a sports video and participate in a Track and Field Olympics in Lakewood Park. Participants should bring their lunch to the workshop. For ages 6-12. Participants will be divided into age groups when participating in sports activities. Please make check payable to Lakewood Advisory Committee and bring to Lakewood Dance/Music Center.
Registration Deadline: 6/30.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
W1	Lakewood	W	10:00am-4:00pm	7/7	\$10		\$20

Make a difference! Volunteer your time
with us helping others.

"MEET THE BRASS" MUSIC WORKSHOP (AGES 6-12)

Participants will be introduced to the brass instruments by seeing and hearing musicians demonstrate the trumpet, french horn, trombone, and tuba. Participants will also make music crafts (including a French horn made from a garden hose!), do music worksheets and games and view a brass video. Participants should bring their lunch to the workshop. For ages 6-12. Please make check payable to Lakewood Advisory Committee and bring to Lakewood Dance/Music Center. Registration Deadline: 7/7.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
W2	Lakewood	W	10:00am-4:00pm	7/14	\$10	\$20	

JR. "BAND TOUR" CAMP (AGES 8-11)

Join the band and go on tour! This camp is for youth who have had at least 1 year of instruction on any musical instrument (including voice). Students will prepare and receive instruction on music that will be performed at recreation centers August 2 - 6. Participants will also do music worksheets, view educational videos, hear guest artists, and do art projects that are related to music. Participants should bring their lunch to camp every day. For ages 6-12. Please make checks payable to Lakewood Advisory Committee and bring to Lakewood Dance/Music Center. The fee covers both weeks of camp. Participants who register for both the "Dance Tour" camp and the "Band Tour" camp will receive a discount. Registration Deadline: 7/9.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
C1	Lakewood	M-F	9:30am-2:30pm	7/19-7/23 8/2-8/6	\$65	\$75	

SR. "BAND TOUR" CAMP (AGES 12-18)

Join the band and go on tour! This camp is for youth who have had at least 2 years of instruction on any musical instrument (including voice). Students will prepare and receive instruction on music that will be performed at recreation centers August 2 - 6. Participants will also do music worksheets, view educational videos, hear guest artists, and do art projects that are related to music. Participants should bring their lunch to camp every day. For ages 12-18. Please make checks payable to Lakewood Advisory Committee. The fee covers both weeks of camp. Participants who register for both the "Dance Tour" Camp and the "Band Tour" Camp will receive a discount. Registration Deadline: 7/9.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
C2	Lakewood	M-F	9:30am-2:30am	7/26-7/30 8/2-8/6	\$65	\$75	

Group Teen/Adult Music Classes

VERY BEGINNER GUITAR

Bring your guitar and strum along with us! A guitar class for beginning students ages 13-Adult. Book cost is extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338508 01	Fairlawn	M	6:30pm-7:30pm	3/22-5/24	\$37	\$47	
<i>Summer 2004</i>							
438508 01	Fairlawn	M	6:30pm-7:30pm	6/14-8/16	\$37	\$47	

INTERMEDIATE GUITAR

A continuing class for students who have had one session of Very Beginner Guitar. For ages 13-Adult. Book cost is extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338509 01	Fairlawn	M	7:30pm-8:30pm	3/22-5/24	\$37	\$47	
<i>Summer 2004</i>							
438509 01	Fairlawn	M	7:30pm-8:30pm	6/14-8/16	\$37	\$47	

VERY BEGINNER PERCUSSION

The rhythm is going to get you! A beginning class for students wanting instruction on snare drum and drum set. After the first class, you will need to purchase a practice pad, drumsticks, and book. Ages 13-Adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338512 01	Lakewood	M	4:30pm-5:30pm	3/22-5/24	\$37	\$47	
<i>Summer 2004</i>							
438512 01	Lakewood	M	4:30pm-5:30pm	6/14-8/16	\$37	\$47	
438512 02	Lakewood	M	3:30pm-4:30pm	6/14-8/16	\$37	\$47	

INTERMEDIATE PERCUSSION

A continuing class for students who have had one session of Very Beginner Percussion. Ages 13-Adult.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338513 01	Lakewood	M	5:30pm-6:30pm	3/22-5/24	\$37	\$47	
<i>Summer 2004</i>							
438513 01	Lakewood	M	5:30pm-6:30pm	6/14-8/16	\$37	\$47	

VERY BEGINNER PIANO

Tickle the ivories in a piano class for students ages 13 and older who have never had piano. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338526 01	Lakewood	M	6:30pm-7:30pm	3/22-5/24	\$37	\$47	
338526 03	Lakewood	F	2:00pm-3:00pm	3/26-5/23	\$37	\$47	
<i>Summer 2004</i>							
438526 06	Lakewood	F	3:00pm-4:00pm	6/18-8/20	\$37	\$47	
438526 07	Lakewood	W	7:30pm-8:30pm	6/16-8/18	\$37	\$47	

VERY BEGINNER TEEN PIANO

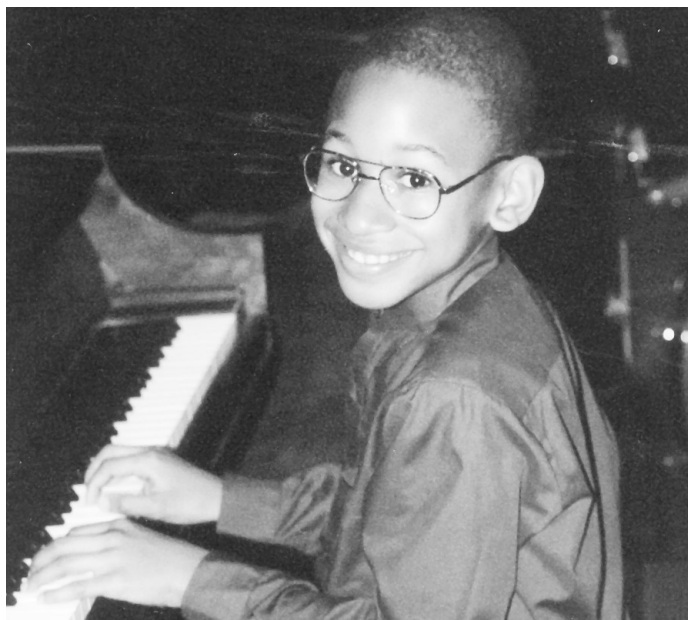
Tickle the ivories in a piano class for teen ages 13-17 who have never had piano. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438532 01	Lakewood	Th	4:30pm-5:30pm	6/17-8/19	\$37		\$47

BLUE BOOK PIANO

A continuing class for students who are using the blue Adult Level One Glover Book. For ages 13 and older. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338527 02	Lakewood	M	7:30pm-8:30pm	3/22-5/24	\$37		\$47
338527 03	Lakewood	Tu	8:00pm-9:00pm	3/23-5/25	\$37		\$47
<i>Summer 2004</i>							
438527 01	Lakewood	M	6:30pm-7:30pm	6/14-8/16	\$37		\$47
438527 02	Lakewood	M	7:30pm-8:30pm	6/14-8/16	\$37		\$47
438527 03	Lakewood	Tu	8:00pm-9:00pm	6/15-8/17	\$37		\$47
438527 04	Lakewood	F	2:00pm-3:00pm	6/18-8/20	\$37		\$47



RED BOOK PIANO

A continuing class for students who are using the red Adult Level Two Glover Book. For ages 13 and older. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338528 01	Lakewood	Th	10:00am-11:00am	3/25-5/27	\$37		\$47
<i>Summer 2004</i>							
438528 01	Lakewood	Th	10:00am-11:00am	6/17-8/19	\$37		\$47
438528 02	Lakewood	M	8:30pm-9:30pm	6/14-8/16	\$37		\$47

ADVANCED PIANO

A continuing class for students who are using the Level Four Thompson Book. For ages 13 and older. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338530 01	Lakewood	F	12:00pm-1:30pm	3/26-5/28	\$42		\$52

SAXOPHONE CLARINET

Toot your own horn! Use your saxophone (alto, tenor or baritone) or clarinet to learn proper breath control, intonation, articulation, note reading and rhythms. Books cost extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338519 01	Lakewood	F	7:00pm-8:00pm	3/26-5/28	\$37		\$47
<i>Summer 2004</i>							
438519 01	Lakewood	F	5:30pm-6:30pm	6/18-8/20	\$37		\$47

VERY BEGINNER STRINGS

Bring your violin, viola, cello or string bass and participate in this beginning strings class for ages 13 - Adult. Book cost is extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438520 03	Lakewood	Th	6:30pm-7:30pm	6/17-8/19	\$37		\$47

INTERMEDIATE STRINGS

A continuing class for students who have taken one session of Very Beginner Strings. Ages 13-Adult. Book cost is extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438521 02	Lakewood	Th	7:30pm-8:30pm	6/17-8/19	\$37		\$47

PRE-TEEN/TEEN VOICE

A beginning voice class designed especially for teens. Broadway tunes and classical pieces will be used to teach breath control, rhythms, etc. For ages 11-18.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Summer 2004</i>							
438534-01	Lakewood	W	5:30pm-6:30pm	6/16-8/18	\$37		\$47

VOICE

Do Re Mi! Learn to sing. Instruction in proper breath control, note reading, rhythms, posture, ear training, sight reading, and more. For ages 13-Adult. Book cost is extra.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
<i>Spring 2004</i>							
338531 01	Lakewood	W	6:30pm-7:30pm	3/24-5/26	\$37		\$47
<i>Summer 2004</i>							
438531 01	Lakewood	W	6:30pm-7:30pm	6/16-8/18	\$37		\$47

City-Wide Events

Please contact Jean Saunders at 441-2109 for additional information.

NORFOLK SENIOR OLYMPICS (5/3-6/04)

Bowling: Naval Amphibious Base – Little Creek
Monday, May 3, 2004
Registration: 9:00 a.m.

Swimming: Northside Pool
Tuesday, May 4, 2004
Registration: 9:00 a.m.

Tennis: Northside Tennis Courts
Tuesday, May 4, 2004
Registration: 7:30 a.m.

Golf: Ocean View Golf Course
Tuesday, May 4, 2004
Registration: 8:00 a.m.

Events: Naval Amphibious Base – Little Creek
Wednesday, May 5, 2004
Registration: 7:30 a.m..

Events: Naval Amphibious Base – Little Creek
Thursday, May 6, 2004
Registration: 8:00 a.m.

THE SOCIAL BOWLING CLUB

Meets each Monday, 9:30 a.m., at AMF Bowling Lanes, 2441 East Little Creek Road. The day includes three games of bowling, shoe rental, and free beverages for a nominal \$5.05 per person.

SHERWOOD FOREST COMMUNITY CENTER SENIOR EVENTS

Date	Activity	Time	Event
April 1	Thursday	11:00am	Spring Luncheon at Golden Corral
May 13	Thursday	11:00am	Botanical Gardens Spring Fling and Luncheon
June 10	Thursday	9:00am-1:00pm	Summer Shopping Spree in Williamsburg

OCEAN VIEW SENIOR CENTER

600 East Ocean View Road, Norfolk VA, 23503

Date	Activity	Time
April 7	Easter Parade of Hats	11:30am
April 12	Easter Breakfast	10:00am
April 13	Bridge Social	9:30am
April 16	Bunny Bingo	2:00pm
April 22	Volunteer Luncheon	3:00pm
May 12	Mother of the Year Celebration	11:30am
May 14	Mother's Day Bingo	2:00pm
May 26	Memorial Day Services	11:30am
June 11	Father's Day Bingo	2:00pm
June 16	Father's Day Programs	11:30am
June 18	Summer Time Dance	7:00pm
June 30	Mid-Year Celebration	11:00am
July 2	Independence Day Program	11:30am
July 9	Red, White, & Blue Bingo	2:00pm
July 14	Old Fashion Cookout	11:00am
Aug. 13	Banana Split Bingo	2:00pm
Aug. 20	Summer Beach Party & Fish Fry	10:00am
Sept. 10	Grandparent's Bingo	2:00pm
Sept. 15	Picnic 60+ Club	

SOUTHSIDE SENIOR CENTER

03/26/04	Birthday Celebration	1:00pm
03/31/04	Special Craft Session	10:00am
04/09/04	Good Friday's Breakfast & Hot Cross Buns	9:00am
04/14/04	Trip to Farmers Market, Virginia Beach	10:30am
04/19/04	A Bingo Contest	1:00pm
05/03/04	May Festival	11:00am
05/14/04	Movie Day with Popcorn	10:00am
05/17/04	Health & Nutrition Session with Speaker	1:00pm
06/11/04	Trip to Botanical Garden	10:00am
06/22/04	Field Trip to Farmers Market, Va. Beach	10:00am
06/25/04	A Music & Dance Celebration	1:00pm
07/05/04	4th of July Celebration	11:00am
07/16/04	Word Game Puzzle Contest	1:00pm
07/16/04	Movie Time	11:00am
08/14/04	Field Trip to Farmers Market, Va. Beach	10:00am
08/16/04	Bowling Field Trip	10:00am
08/20/04	Cake & Ice Cream Social	1:00pm
09/09/04	Shopping at Thrifty City	10:00am
09/10/04	Grandparent Day Celebration	1:00pm
09/17/04	Bowling Field Trip	10:00am

Seniors

CERAMICS CLASSES

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
	Southside	W	10:30am	3/10-5/19	\$20	\$30
	Southside	W	6:30pm	3/10-5/19	\$20	\$30

BAYVIEW SENIOR CLUB

03/26/04	Potluck Luncheon/Card Games	9:00am – 3:00pm
04/02/04	Weekly Fellowship/Light Refreshments	9:00am – 3:00pm
04/09/04	Weekly Fellowship/Card Games	9:00am – 3:00pm
04/16/04	Weekly Fellowship and Social Hour	9:00am – 3:00pm
04/23/04	Weekly Fellowship/Light Refreshments	9:00am – 3:00pm
04/30/04	Business Meeting/ Potluck Luncheon/Card Games	9:00am – 3:00pm
05/07/04	Weekly Fellowship/Light Refreshments	9:00am – 3:00pm
05/14/04	Weekly Fellowship/Social Hour	9:00am – 3:00pm
05/21/04	Weekly Fellowship/Card Games	9:00am – 3:00pm
05/28/04	Business Meeting/Potluck/Card Games	9:00am – 3:00pm
06/04/04	Weekly Fellowship/Light Refreshments	9:00am – 3:00pm
06/11/04	Weekly Fellowship/Card Games	9:00am – 3:00pm
06/18/04	Weekly Fellowship/Card Games	9:00am – 3:00pm
06/25/04	Business Meeting/ Potluck Luncheon/Card Games	9:00am – 3:00pm
07/02/04	Weekly Fellowship/Social Hour/Bingo	9:00am – 3:00pm
07/09/04	Weekly Fellowship/ Light Refreshments/Card Games	9:00am – 3:00pm
07/16/04	Weekly Fellowship/Card Games	9:00am – 3:00pm
07/23/04	Weekly Fellowship/ Card Games/Refreshments	9:00am – 3:00pm
07/30/04	Business Meeting/ Potluck Luncheon/Card Games	9:00am – 3:00pm
08/06/04	Weekly Fellowship/Social Hour	9:00am – 3:00pm
08/13/04	Weekly Fellowship/ Card Games/Social Hour	9:00am – 3:00pm
08/20/04	Weekly Fellowship/Card Games	9:00am – 3:00pm
08/27/04	Business Meeting/ Potluck Luncheon/Card Games	9:00am – 3:00pm
09/03/04	Weekly Fellowship/Bingo/Refreshments	9:00am – 3:00pm
09/10/04	Weekly Fellowship/ Refreshments/Card Games	9:00am – 3:00pm
09/17/04	Weekly Fellowship/ Card Games/Refreshments	9:00am – 3:00pm

HUNTERSVILLE SENIOR CLUB

03/23/04	Fun Tuesday (Games & Snacks)	12:00pm
03/30/04	Midway Casino Field Trip	9:00am
04/06/04	Helping Hands Egg Hunt	12:00pm
04/13/04	Spring Dinner	12:00pm
04/20/04	Olympics	12:00pm
04/27/04	Fun Tuesday	12:00pm
05/25/04	Memorial Service	11:30am
05/30/04	Morning Worship	11:00am
06/08/04	Trip to Dover Downs	9:00am
06/15/04	Summer Social	12:00pm
06/22/04	Fun Tuesday (Games & Snacks)	12:00pm
06/29/04	Dinner	12:00pm
07/06/04	Summer Fun Program	11:30am
07/27/04	Fun Tuesday	12:00pm
08/17/04	Cookout in the Park (Lakewood)	12:00pm
08/29/04	Morning Worship Service	11:00am
09/14/04	Welcome Back Luncheon	12:00pm
09/28/04	Fun Tuesday (Snacks & Games)	12:00pm

NORVIEW SENIOR CLUB

03/24/04	Spring Wreath Craft	11:00am
04/07/04	Business Meeting	11:00am
04/14/04	All Games Day/Prizes	11:00am
04/21/04	Mini-Olympics	11:00am
05/12/04	Bingo Bash	11:00am
05/26/04	Movie Outing (Military Circle)	11:00am
06/02/04	Business Meeting	11:00am
06/09/04	Luncheon	11:00am

TITUSTOWN SENIOR CLUB

03/04/04	Senior Business Meeting	11:00am
03/11/04	Senior Makeover Day	11:00am
03/18/04	St. Patrick's Day Bingo	11:00am
03/23/04	Lunch Trip to Ruby Tuesday	11:00am
03/25/04	Spring Craft Day	11:00am
04/01/04	Senior Business Meeting	11:00am
04/08/04	Senior Easter Lunch	11:00am
04/22/04	Wreath Making	11:00am
04/29/04	Senior Bingo & Lunch	11:00am
05/08/04	Mother's Day Program	3:00pm
05/13/04	Senior Business Meeting	11:00am
05/27/04	Memorial Day Program	11:00am
06/03/04	Senior Business Meeting & Lunch	11:00am

Therapeutic Recreation/*Any Disability*

Therapeutic Recreation programs utilize recreation to help individuals with temporary impairments, other health conditions, and disabilities to increase independence, strengthen leisure skills, and enhance personal well being – physically, cognitively, emotionally, and socially in a rehabilitative environment. Therapeutic Recreation can improve functional abilities, enhance recreation skills and attitudes, build confidence, ease fears, improve physical abilities, promote greater self-reliance, strengthen interpersonal skills, manage stress, and enrich the quality of life. Therapeutic Recreation can help people of all ages and backgrounds to get well, live well, and stay well!

Registration will be accepted only at the Therapeutic Recreation Center. Please either mail in or drop by all registration forms and checks (payable to City of Norfolk Treasurer) by registration date at the Therapeutic Recreation Center, 180 East Evans Street, Norfolk, VA 23503. Money is due at the time of registration. In order to register, you must have participated in an intake assessment with CTRS staff and all required forms must be completed. If you have any questions please call 441-1764(V/TDD). Registration will not be accepted prior to the registration date.

The first day of "Spring" registration is Friday, March 12, 2004 at 9:00 a.m. for the Therapeutic Recreation Center ONLY! The first day of "Summer" registration is Friday, May 28, 2004 at 9:00 a.m. for the Therapeutic Recreation Center ONLY! Some events are not published in our Good Times, please contact the center for additional information. All programs are for ages 14 and up! Children programs will begin Summer 2004.

Spring Classes/Spring Session 2004

DANCE TO MUSIC

Do you love to dance? If so, this is your chance to get exercise while learning different dance steps. You will learn a variety of dance styles and routines. Participants will need to wear comfortable clothes and proper footwear.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366731 01	TR Center	W	2:00pm-2:50pm	3/31 – 6/2	\$15		\$25

GET FIT WHILE YOU SIT

Who said you have to get up out of your chair? Enjoy exercise while you sit. This is a low to moderate level of exercise used to strengthen muscle, increase flexibility, range of motion and much, much more. It is suggested to bring a water bottle and towel; you will also need to wear comfortable clothes and proper footwear.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366722 01	TR Center	Tu	3:30pm-4:20pm	3/30 – 6/1	\$15		\$25

LOW IMPACT EXERCISE AND STRETCH

Tone and firm your muscles, as well as increase your flexibility using aerobic workouts without jumping or jarring the joints. Class includes warm-up, exercise, and cool-down.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366752 01	TR Center	F	5:00pm-5:50pm	4/2 – 6/4	\$15		\$25

SPARES AND STRIKES: RECREATIONAL BOWLING

Bowling fun! Join us at the Little Creek AMF Lanes to learn the basic rules of 10 pin recreational bowling. Adaptive equipment is

available if needed. Limited transportation available. There is an additional fee of \$1.00 per game each week.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
310710 01	AMF	M	12:30pm-2:00pm	3/29-5/31	\$15		\$25

SPARES AND STRIKES: SKILL BUILDING BOWLING

Would you like to further your bowling techniques to improve your bowling? Join us at the Little Creek AMF Lanes to improve your skills and ball handling techniques. Adaptive equipment is available if needed. Limited transportation available. There is an additional fee of \$1.00 per game each week. **Class referral is required, call center for more information.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
310731 01	AMF	W	4:00pm-6:00pm	3/31-6/2	\$15		\$25

CERAMICS

Enjoy the opportunity to paint your own piece of decorative or functional art in a fun atmosphere. Participants must provide green ware and any special paints not provided in center supplies. A \$10.00 supply fee is due at the first class. Limited transportation is available.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366720 01	TR Center	Tu	10:00am-12:00pm	3/30-6/1	\$20		\$30

MAKE-IT-MOSAICS

Pick out colored tiles and glass, arrange in a design, add found items like shells or buttons, and glue pieces down. Cover it all with grout; then allow it to set and wipe it clean. You've got a completed mosaic! In no time you'll have unique items to show off in your home, patio, and garden. There is a \$10.00 supply fee and additional supplies will be discussed the first class.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366750 01	TR Center	F	9:30am-11:00am	4/2-6/4	\$20		\$30

Spring Outings

TAKE ME OUT TO THE BALLGAME

Play Ball!!! Spend three Wednesday evenings watching the Norfolk Tides play baseball. You may register for the class and decide if you want to see one – two – or all three games. Trip fee for the games is due on or before April 11, 2004. Trip fee is \$14.00 per game. Bring extra money for snacks or souvenirs. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366732 01	TR Center	W	6:30pm-10:30pm	4/21, 5/19, 6/9	\$10		\$20

LET'S GET WILD AT THE ZOO

How long has it been since you've visited the Norfolk Zoo? Come and experience the new layout and animal exhibits. We'll enjoy lunch at the famous Doumar's Restaurant and then travel to the zoo. Join us for a "wild" time at the zoo. Transportation is provided. There is an additional cost for lunch and admission to the zoo.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366740 01	TR Center	Th	9:00am-5:00pm	5/6	\$7		\$17

Therapeutic Recreation/*Mental Impairments*



Spring Classes

AQUA OLYMPICS

Do you enjoy being in the water as well as sports fun? If so, Aqua Olympics is a class you must try! Take part in aqua games, relays, an excellent workout, and experiencing a variety of pool equipment. In order to participate, you should feel comfortable in the water and enjoy playing games and sports. Swimsuits must be worn in pool.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
346714 01	Northside	M	1:45pm-2:30pm	3/29 – 5/31	\$15		\$25

FAVORITE FLICK FRIDAY

The TRC Theatre is now OPEN!! Come see a variety of movies on our new Big Screen TV with surround sound stereo. We will meet three times during the session to watch a double feature or an extended version of longer movies. Along with movies and friends we'll enjoy a wide variety of foods for a most filling dinner. All movies will be rated G, PG or PG13. There is a \$20 non-refundable program fee due at registration. Program dates will be announced at registration. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366791 01	TR Center	F	7:00pm-10:45pm	Varies	\$15		\$25

Get involved in your community,
join the Therapeutic Recreation
Advisory Committee!

GAME NIGHT

Come out to learn, play, and have a good time participating in a variety of board and table games. We will play traditional and non-traditional games such as checkers, trouble, bingo, cards, and the memory game. You may have a favorite that you would like to share with the group. Two items from a "Dollar Store" will be needed for the bingo game prizes. Please bring them the first game night. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366753 01	TR Center	F	6:00pm-6:50pm	4/2 – 6/4	\$15		\$25

SPORTS BUNCH (NEW!)

Extreme Sports Fanatics!!! This is the group for you! We will go to three sporting events within Hampton Roads to let those officials and our teams know we care. Each trip will have a trip fee to cover transportation and admission to the event. Participants must arrive at the TR Center by 6:45pm; Norfolk residents will be dropped off at their homes. Event schedule and fee schedule will be available at registration. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366790 01	TR Center	F	7:00pm-TBA	Varies	\$15		\$25

FUN BUNCH

Hang with us as we travel Hampton Roads in search of fun with friends. We will go dining, see a play, go shopping and enjoy other activities together. Participants must arrive at the TR Center by 6:45pm; Norfolk residents will be dropped off at their homes. Event schedule and fee schedule will be available at registration. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
366792 01	TR Center	F	7:00pm-TBA	Varies	\$15		\$25

Therapeutic Recreation/*Mental Impairments*

Spring Outings

SPRING BEACH TRIP

Let's hit the beach and start this season off with a relaxing day socializing at Virginia Beach waterfront. Bring swimsuits, towels, chairs, and money for lunch at Zero's and souvenir shopping. Don't forget the sun block! Transportation is limited, so sign up early.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366745 01	TR Center	Th	10:00am-5:00pm	6/3	\$5	\$15

NEW BUSCH GARDENS

Do you love the idea of roller coasters, the log flume, cotton candy, and theatre shows? Then this is the perfect trip for you. Each participant will need to purchase a Summer Bronze Pass in April to spend every Saturday in July at Busch Gardens. Participants should pack one meal with drink and bring money for a meal in the park. Money for souvenirs and snacks is optional. We will meet at the TR Center and all Norfolk Residents will be dropped off at their home. The trip fee is approximately \$100(pass and other trip expenses) and will be due the day we head up for the tickets; refunds will not be available after that day. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366760 01	TR Center	Sa	9:00am-10:00pm	TBA	\$5	\$15

NEW I-MAX MOVIE AND LUNCH

See what's new and interesting on the largest indoor movie screen. We will travel to a local I-MAX Theatre to watch the latest movie. The trip fee is \$20 and must be paid one week after the initial registration date. Bring a lunch and drink and additional (optional) money for souvenir hunting. Participants will meet at the TR Center and Norfolk residents will be dropped off at home after the movie. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366761 01	TR Center	Sa	10:00am-5:00pm	5/15	\$5	\$15

OLD TYME PHOTO

Travel back in time and have it remembered forever with a photograph. We will decide which century to visit, dress in costume and have an 8x10 photograph taken to validate your trip in time. Time travel will take place from the Virginia Beach Boardwalk. There is a \$25 trip fee due a week after initial registration. Additional money will be needed for lunch and souvenir shopping (optional). Participants will meet at the TR Center and Norfolk residents will be dropped off at home. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366762 01	TR Center	Sa	11:00am-5:00pm	4/17	\$5	\$15

NEW HARLEM GLOBE TROTTERS

Basketball like you've never seen it before! Magicians of the hard court will dazzle you with amazing basketball wizardry, rim-rattling shots, and outrageous comedy. The non-refundable trip fee of \$20 must be paid at the time of registration. Participants can bring extra money for snacks and souvenirs. We will meet at the TR Center at 2:00pm, Norfolk residents will be dropped off at home after the game. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366773 01	TR Center	Su	2:00pm-7:00pm	3/21	\$5	\$15

MACARTHUR MEMORIAL AND NAUTICUS MUSEUM TRIP

A visit to two of Norfolk's most well known museums. Spend a most interesting day looking back in time at one of our nation's most decorated generals and at naval happenings right in our own backyard. We will eat lunch at MacArthur Center with a possible trip to the Dollar Store. The trip fee of \$20 is due one week after the initial registration. Participants will need extra money for lunch and souvenirs (optional). Participants will meet at the TR Center and Norfolk residents will be dropped off at home. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366764 01	TR Center	Sa	10:00am-5:00pm	5/1	\$5	\$15

Spring Workshops

NEW EASTER EGG CREATIONS

In this egg-cellent workshop we'll decorate and embellish ceramic Easter Eggs. Create beautiful, festive eggs to bring the Easter joy into your home. All supplies provided.

Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366747 01	TR Center	Th	1:00pm-3:00pm	4/8	\$7	\$17

CREATE A CANDY CONTAINER (NEW!)

Come and create a unique candy container – using flowerpots and drinking glasses. Do the supplies spark your curiosity?

Join us to see the endless possibilities for a one-of-a-kind gift idea. All supplies will be provided. Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366749 01	TR Center	Th	1:00pm-3:00pm	4/29	\$7	\$17

Interested in taking sign language classes contact the
Therapeutic Recreation Center at 441-1764



Spring Outings

DAFFODIL FESTIVAL

How about escaping to Gloucester, Va. to see the sights of the Daffodil Festival? Enjoy over 150 arts and crafts exhibits, tasty food from the vendors, and a variety of entertainment. Additional cost for admission to the festival and lunch are extra. Transportation is provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366765 01	TR Center	Sa	8:30am-6:00pm	4/3	\$7	\$17

NEW PICNIC BY THE PIER

When was the last time that you went on a picnic lunch by the waterfront? Join us for a day by the bay at Town Point Park. Don't worry – ants are not invited! Extra cost for lunch and ice cream. Transportation provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366742 01	TR Center	Th	11:00am-4:00pm	5/27	\$7	\$17

NORFOLK BOTANICAL GARDENS

How long has it been since you've been to the Botanical Gardens to see the foliage and flowers? The azaleas and tulips are wonderful this time of year! Join us for a delicious buffet lunch at Golden Corral. Additional cost for admission and lunch. Transportation provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366743 01	TR Center	Th	9:00am-5:00pm	4/15	\$7	\$17

NEW SHOP TILL' YOU DROP!

Have you heard about the re-grand opening of the Walmart on Military Hwy? Well, come with us to take in the new surroundings as we shop the day away. We will have lunch at the Ruby Tuesday across from the shopping center. Bring extra money for lunch and shopping. Transportation provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366741 01	TR Center	Th	9:00am-5:00pm	5/20	\$7	\$17

Spring Workshops

NEW EASTER EGG CREATIONS

In this egg-cellent workshop we'll decorate and embellish ceramic Easter Eggs. Create beautiful, festive eggs to bring the Easter joy into your home. All supplies provided. Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366746 01	TR Center	Th	10:00am-12:00pm	4/8	\$7	\$17

NEW CREATE A CANDY CONTAINER

Come and create a unique candy container – using flowerpots and drinking glasses. Do the supplies spark your curiosity? Join us to see the endless possibilities for a one-of-a-kind gift idea. All supplies will be provided. Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
366748 01	TR Center	Th	10:00am-12:00pm	4/29	\$7	\$17

Therapeutic Recreation/*Aquatic Therapy*

Spring/Summer Session 2004

AQUACISE I

Water is the perfect medium for physical rehabilitation. Come join the group and work toward increased mobility and range of motion. Does not require swimming skills, but participants must be able to stand alone in 3 1/2 feet of water. Participants must be able to dress and toilet themselves. Swimsuits must be worn in the pool. Limited transportation available.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346711 01	Northside	M	1:00pm-1:45pm	3/29-5/31	\$15	\$25
346711 02	Northside	F	1:00pm-1:45pm	4/2-6/4	\$15	\$25
346711 03	Northside	M,F	1:00pm-1:45pm	3/29-6/4	\$25	\$35
<i>Summer 2004</i>						
446711 01	Northside	M	1:00pm-1:50pm	6/21-8/23	\$15	\$25
446711 02	Northside	F	1:00pm-1:50pm	6/25-8/27	\$15	\$25
446711 03	Northside	M,F	1:00pm-1:50pm	6/21-8/27	\$25	\$35

AQUACISE II

How long have you participated in Aquacise? Do you feel it's time to experience a new, faster paced workout to further your physical rehabilitation? If so, it's time for you to join Aquacise II, a comprehensive total body workout not only designed to increase mobility and range of motion, but to increase strength and muscle endurance. Participants must be able to stand in 4 feet of water, dress and toilet themselves. No swimming skills are necessary. Swimsuits are required. **Class referral required, call center for more information.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346730 01	Northside	W	1:00pm-1:50pm	3/31-6/2	\$15	\$25
<i>Summer 2004</i>						
446730 01	Northside	W	1:00pm-1:50pm	6/23-8/25	\$15	\$25

AQUACISE I & II COMBO

Do you need to gain muscular strength and endurance as well as maintain flexibility? Then this combination of classes is for you! Participants must be able to stand in 4 feet of water, dress and toilet themselves. No swimming skills are necessary. Swimsuits are required. **Class referral required, call center for more information. Transportation is not available on Wednesdays

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346730 02	Northside	M,W	1:00pm-1:50pm	3/29-6/2	\$25	\$35
346730 03	Northside	W,F	1:00pm-1:50pm	3/31-6/4	\$25	\$35
<i>Summer 2004</i>						
446730 02	Northside	M,W	1:00pm-1:50pm	6/21-8/25	\$25	\$35
446730 03	Northside	W,F	1:00pm-1:50pm	6/23-8/27	\$25	\$35

MODERATE IMPACT AQUA AEROBICS

Join us in the water for a comprehensive total body workout while toning muscles and working that heart out! Participants must be able to stand in 3 1/2 feet of water independently and engage in aerobic exercise for 30 minutes. No transportation provided. Swimsuits must be worn.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346713 01	Northside	M	6:00pm-6:50pm	3/29-5/31	\$15	\$25
<i>Summer 2004</i>						
446713 01	Northside	M	5:00pm-5:50pm	6/21-8/23	\$15	\$25

DEEP WATER POWER HOUR

Are you ready for the ultimate aquatic challenge – deep water exercise? Join us for a full body workout in the deep end of the pool using floatation devices for assistance. Work up a sweat to music, while increasing your heart rate and strengthening your entire body! Participants must feel comfortable in deep water and be able to engage in aerobic exercise for 45 minutes. No transportation provided. Swimsuits must be worn.

Activity #	Site	Day	Time	Date	Fee	NR Fee
<i>Spring 2004</i>						
346751 01	Northside	F	1:45pm-2:30pm	4/2-6/4	\$15	\$25
<i>Summer 2004</i>						
446751 01	Northside	F	1:00pm-1:50pm	6/25-8/27	\$15	\$25

Day for disAbleD at the Virginia Zoo

virginiazoo.org

Saturday, May 1, 2004

Hosted by the Therapeutic Recreation Center
and Advisory Committee, Virginia Zoo,
Eggleston Services, Norfolk and
Virginia Beach Mayors Committees'

Individuals with a disAbility and caregivers
can enter the zoo at no cost
10:00 am to 2:00 pm

Information, activities, games; service providers/
organizations for disAbleD individuals, families and
friends will be located under the White Tent at the
Special Events Field

Docents (guides) will be stationed throughout
Zoo grounds providing information

Therapeutic Recreation/*Any Disability*

Summer Session 2004 Summer Classes

DANCE TO MUSIC

Do you love to dance? If so, this is your chance to get exercise while learning different dance steps. You will learn a variety of dance styles and routines. Participants will need to wear comfortable clothes and proper footwear.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466731 01	TR Center	W	2:00pm-2:50pm	6/23-8/25	\$15	\$25

GET FIT WHILE YOU SIT

Who said you have to get up out of your chair? Enjoy exercise while you sit. This is a low to moderate level of exercise used to strengthen muscle, increase flexibility, range of motion and much, much more. It is suggested to bring a water bottle and towel; you will also need to wear comfortable clothes and proper footwear.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466722 01	TR Center	Tu	3:30pm-4:20pm	6/22-8/24	\$15	\$25

LOW IMPACT EXERCISE AND STRETCH

Tone and firm your muscles, as well as increase your flexibility using aerobic workouts without jumping or jarring the joints. Class includes warm-up, exercise, and cool-down.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466732 01	TR Center	W	3:00pm-3:50pm	6/23-8/25	\$15	\$25

SPARES AND STRIKES: RECREATIONAL BOWLING

Bowling fun! Join us at the Little Creek AMF Lanes to learn the basic rules of 10 pin recreational bowling. Adaptive equipment is available if needed. Limited transportation available. There is an additional fee of \$1.00 per game each week.

Activity #	Site	Day	Time	Date	Fee	NR Fee
410710 01	AMF	M	12:30pm-2:00pm	6/21-8/23	\$15	\$25

SPARES AND STRIKES: SKILL BUILDING BOWLING

Would you like to further your bowling techniques to improve your bowling? Join us at the Little Creek AMF Lanes to improve your skills and ball handling techniques. Adaptive equipment is available if needed. Limited transportation available. There is an additional fee of \$1.00 per game each week.

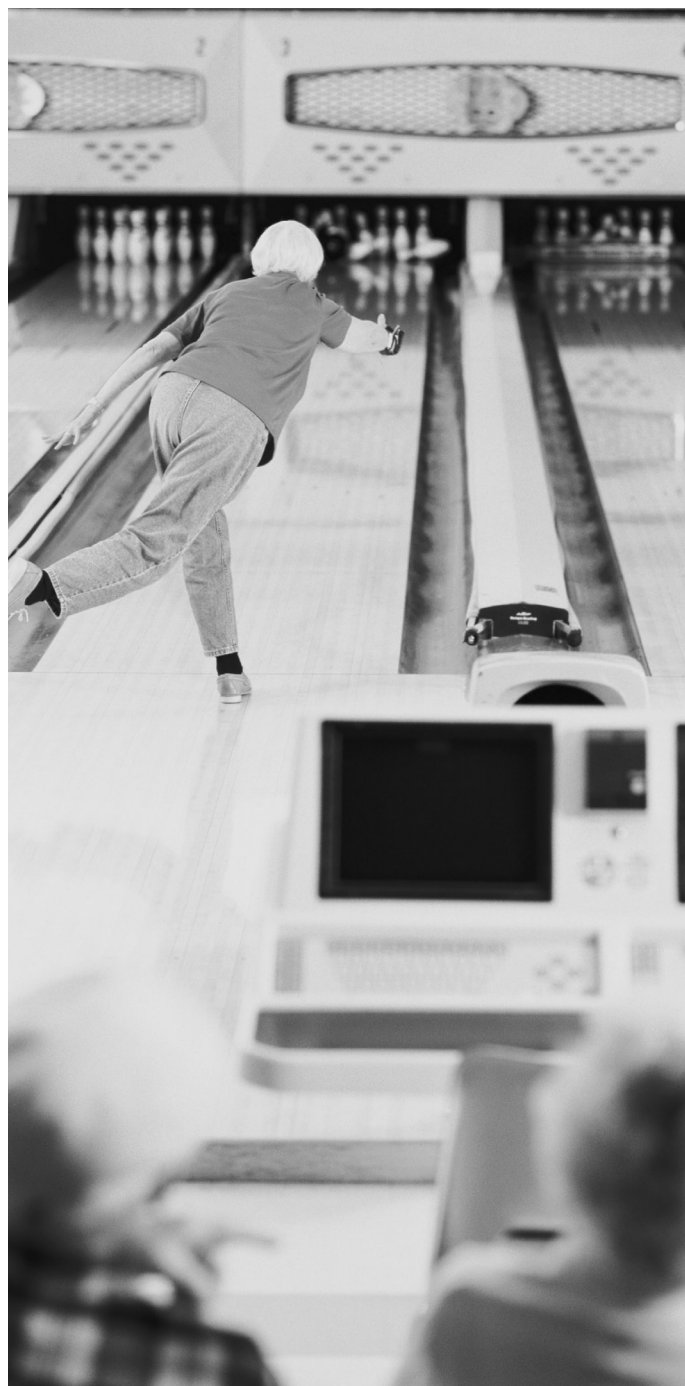
****Class referral is required, call center for more information.**

Activity #	Site	Day	Time	Date	Fee	NR Fee
410731 01	AMF	W	4:00pm-6:00pm	6/23-8/25	\$15	\$25

ART MEDLEY

Create a variety of new crafts to find your artsy niche. Take part in learning about various styles of art. No experience is necessary to create a wonderful piece. There is a \$10.00 supply fee.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466750 01	TR Center	F	9:30am-11:00am	6/25-8/27	\$20	\$30



Therapeutic Recreation/*Mental Impairments*

Summer Outings

AQUA OLYMPICS – SUMMER STYLE!

Do you enjoy being in the water as well as sports fun? If so, Aqua Olympics is a class you must try! Take part in aqua games, relays, and an excellent workout. We will travel to different outdoor area water spots and take in fun in the sun! In order to participate, you should feel comfortable in the water and enjoy playing games and sports. Swimsuits must be worn.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446714 01	TBA	M	TBA	6/21-8/23	\$15		\$25

BEACH BUMS

Travel to a variety of beaches to experience hikes, sports, and other fun activities. Learn about beach safety. This will be a great way to explore a new leisure interest. Bring a bag lunch, plenty to drink, sun block, bathing suit, towel, and other beach gear. Specific dates and locations will be available at registration.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446721 01	TR Center	Tu	9:00am-3:00pm	Varies	\$15		\$25

BAY DAYS

Ahoy mate! Come and learn about boat safety, water safety, and different types of watercraft. Experience a variety of boating adventures on area waterways. Take in the fresh salt air and tranquility of the water. Bring a bag lunch, plenty to drink, sun block, bathing suit, and towel. Specific dates and locations will be available at registration.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446723 01	TR Center	Tu	9:00am-3:00pm	Varies	\$15		\$25

DINE AND DANCE

We will travel to Ocean View Beach just across from Ocean View Shopping Center for 6 Fridays to enjoy live music and the chance to dance the night away. Participants should bring food and drink to eat picnic style at the park, folding lawn chair or blanket is optional. Trip fee is \$5. Schedule will be given at registration. If concert is cancelled activities will be held at the TR Center. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446794 01	TR Center	F	6:00pm-9:30pm	Varies	\$15		\$25

EAT RIGHT-GAME NIGHT

The class begins with staying in the HEALTH ZONE, which encourages you to choose the foods that will give you a healthy body. Being healthy also means fun exercising. We will play a variety of both individual and team games; traditional sports like softball, basketball, tennis and non-traditional games like three-legged races, trust games, frisbee, plus much more. Participants must be able to follow simple game rules with minimal assistance to participate. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446752 01	TR Center	F	5:00pm-5:50pm	6/25 – 8/27	\$15		\$25

FAVORITE FLICK FRIDAY

The TRC Theatre is now OPEN! Come see a variety of movies on our new Big Screen TV with surround sound stereo. We will meet three times during the session to watch a double feature or an extended version of longer movies. Along with movies and friends we'll enjoy a wide variety of foods for a most filling dinner. All movies will be rated G, PG or PG13. There is a \$20 non-refundable program fee due at registration. Program dates will be announced at registration. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446791 01	TR Center	F	7:00pm-10:45pm	Varies	\$15		\$25

BINGO FOR FUN

Come take a chance at winning some prizes and having fun at the same time. The program fee for the class is \$10, which is to be paid at registration and is non-refundable. The scheduled three nights will be available at registration. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446790 01	TR Center	F	6:00pm-6:50pm	Varies	\$15		\$25

NEW ADVENTURE WALKS

Each Wednesday night we will meet at the TR Center and leave to find an interesting place to power walk for exercise. If the weather is inclement, then we will exercise inside for an hour. Transportation provided home. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446733 01	TR Center	W	6:30pm-9:00pm	6/23-8/25	\$5		\$15

Summer Outings

NEW HORSE BACK RIDING

We will go horseback riding in the morning and come back to the center for a barbeque and a game of horseshoes and other activities. A non-refundable trip fee of \$40 is due at registration. Instructor: Steven Errante'.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446760 01	TR Center	Sa	8:00am-3:00pm	6/26	\$5		\$15

Summer Workshops

NEW PLAY WITH YOUR FOOD

Have you ever used beans, seeds, and rice for an art project? If not, come and see how these household staples can be turned into a masterpiece. All supplies will be provided. Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
446742 01	TR Center	Th	1:00pm-3:00pm	7/15	\$7		\$17

Try something new!

Therapeutic Recreation/*Physical Impairments*

Summer Outings

NEW OUT AND ABOUT JULY

It's time to put all your great outing ideas into action! Come and plan 2 outings with your friends. Meet at the TR Center for lunch and planning – you'll decide the rest! Extra cost for lunch and outings. Transportation provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466740 01	TR Center	Th	10:00pm-4:00pm	July	\$7	\$17

NEW OUT AND ABOUT AUGUST

It's time to put all your great outing ideas into action! Come and plan 2 outings with your friends. Meet at the TR Center for lunch and planning – you'll decide the rest! Extra cost for lunch. Transportation provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466741 01	TR Center	Th	10:00pm-4:00pm	August	\$7	\$17

Therapeutic Recreation Services develop functional skills through physical therapy, access leisure skills through education and repetition, and enhance leisure lifestyles through participation in the least restrictive environment, based on individual needs and limitations.

MAKE WAVES

Come with us for 2 different adventures on the high sea. Have a fun time enjoying the beautiful weather in the Hampton Roads area. A bag lunch will be needed with plenty to drink. Transportation provided.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466720 01	TR Center	Tu	10:00am-3:00pm	Varies	\$5	\$15

Summer Workshops

NEW PLAY WITH YOUR FOOD

Have you ever used beans, seeds, and rice for an art project? If not, come and see how these household staples can be turned into a masterpiece. All supplies will be provided. Transportation is limited.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466743 01	TR Center	Th	10:00am-12:00pm	7/15	\$7	\$17

CHILDREN'S PROGRAMS

The Therapeutic Recreation Center has added Children's Programs!! These programs are open to children with disabilities ages 6-14. Classes are offered in 5-week sessions. Participants will need to call the center and set up a time to come in for an assessment before signing up for classes. For more details, call us at 441-1764.

NEW FUN ON THE TOWN

Kids, come discover the area you live in! Each week we'll explore a new place, such as the zoo, Children's Museum, and area parks and beaches. Additional costs will be required for outings; parents will be notified during registration of costs. Ages 6-14.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466740 10	TR Center	Th	10:00am-5:00pm	6/24-7/22	\$15	\$25
466740 11	TR Center	Th	10:00am-5:00pm	7/29-8/26	\$15	\$25

NEW CRAFTIN' CREATIONS

Be the creator of great works of art! During this class you'll create a variety of arts and crafts projects. Come improve fine motor skills while using your imagination to complete fun projects. Ages 6-14.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466720 10	TR Center	Tu	10:00am-12:00pm	6/22-7/20	\$15	\$25
466720 11	TR Center	Tu	10:00am-12:00pm	7/27-8/24	\$15	\$25

NEW KICK UP YOUR HEELS

Do you enjoy dancing? If the answer is yes, come join us for a fun hour of dancing. Participants need to wear sneakers and comfortable clothing. Water bottle is suggested. Ages 6-14.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466731 10	TR Center	W	10:00am-11:00am	6/23-7/21	\$15	\$25

NEW GAME IT UP

Come get your game on in this fun-filled group. Learn new skills, brush up on old skills and have fun while playing a variety of games. Ages 6-14.

Activity #	Site	Day	Time	Date	Fee	NR Fee
466730 10	TR Center	W	10:00am-11:00am	7/28-8/25	\$15	\$15

Call the Therapeutic Recreation Center for upcoming special events and craft days!

Paul Street Gallery

Titustown Visual Arts and Recreation Center
7545 Diven Street
Norfolk, VA 23505

The Paul Street Gallery opened January 11th with its premiere show **Metamorphosis**, which will continue through March 11, 2004. We invite you to visit, enjoy and be inspired by the paintings, pots and collages of artist Mildred Tickle.

Spring Art Exhibition
Sunday, May 23, 2004
1:00pm-5:00pm

On Sunday, May 23, 2004, from 1:00pm to 5:00pm, we will host our Annual Spring Exhibition, featuring art produced by the students and instructors of the Visual Arts Program. The exhibition will include a wide variety of both two and three-dimensional art. On view will be marvelous illuminated stained glass, black and white studies in photography, and stunning quilts, among many other inspired media exhibitions. Music, refreshments and opportunities to talk with the artists will also highlight the afternoon. The show will run through July 23, 2004.

METAMORPHOSIS

Pots+Paintings+Collage
by Mildred Tickle



Opening: January 11, 2004 5:00pm-7:00pm
Exhibition continues through March 11, 2004 at the Visual Arts Center
Paul Street Gallery 7545 Diven Street Norfolk, VA 23505

Teacher Profile

RANDY WHITEHURST



Raised in Hampton Roads and a graduate of Booker T. Washington High School, Randy Whitehurst has been in the photography industry since the summer of 1984. During his senior year of high school, he decided to become a commercial photographer. Starting at

the bottom, he worked as a lab tech for Tamte/Wilson photography while freelancing and gaining experience. After 6 years going from lab tech to assistant photographer, learning custom film processing, custom color and black & white printing as well as slide processing, studio and location photography, he was offered an opportunity to learn aerial photography from a local beach photographer, Jack Will. Jack was owner and photographer for Advertising Visuals in Virginia Beach until 1991, when he died, leaving the company to Gene Woolridge. Again diving right in, Randy learned the business from the ground up; putting special interest on aerial photography, he also developed his studio photography skills. In 1996 Randy moved to Rhode Island and became one of the lead photographers for the Naval War College until 2001, when he relocated back in the Hampton Roads area--where he once again is doing his dream job as an aerial photographer.

Classes

Note: Some classes may have a small material fee for expendable items. Please check with Visual Arts at 441-1227.

BEADWEAVING, CERAMICS, AND PHOTOGRAPHY (B/W)

INSTRUCTORS NEEDED:

CALL 441-1227 (Debbie Dickerson/Leigh Babcock)

CERAMICS

Students of all levels learn techniques and refine skills in decorating and glazing ceramics; skills, materials, methods and design are stressed. Learn about greenware, bisque, underglazes, glazes, overglazes, stains and techniques such as washing, antiquing, majolica, dry brushing and much, much more. Only work produced during class will be fired. Students are responsible for supplies (greenware, glazes, brushes etc.). Instructors are Lily Ponds (Campostella), Noeleen Parks (Fairlawn), Virginia

Visual Arts

Scales (Huntersville), Rose Randall (Sherwood), Margaret Johnson (Southside), Betsy Brown (Merrimack).

Activity #	Site	Day	Time	Date	Fee	NR	Fee
318804 01*	Campostella	M	10:00am-11:00am	3/22-5/24	\$20	\$30	
318804 02	Campostella	Th	6:00pm-8:00pm	3/25-5/27	\$40	\$50	
328804 01	Fairlawn	M	10:00am-12:00pm	3/22-5/24	\$40	\$50	
328804 02	Fairlawn	M	6:30pm-8:30pm	3/22-5/24	\$40	\$50	
332804 01*	Huntersville	W	10:00am-11:00am	3/24-5/26	\$20	\$30	
344804 01*	Merrimack	F	9:00am-10:00am	3/26-5/28	\$20	\$30	
349804 01*	OVSC	Tu	10:00am-11:00am	3/23-5/25	\$20	\$30	
349804 02*	OVSC	Th	10:00am-11:00am	3/25-5/27	\$20	\$30	
358804 01	Sherwood	W	10:00am-12:00pm	3/24-5/26	\$40	\$50	
358804 02	Sherwood	W	1:00pm-3:00pm	3/24-5/26	\$40	\$50	
361804 01*	Southside	W	10:30am-11:30am	3/24-5/26	\$20	\$30	
361804 02*	Southside	W	6:30pm-7:30pm	3/24-5/26	\$20	\$30	
449804 01*	OVSC	Tu	10:00am-11:00am	6/15-8/17	\$20	\$30	
449804 02*	OVSC	Th	10:00am-11:00am	6/17-8/19	\$20	\$30	
461804 01*	Southside	W	10:30am-11:30am	6/16-8/18	\$20	\$30	
461804 02*	Southside	W	6:30pm-7:30pm	6/16-8/18	\$20	\$30	

*Senior class

CERAMICS/FAMILY

Students of all levels learn techniques and refine skills in decorating and glazing ceramics. Students are responsible for supplies (greenware, glazes, brushes etc.). Registration fees are per person. Age 8 and up. Instructor: Betsy Brown

Activity #	Site	Day	Time	Date	Fee	NR	Fee
344804 02	Merrimack	W	7:00pm-8:00pm	3/24-5/26	\$20	\$30	
444804 02	Merrimack	W	7:00pm-8:00pm	6/16-8/18	\$20	\$30	

CLAY SCULPTURE/ INTERMEDIATE AND ADVANCED/AGES 18 & UP

Learn modern techniques of clay sculpture. Slide presentations combined with hands-on lectures give students a unique opportunity to learn the methods of today's leading clay sculptors. Class time will be dedicated to learning construction methods and surface treatments, plus slide discussion. Only work produced during class will be fired. Please call for supply list.

Instructor: Stephen Marder.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367824 11	Visual Arts	F	6:30pm-8:30pm	3/26-5/28	\$60	\$70	
467824 11	Visual Arts	F	6:30pm-8:30pm	6/18-8/20	\$60	\$70	

CLAY TILES

Explore the art of making and decorating tiles using various methods, including bas-relief, flat design work and how to decorate manufactured tiles. Instruction in glazing, as well as suggestions on mounting or displaying finished tiles, will be offered.

Only work produced during class will be fired. Students are responsible for supplies (greenware, glazes, brushes etc.).

Instructor: Mary Jane Murphy.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367806 01	Visual Arts	Th	6:30pm-8:30pm	3/25-5/27	\$45	\$55	
467806 01	Visual Arts	Th	6:30pm-8:30pm	6/17-8/19	\$45	\$55	

DRAWING/ALL LEVELS

This class is designed for the person who wants to learn the fundamentals of drawing or experience a refresher. The fundamentals of drawing will include perspective, line, shading, texture and form. Open to all levels of experience. Students are responsible for supplies. Instructor: Bernard Conda.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367810 01	Visual Arts	M	6:30pm-8:30pm	3/22-5/24	\$45	\$55	
467810 01	Visual Arts	M	6:30pm-8:30pm	6/14-8/16	\$45	\$55	

DRAWING/PRIVATE LESSONS, ADULT OR YOUTH

Five (5) weeks of individualized drawing lessons for 45 minutes. Call the Visual Arts Center to schedule the classes. Students are responsible for supplies. Instructor: Bernard Conda

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367810 02	Visual Arts		as scheduled	\$75	\$85		
467810 02	Visual Arts		as scheduled	\$75	\$85		

FRESH FLOWER ARRANGING

Creating a beautifully arranged bouquet of flowers is easy once you understand the simple principles of design. You will wish you had taken this class sooner when you experience the exhilaration of your first arrangement. You will be taught all aspects of flower arrangement: choice of flowers, cutting techniques, base and fillers, etc. Fresh flowers will be used in class, but the ideas are adaptable to dried flowers. A materials fee of \$25 for flowers will be collected at the first class. Instructor: Mary Jane Murphy.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367814 01	Visual Arts	W	6:30pm-8:30pm	3/24-5/26	\$40	\$50	
467814 01	Visual Arts	W	6:30pm-8:30pm	6/16-8/18	\$40	\$50	

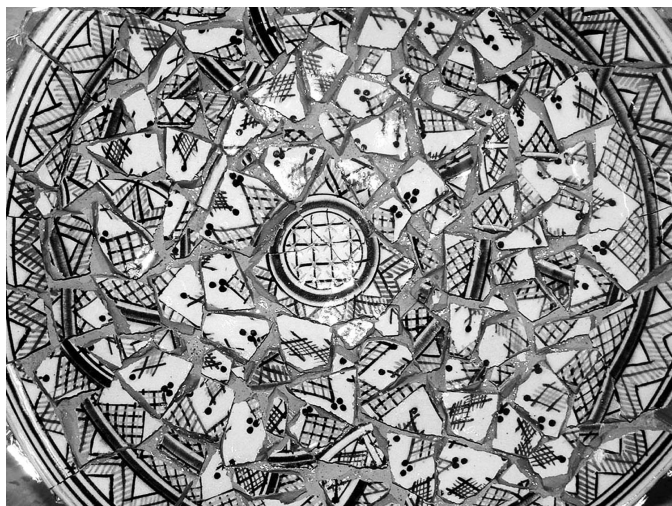
MATting AND FRAMING

Please see Photo Matting and Framing below

MOSAICS, BEGINNING

Go ahead--break something! An ancient art makes a comeback. Mosaics involve making designs or images by adhering tiles, glass, even crockery (broken dishes) onto a surface, then grout-ing. This art has been with us since the beginning of civiliza-tion. Learn about materials, methods, uses and more. Call for supply information. Instructor: Gerry Knight.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367818 01	Visual Arts	M	6:30pm-8:30pm	3/22-5/24	\$40	\$50
467818 01	Visual Arts	M	6:30pm-8:30pm	6/14-8/16	\$40	\$50



OIL PAINTING, BEGINNING

Learn painting techniques such as mixing colors, composition, and brushwork from a beginner's point of view. Supplies must be purchased by the student prior to the first class. Supply list is geared for beginning students at a minimal cost. Instructor: Emma Duncan.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367820 01	Visual Arts	M	6:30pm-8:30pm	3/22-5/24	\$40	\$50
467820 01	Visual Arts	M	6:30pm-8:30pm	6/14-8/16	\$40	\$50

OIL PAINTING/STUDIO

Experienced students may sign up for studio and work on individ-ual projects without an instructor. If interested, call 441-1257.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367820 02	Visual Arts	F	10:00am-12:00pm	3/26-5/28	\$25	\$35
(Studio only)						
467820 02	Visual Arts	F	10:00am-12:00pm	6/18-8/20	\$25	\$35
(Studio only)						

OIL PAINTING/ALL LEVELS

Through individualized instruction, students of all levels are guided in the selection of images, as well as composition and brushwork, with an emphasis in developing their own painting style. Basic through advanced instruction available. Instructors Noeleen Parks (Fairlawn), Ed Stubblefield (Bayview, Tarrallton). Students must purchase their supplies.

Activity #	Site	Day	Time	Date	Fee	NR Fee
312820 01	Bayview	Tu	10:00am-12:00pm	3/23-5/25	\$40	\$50
328820 01	Fairlawn	W	10:00am-12:00pm	3/24-5/26	\$40	\$50
328820 02	Fairlawn	W	12:30am-2:30pm	3/24-5/26	\$40	\$50
328820 03	Fairlawn	Th	10:00am-12:00pm	3/25-5/27	\$40	\$50
328820 04	Fairlawn	Th	12:30pm-2:30pm	3/25-5/27	\$40	\$50
362820 01	Tarrallton	W	10:00am-12:00pm	3/24-5/26	\$40	\$50
362820 02	Tarrallton	W	12:30pm-2:30pm	3/24-5/26	\$40	\$50

ORIENTAL BRUSH PAINTING (SUMI-E)

Learn the exquisite art of Oriental brush painting from an accomplished and knowledgeable teacher. From the moment that your brush touches the paper, this lovely and calming art form will give you hours of joy. This is an 8-weeks' course (3 hours each session). Students must purchase their supplies. Instructor: Joan Grosch.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367822 01	Visual Arts	Sa	10:00am-1:00pm	3/27-5/15	\$45	\$55
467822 01	Visual Arts	Sa	10:00am-1:00pm	6/19-8/7	\$45	\$55

Photography/Beginning

INTRODUCTION TO BLACK & WHITE PHOTOGRAPHY

The Visual Art Center was pleased to open the doors to our cozy new darkroom. Exposure, shutter speed, aperture, and depth of field concepts are made easy and enjoyable. Get to know your camera. A great print comes from a great negative. Learn about the exciting process of developing negatives and printing a pho-tograph from that negative. Learn about the use of filters, the camera lens, flash, tripod, and natural and artificial light. Studio time included during class. Safety maintenance will be empha-sized. 35mm camera required. Please call for supply list. Class size limited. Instructor: Randy Whitehurst.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367823 01	Visual Arts	W	6:30pm-8:30pm	3/24-5/26	\$125	\$135
367823 02	Visual Arts	W	10:00am-12:00am	3/24-5/26	\$125	\$135
467823 01	Visual Arts	W	6:30pm-8:30pm	6/16-8/18	\$125	\$135
467823 02	Visual Arts	W	10:00am-12:00am	6/16-8/18	\$125	\$135



NEW PHOTOGRAPHY/BEGINNING *See description above*

For those who desire a compressed experience in beginning photography. 5-weeks' course @3 hours.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367823 09	Visual Arts	Sa	10:00am-1:00pm	3/27-4/24	\$95	\$105
467823 09	Visual Arts	Sa	10:00am-1:00pm	6/19-7/17	\$95	\$105

NEW PHOTOGRAPHY/INTERMEDIATE

Black and White Photography offers something new and exciting this winter. This class is for participants who would like to learn more about special techniques in black and white photography. Experiment in the darkroom with special techniques, including sepia toning, hand colored prints, "sandwich" negatives, photograms and more. Studio class time included during session. Darkroom safety is emphasized. Please call for supply list. Participants must have completed beginning photography at the Titustown Visual Arts Center. Class size limited. Instructor: Randy Whitehurst.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367823 03	Visual Arts	Th	6:30pm-8:30pm	3/25-5/27	\$125	\$135
367823 04	Visual Arts	F	10:00am-12:00pm	3/26-5/28	\$125	\$135
467823 03	Visual Arts	Th	6:30pm-8:30pm	6/17-8/19	\$125	\$135
467823 04	Visual Arts	F	10:00am-12:00pm	6/18-8/20	\$125	\$135

NEW PHOTOGRAPHY/ ADVANCED STUDIO

Advanced photography offers 10 weeks of enjoyable studio time in the Visual Arts Center darkroom. Participants must have completed beginning and intermediate photography at the Titustown Visual Arts Center. Class size limited to 3 participants.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367823 06	Visual Arts	Sa	2:00pm-4:00pm	3/27-5/29	\$125	\$135
467823 06	Visual Arts	Sa	2:00pm-4:00pm	6/19-8/21	\$125	\$135

NEW PRIVATE LESSONS/DIGITAL PHOTOGRAPHY AND PHOTOSHOP

Are you curious about digital photography? Find out how to use a digital camera, take interesting photographs, format photographs for e-mail and printing, and how to use filters for special effects. Digital photography will be taught using graphics software Adobe Photoshop 7.0. Call for supply list.

Instructor: Leigh Babcock. (5 weeks)

Activity #	Site	Day	Time	Date	Fee	NR Fee
367823 10	Visual Arts	W	10:00pm-11:00pm	3/24-4/21	\$125	\$135
367823 10	Visual Arts	F	10:00pm-11:00pm	3/26-4/23	\$125	\$135
367823 07	Visual Arts	Sa	10:00pm-11:00pm	3/27-4/24	\$125	\$135
367823 09	Visual Arts	Sa	1:00pm-2:00pm	3/27-4/24	\$125	\$135

**If you need a particular day and time please contact the instructor @441-1227*

467823 10	Visual Arts	W	10:00pm-11:00pm	6/16-7/14	\$125	\$135
467823 10	Visual Arts	F	10:00pm-11:00pm	6/18-7/16	\$125	\$135
467823 07	Visual Arts	Sa	10:00pm-11:00pm	6/19-7/17	\$125	\$135
467823 09	Visual Arts	Sa	1:00pm-2:00pm	6/19-7/17	\$125	\$135

PHOTO MATTING AND FRAMING

Join us for company, and work while you learn to cut a single, double or oval mat for your art work or your photos. You will also learn the basics of conservation matting and how to properly fit your matted work to ready-made frames, although we will not be doing the construction of the frames. Students will work on several projects. Class limited to 6. Supplies are extra. Five weeks' course. Instructor: Jill Brunner.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367823 08	Visual Arts	W	1:00pm-3:00pm	3/24-4/21	\$25	\$35
467823 08	Visual Arts	W	1:00pm-3:00pm	6/16-7/14	\$25	\$35

Pottery Class Information

Registered pottery on the wheel students (in classes below) can use the pottery studio (at no additional cost) for practice when the room is available for up to 10 hours (equivalent to an additional 5 classes). Students who desire more time are encouraged to sign up for an additional class. Only work produced during class will be fired. Glazing must be done under the guidance of an instructor.

Pottery Lab Fee \$20.00 *

*Lab fee is per registered class

**Must be paid at time of registration

Make check payable to: Friends of Titustown

POTTERY ON THE WHEEL

Discover the age-old art of making wheel-thrown pottery. Through discussions and demonstrations, learn about clay types, tools, techniques and glazes--for all levels of experience.

Only work produced during class will be fired. Call 441-1227 for supply information. Instructor: Robin Hodges.



Activity #	Site	Day	Time	Date	Fee	NR Fee
367824 02	Visual Arts	Tu	7:00pm-9:00pm	3/23-5/25	\$50	\$60
367824 03	Visual Arts	Th	7:00pm-9:00pm	3/25-5/27	\$50	\$60
467824 02	Visual Arts	Tu	7:00pm-9:00pm	6/15-8/17	\$50	\$60
467824 03	Visual Arts	Th	7:00pm-9:00pm	6/17-8/19	\$50	\$60

POTTERY/ WHEEL THROWING AND ALTERING

Learn methods of achieving beautiful pieces by using techniques of both wheel and hand. The class is predominantly wheel throwing with side explorations into altering thrown forms. Emphasis is on combination techniques and using stamps to create texture. Only work produced during class will be fired. Call 441-1227 for supply information. Instructor: Sally Harland.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367824 04	Visual Arts	W	10:00am-12:00pm	3/24-5/26	\$50	\$60
367824 01	Visual Arts	W	6:30pm-8:30pm	3/24-5/26	\$50	\$60
467824 04	Visual Arts	W	10:00am-12:00pm	6/16-8/18	\$50	\$60
467824 01	Visual Arts	W	6:30pm-8:30pm	6/16-8/18	\$50	\$60

POTTERY ON THE WHEEL/ SOME PROFICIENCY REQUIRED

A skill building class designed for students with some proficiency. Projects will be developed as a class. Simplicity of form and decoration, as well as balance and proportion will be discussed. Studio safety practices will be stressed. Only work produced during class will be fired. Call 441-1227 for supply information. Instructor: Mildred Tickle.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367824 05	Visual Arts	F	10:00am-12:00pm	3/26-5/28	\$50	\$60
467824 05	Visual Arts	F	10:00am-12:00pm	6/18-8/20	\$50	\$60

POTTERY ON THE WHEEL /ALL LEVELS

Get your hands dirty! If you have always been interested in throwing on the wheel, this is the class for you. Students at any and all levels of experience are invited to learn how to center, form and glaze. Students will enjoy studio times and learn about equipment use and safety procedures. Studio safety practices will be stressed. Only work produced during class time will be fired. Call for supply information. Instructor: Mildred Tickle.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367824 06	Visual Arts	Tu	10:00am-12:00pm	3/23-5/25	\$50	\$60
467824 06	Visual Arts	Tu	10:00am-12:00pm	6/15-8/17	\$50	\$60

POTTERY ON THE WHEEL/HANDBUILDING. TEENS AND ADULTS.

This class offers a fun opportunity for teens and adults to learn the exciting art of throwing on the wheel, together! Starting with the cylinder form and progressing to the bowl form, you will learn techniques in glazing, trimming and wedging. Students will become familiar with studio and equipment use, as well as safety practices. Only work produced during class will be fired. Adult must accompany teen and both must register and pay fees. Ages 12 to adult. Call 441-1227 for supply information. Instructor: Stephen Marder.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367824 07	Visual Arts	M	6:30pm-8:30pm	3/22-5/24	\$50	\$60
467824 07	Visual Arts	M	6:30pm-8:30pm	6/14-8/16	\$50	\$60

POTTERY STUDIO

As space permits, students with prior pottery and glazing experience can register for this studio class of 20 hours, to be used whenever the pottery room is available (other than previous listed class times). Only work produced during class will be fired. Glazing must be done under the guidance of an instructor.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367824 08	Visual Arts	M-F	Varies	3/22-5/28	\$50	\$60
467824 08	Visual Arts	M-F	Varies	6/14-8/20	\$50	\$60

Visual Arts

QUILTING

Step-by-step guidance in the art of creating quilts for all levels of experience. The instructor has more than 30 years experience in quilting, and provides expert instruction in cutting, piecing, sewing and finishing quilts, as well as design, composition and color. Quilting scholarship available. Call 441-1227 for supply information. Instructor: Edith Hughes.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367826 01	Visual Arts	Th	10:00am-12:00pm	3/25-5/27	\$40	\$50
367826 02	Visual Arts	Th	7:00pm-9:00pm	3/25-5/27	\$40	\$50
366826 03	TR Center	Tu	7:00pm-9:00pm	3/23-5/25	\$40	\$50
467826 01	Visual Arts	Th	10:00am-12:00pm	6/17-8/19	\$40	\$50
467826 02	Visual Arts	Th	7:00pm-9:00pm	6/17-8/19	\$40	\$50
466826 03	TR Center	Tu	7:00pm-9:00pm	6/15-8/17	\$40	\$50

QUILTING BEE

A class for the experienced quilter. Quilters may attend any of the existing classes for the enjoyment of socializing and exchanging quilting ideas and expertise.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367826 04	Visual Arts	Th	10:00am-12:00pm	3/25-5/27	\$20	\$30
367826 05	Visual Arts	Th	7:00pm-9:00pm	3/25-5/27	\$20	\$30
366826 06	TR Center	Tu	7:00pm-9:00pm	3/23-5/25	\$20	\$30
467826 04	Visual Arts	Th	10:00am-12:00pm	6/17-8/19	\$20	\$30
467826 05	Visual Arts	Th	7:00pm-9:00pm	6/17-8/19	\$20	\$30
466826 06	TR Center	Tu	7:00pm-9:00pm	6/15-8/17	\$20	\$30

SEWING

Expand your wardrobe by learning to sew. Beginners learn how to select patterns, cut fabric, and construct clothing and/or home accessories. Individual skill assessment is given for beginners. More advanced coursework includes alteration, tailoring, fitting, and serger sewing. Sewing machines are available on site, or students may get professional guidance on purchasing new or used machines. Call 441-1227 for supply information. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367828 01	Visual Arts	Tu	6:30pm-8:30pm	3/23-5/25	\$50	\$60
312828 01	Bayview	Th	6:30pm-8:30pm	3/25-5/27	\$50	\$60
467828 01	Visual Arts	Tu	6:30pm-8:30pm	6/15-8/17	\$50	\$60
412828 01	Bayview	Th	6:30pm-8:30pm	6/17-8/19	\$50	\$60

SEWING / HATMAKING

Come join us and explore the art of hatmaking. Learn basic sewing techniques and create your own hat. Make new hats or remodel old ones with fabric or fur. This class is for all levels of experience. Call 441-1227 for supply information. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367828 03	Visual Arts	Sa	10:00am-12:00pm	3/27-5/29	\$50	\$60
467828 03	Visual Arts	Sa	10:00am-12:00pm	6/19-8/21	\$50	\$60

SEWING /SLIPCOVERS, WINDOW TREATMENTS, ACCENTS, AND ACCESSORIES

Change and coordinate the look of your furniture by covering worn, faded and out-of-date fabrics with slipcovers. Learn how to measure, cut and construct slipcovers. The importance of fabric selection and use of color are included. Chairs only due to space limitation; larger items will not be acceptable. Class size: 6 students. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367828 04	Visual Arts	Tu	10:00am-12:00pm	3/23-5/25	\$50	\$60
367828 05	Visual Arts	Tu	6:30pm-8:30pm	3/23-5/25	\$50	\$60
467828 04	Visual Arts	Tu	10:00am-12:00pm	6/15-8/17	\$50	\$60
467828 05	Visual Arts	Tu	6:30pm-8:30pm	6/15-8/17	\$50	\$60

SEWING CIRCLE

A class for those with prior sewing experience. Permission of instructor is required. Students will be incorporated into any on-going sewing class. Instructor: Deloris Johnson.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367828 06	Visual Arts	Varies	Varies	3/22-5/29	\$25	\$35
467828 06	Visual Arts	Varies	Varies	6/14-8/21	\$25	\$35

SILVER JEWELRY/ALL LEVELS

Students of all levels of proficiency are welcome in all classes. Instructors coach all students in their chosen projects. Students are responsible for purchasing their own silver. Expendable supply fee of \$12.00 is due at first class for all new students and a \$5.00 fee for returning students. Instructors: Barbara and Fred Mason.

Beginning students will learn the basic techniques of making silver jewelry through the completion of their own chosen projects. Techniques of filing, piercing, sawing, cold forging, and soldering will be used.

Intermediate students will acquire more technical skills and refine expertise with more advanced independent projects.

Advanced students will improve technical skills, learn to use additional tools, and create more complex projects, including lost wax casting.

Activity #	Site	Day	Time	Date	Fee	NR Fee
328830 01	Fairlawn	W	6:30pm-8:30pm	3/24-5/26	\$45	\$55
367830 02	Visual Arts	Th	6:30pm-8:30pm	3/25-5/27	\$45	\$55
367830 03	Visual Arts	Tu	10:00am-12:00pm	3/23-5/25	\$45	\$55
367830 04	Visual Arts	Tu	6:30pm-8:30pm	3/23-5/25	\$45	\$55
367830 05	Visual Arts	Sa	10:00am-12:00pm	3/27-5/29	\$45	\$55
467830 05	Visual Arts	Sa	10:00am-12:00pm	6/19-8/21	\$45	\$55
428830 01	Fairlawn	W	6:30pm-8:30pm	6/16-8/18	\$45	\$55
467830 02	Visual Arts	Th	6:30pm-8:30pm	6/17-8/19	\$45	\$55
467830 03	Visual Arts	Tu	10:00am-12:00pm	6/15-8/17	\$45	\$55
467830 04	Visual Arts	Tu	7:00pm-9:00pm	6/15-8/17	\$45	\$55

STAINED GLASS/BEGINNING

One of our most popular classes! Beginning students will learn the introductory techniques of stained glass design and construction through cutting glass and foiling with copper. Supply fee of \$5.00 payable to instructor at first class for expendable items and the first two projects. The final project costs are the responsibility of the students. Instructor: Gerry Knight.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367832 01	Visual Arts	W	6:30pm-8:30pm	3/24-5/26	\$45	\$55
467832 01	Visual Arts	W	6:30pm-8:30pm	6/16-8/18	\$45	\$55

STAINED GLASS/ INTERMEDIATE

Further develop skills learned in the beginning stained glass class. Students will construct a box or a flat panel lamp.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367832 02	Visual Arts	F	6:30pm-8:30pm	3/26-5/28	\$45	\$55

STAINED GLASS STUDIO

Students experienced in stained glass may sign up for studio and work on individual projects without an instructor. 5-weeks' session. Instructor: Fred Scarlott.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367832 04	Visual Arts	M	6:30pm-8:30pm	3/22-4/19	\$12.50	\$22.50

(Studio only)

WATERCOLORS

Explore watercolor through discussion, demonstration, and hands-on practice. Students will learn about watercolor materials, controlling the brush, use of color, painting techniques and composition. Call 441-1227 for supply information. Instructor: Yvonne Wilson Boone.

Activity#	Site	Day	Time	Date	Fee	NR Fee
366834 01	TR Center	Tu	6:30pm-8:30pm	3/23-5/25	\$40	\$50

WOOD FURNITURE REPAIR AND REFINISHING

Bring your furniture problems to our class and learn what is needed to repair and later refinish furniture. Do not throw away a wooden chair or table. We have the tools and glue to fix the worst of problems (dents, dings, scratches, creaks and groans). Learn about wood—why it moves and why it fails. Small supply fee due at first class. Instructor: Art Green, Master Woodcraftsman.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367836 01	Visual Arts	W	6:30pm-8:30pm	3/24-5/26	\$60	\$70
467836 01	Visual Arts	W	6:30pm-8:30pm	6/16-8/18	\$60	\$70

Kid's Art

Kids' Art courses and activities are offered for children up to 17 years of age. Please register in advance, no later than 1 week before the first day of class. Participants provide their own art supplies unless otherwise stated. For more information about registration, sites, or supplies, please call the Visual Arts office at 441-1227.



Visual Arts

DID YOU KNOW?

The College Entrance Examination Board reports that students of the arts, whether music, drama, visual or other, consistently outscore non-arts students on both verbal and math portions of the SAT exams. The longer that art is studied, the reports show, the higher the overall SAT scores. Other studies have uncovered similar findings. For instance, test scores in reading, writing, and vocabulary doubled at one Los Angeles School after three years of an arts education pilot program; that school now has the highest scores in its district (taken from Port Folio Magazine, April 18, 1995).

Preschool Fun

LITTLE DOODLE DANDY

A scribbly doodley good time. Join us to explore lots of colors, shapes and lines--just perfect for the toddler in you. "Doodle dandies" will receive an artist certificate upon completion of class. Ages 2 and under. Parent's attendance required.

Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
367841 01	Visual Arts	Sa	11:00am-12:00am	5/1	\$15	\$25
467841 01	Visual Arts	Sa	2:00pm-3:00pm	6/19	\$15	\$25

BATIK--TEENS AND ADULTS

Originating in Indonesia, batik is a method of decorating fabric that may very well be more than a thousand years old. Simple and intricate designs alike are achieved through a method of wax-resist dyeing. Bring a design of your choice to be painted on fabric in wax. Then dip the fabric in dye and be surprised and amazed by the results. Fee includes one person. Some materials provided. Please call for supply list. Class is limited to 6 participants. Children must be 12 years old. Instructor Shara Wertz Summer only

Activity #	Site	Day	Time	Date	Fee	NR Fee
467856 01	Visual Arts	Sa	1:30pm-3:30pm	7/10	\$15	\$25

BEAD MAKING

Bead making is as easy as make-and-bake when you're using polymer clay. With a variety of vibrant colors that can be layered to make geometric patterns, flowers or any design of your choice, you'll proudly show off your handmade creations!

Activity #	Site	Day	Time	Date	Fee	NR Fee
467856 02	Visual Arts	Sa	1:30pm-3:00pm	6/19	\$15	\$25

CARTOONING

Cartoon drawing is a great way for children to learn the basics of drawing. It can teach them the fundamentals of basic design through the use of circles, squares and rectangles in constructing basic forms and figures--all of these in a language most children love...cartoon comics. Ages 8 and up. Please call for supply list.

Instructor: Bernard Conda

Activity #	Site	Day	Time	Date	Fee	NR Fee
367840 01	Visual Arts	Tu	4:30pm-5:30pm	3/23-5/25	\$30	\$40
467840 01	Visual Arts	Tu	4:30pm-5:30pm	6/15-8/17	\$30	\$40

DISCOVERING CLAY

This class has been designed with the younger child in mind; we know how much children love to get their hands into everything and clay is just the perfect thing to get into! Get ready for a totally tactile experience as we create wild and crazy sculpted pieces. The only tools needed are hands and imaginations! Supplies provided. Class is limited to 8 children, ages 4-7.

5-weeks' course. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
367842 01	Visual Arts	M	4:00pm-5:00pm	3/22-4/19	\$20	\$30
467842 01	Visual Arts	M	4:00pm-5:00pm	6/14-7/12	\$20	\$30

HAND-BUILT POTTERY

When we say "hands-on experience," we really mean "hands on"--design and build pieces of pottery using your very own hands! Learn the basic forms, techniques, and tools used to create pinch, coil, and slab pottery. Dig in and discover just how much fun it is to play with clay! Class is limited to 8 children, ages 8 and up. Please call for supply list. 8-weeks' class.

Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
367846 01	Visual Arts	W	4:00pm-6:00pm	3/24-5/12	\$45	\$55
467846 01	Visual Arts	W	4:00pm-6:00pm	6/16-8/4	\$45	\$55

HANDCRAFTED CLAY TILES

Learn to combine a variety of techniques to make beautifully handcrafted clay tiles. Using a method called bas-relief, your designs will leap from the background and seem as if they've come to life! Class is limited to 8 children, ages 8 and up.

Please call for supply list. 4-weeks' class.

Instructor: Shara Wertz. Spring only

Activity #	Site	Day	Time	Date	Fee	NR Fee
367846 02	Visual Arts	Th	4:30pm-6:00pm	5/6-5/27	\$20	\$30

MULTI-MEDIA ART

Multi-media art is a little bit of everything all rolled into one! If you've ever been curious about combining different methods of art making, then you won't want to miss this class. Jump in and join the fun. Come explore painting, drawing, even collage.

Class is limited to 8 children, ages 4-7. 5 weeks' course.

Instructor: Shara Wertz.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367844 01	Visual Arts	Th	4:00pm-5:00pm	3/25-4/22	\$20	\$30
467844 01	Visual Arts	Th	4:00pm-5:00pm	7/29-8/19	\$20	\$30

PAINTING & DRAWING

There's a world of color and texture, line and shape just waiting to be discovered, and painting and drawing is a great way to find it! This class is open to all levels of experience and interest, whether you like to be loose and expressive or smooth and precise. Class is limited to 8 children, ages 8 and up. Please call for supply list. 8-weeks' course. Instructor: Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
367848 01	Visual Arts	Tu	4:00pm-6:00pm	3/23-5/11	\$45	\$55
467848 01	Visual Arts	Tu	4:00pm-6:00pm	6/15-8/3	\$45	\$55

SOFT SCULPTURE

Stockings and stuffing, buttons and thread visions of sculpture dancing around in your head! Learn to create a miniature person sculpted with materials so simple you might even find them around the house. Make a portrait of your very best friend, even Mom or Dad. The possibilities are limitless--there's just no end! Class is limited to 8 children, ages 8 and up. Please call for supply list. 4-weeks' class. Instructor: Shara Wertz. Summer only.

Activity #	Site	Day	Time	Date	Fee	NR Fee
467853 01	Visual Arts	Th	4:30pm-6:00pm	6/17-7/8	\$20	\$30

SUMMER ART CAMP I AND II

The summer offers us a unique opportunity to explore specific art traditions and techniques in depth. School is out, and it's the perfect time to dive into an enriching summer experience! Each week long art camp will be an intensive introduction to a specific art form. We'll also make time for a museum visit. Participants will be responsible for museum fee. Please remember to pack a lunch. Classes are limited to 8 children, ages 8 and up. Instructor Shara Wertz

Activity #	Site	Day	Time	Date	Fee	NR Fee
Printmaking						
467863 01	Visual Arts	M-F	9:30am-1:00pm	7/19-7/23	\$50	\$60
Life Drawing						
467863 02	Visual Arts	M-F	9:30am-1:00pm	8/16-8/20	\$50	\$60

YOUNG PHOTOGRAPHERS' CLUB

Be a young Ansel Adams! Bring along your 35mm instant camera—a fancy camera is not required. First roll of film will be supplied by instructor. A fun class for learning photographic composition. How do you see the world? Development of film is the responsibility of the student. Ages 7 and up. 8 weeks' course.

Instructor: Joan Grosch.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367862 02	Visual Arts	Sa	1:30pm-2:30pm	3/27-5/29	\$30	\$40
467862 02	Visual Arts	Sa	1:30pm-2:30pm	6/19-8/7	\$30	\$40

HOME LEARNERS/MULTI-MEDIA PHOTOGRAPHY

Take your photographs on a wild adventure. Change your photos into groovy drawings, paintings, and crazy wild sculpture. Participants are required to bring along a camera and purchase 1 roll of 35mm film. Development of film is the responsibility of the student. (5-week session.) Ages 10 & up. Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
367860 04	Visual Arts	Tu	10:00am-12:00pm	3/23-4/20	\$30	\$40
467860 04	Visual Arts	Tu	10:00am-12:00pm	6/15-7/13	\$30	\$40

HOME LEARNERS/ POTTERY ON THE WHEEL

For beginning students, this class is an introduction to pottery on the wheel. Learn about form, tools, techniques, glazes, and safe studio practices. Returning students will learn to alter forms and to explore a variety of decorating techniques. Only work produced during class will be fired. Class is limited to 6 children, ages 8 and up. Call for supply list. \$5 glaze fee included below. 8-weeks' course. Instructor: Shara Wertz.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367860 02	Visual Arts	M	10:00am-12:30pm	3/22-5/10	\$55	\$65
467860 02	Visual Arts	M	10:00am-12:30pm	6/14-8/9	\$55	\$65

*class will not meet 7/19

What's Cookin' At Visual Arts

CLARICE'S KITCHEN!

Clarice brings you decades of experience, secret ingredients, and a talented cook's touch. Good looking and looking good, her foods invite, beckon, capture your taste buds, and put a smile on your face. Enjoy as she shares her bounty with you.



Visual Arts

MAY DAY GOODIES AGES 18-ADULTS

The month of May always has something going on, a special event where you'll need some wonderful foods to serve or take with you. How about a homemade bread pudding or rice pudding? Good for any occasion! Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367852 15	Visual Arts	Th	6:30pm-8:30pm	5/13	\$7		\$17

Teens Only

SPRING SEAFOOD

PRE-TEENS AND TEENS – AGES 12-18

Let's cook up something really good and spicy. How about crabcakes, stuffed mushrooms, seafood salad? Umm, what's that wonderful aroma! Only 6 per class, ages 12 to 18. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367852 16	Visual Arts	Th	4:00pm-5:30pm	4/15	\$7		\$17

CLARICE'S KITCHEN FOR KIDS!

Clarice's interest in cooking began when she was a child growing up in Philadelphia. She started at such a young age that she needed a step-stool to reach the top of the stove; now that's determination and joy! Encourage your children to create in the kitchen, and enjoy one of life's finest pleasures... good food and good company.

NEW THIS SPRING AND SUMMER KINDERGARTEN COOKING CLASSES FOR KIDS AGES 4-6 YEARS

Little ones enjoy a host of fun classes of precooked and pre-prepared fun foods. They will have all the fun of acting like Mommy and Daddy in a real kitchen. They will get the chance to decorate, cut out, mix and match, and (best of all) eat whatever they prepare. We will even have a storytime during class—even some dancing. These classes will be one full hour of big fun. **Please note-- If your child has any allergies, please make it known to the instructor at time of registration.**



Spring Kindergarten—Ages 4 to 6 years

ANIMAL CRACKERS AND STORIES

Hey, Little Ones. This will be a great class for you. We'll hear a story all about fun animals. Then we'll make some of the same animals out of pre-made cookie dough. We'll bake and decorate them. How's that for fun?! 6 kids per class, ages 4-6.

Instructor: Clarice Gregory.

Activity#	Site	Day	Time	Date	Fee	NR	Fee
367852 17	Visual Arts	Th	3:00pm-4:00pm	3/25	\$7		\$17

HEALTHY SNACKS AND GOOFY TREATS

Make tasty but healthy snacks, fruit drink, fruit gelatin, veggie dips. Most foods will be premixed for easy access. Come on time so we can play a fun game before the mixin' starts.

Only 6 per class, ages 4 to 6. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
367852 18	Visual Arts	Th	3:00pm-4:00pm	5/20	\$7		\$17

Summer Kindergarten—Ages 4 to 6 years

PUDDINGS AND PAINTINGS

Do you like pudding? Well, okay. Let's make some right here in class. What's your favorite flavor? Afterwards, let's paint some funny pictures. Only 6 per class, ages 4 to 6. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
467852 19	Visual Arts	Th	3:00pm-4:00pm	6/24	\$7		\$17

SUMMER SPUDS

We are going to have a day of potatoes garnished with summer veggies and other good things. We use both white and sweet potatoes. Mom and Dad, why don't you join us on this day of Spud Mania? Only 6 per class, ages 4 to 6. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
467852 20	Visual Arts	Th	3:00pm-4:00pm	7/8	\$7		\$17

GREEN EGGS AND HAM!

What does the cat in the hat eat each morning? Come to class and hear the story of green eggs and ham. We will also make some of this fun food so you will have your own green eggs and ham. 6 per class, ages 4 to 6. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
467852 21	Visual Arts	Th	3:00pm-4:00pm	8/12	\$7		\$17

Spring and Summer Children 8-12 years of age

EASTER PIE CRUST AND FILLINGS

Learn how to make a variety of pie crusts out of assorted cookies. Great for mini-pies or regular pies. Easy fillings too. 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity#	Site	Day	Time	Date	Fee	NR Fee
367852 22	Visual Arts	Th	4:00pm-5:30pm	4/8	\$7	\$17

LUNCH ANYONE?

Having some friends over for lunch, but you don't know just what to serve? Take this one-day class and learn to fix a whole lunch, plus dessert. Even set a pretty table. 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity#	Site	Day	Time	Date	Fee	NR Fee
367852 23	Visual Arts	Th	4:00pm-5:30pm	4/22	\$7	\$17

MOTHER'S DAY ROSES

Kids, don't forget Mom on her special day. Learn to make the most beautiful chocolate candy roses for that special person in your life. 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity#	Site	Day	Time	Date	Fee	NR Fee
367852 24	Visual Arts	Th	4:00pm-5:30pm	5/6	\$7	\$17

BANANA FLING

If you love bananas, this is the class for you. We're going to make whatever we can think of out of bananas—drinks, cakes, puddings. Get ready for this fruit fling. 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity#	Site	Day	Time	Date	Fee	NR Fee
367852 25	Visual Arts	Th	4:00pm-5:30pm	5/27	\$7	\$17

FATHER'S DAY CAKES

Dad would love his very own cake made by your own hands. Personalize it with his very own name or his favorite team's name. This class is great for guys or gals. 6 per class, ages 8-13. Instructor: Clarice Gregory.

Activity#	Site	Day	Time	Date	Fee	NR Fee
467852 26	Visual Arts	Th	4:00pm-5:30pm	6/17	\$7	\$17

INDEPENDENCE DAY CUPCAKES

Let's get some confetti, candy beads, colored sugar, and all sorts of goodies, and bake and decorate some cupcakes. Great for the 4th of July Celebration. 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR Fee
467852 27	Visual Arts	Th	4:00pm-5:30pm	7/1	\$7	\$17

PRETZELS, ANYONE?

Delicious pretzels made by your own hands—warm and soft. Add some flavor with our secret ingredients. Don't miss this class. It's going to be some great fun. 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR Fee
467852 28	Visual Arts	Th	4:00pm-5:30pm	7/22	\$7	\$17

CANDY APPLES

This is an old childhood treat for a lot of us. Apples covered with red, green or caramel candy. Some apples can even be topped with coconut or chopped nuts. What a delicacy! 6 per class, ages 8-12. Instructor: Clarice Gregory.

Activity #	Site	Day	Time	Date	Fee	NR Fee
467852 29	Visual Arts	Th	4:00pm-5:30pm	7/29	\$7	\$17

Cooks & Books

GROOVY SMOOTHIE

Cool off this summer with a refreshing, healthy snack. Smoothies are great for gatherings with family and friends. Try smoothies with pumpkin, coffee and banana, banana and blueberry, banana strawberry, peaches, mango, peanut butter, mixed berry smoothies and more secret smoothie recipes. Instructor: Leigh Babcock

Activity #	Site	Day	Time	Date	Fee	NR Fee
467852 30	Visual Arts	Sa	11:00am-12:00am	6/26	\$15	\$25

SUSHI

Learn from Setsue Putney, an expert, how to choose and prepare the ingredients, assemble and roll these delectable vegetable/rice rolls wrapped in Nori seaweed. Experiment with cucumber, avocado, spinach, tuna, etc. Taste the results! Enrollment limited to six participants. Call for more information and supply list.

Activity #	Site	Day	Time	Date	Fee	NR Fee
367852 14	Visual Arts	Tu	5:00pm-7:00pm	5/11	\$25	\$35

**IF YOU HAVE AN IDEA FOR A CLASS,
PLEASE TELL US ABOUT IT!**

Vivian C. Mason Arts And Technology Center

Computer Classes

MICROSOFT BASIC 101

This course is an introduction to the computer, its parts, and basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer in more ways than just playing games. Basic typing skills will be developed using interactive typing programs. The safe and moral uses of the Internet will be explained, demonstrated, and emphasized. Call 441-1035 for additional information. Adults 18-99. Maximum of 10 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368813-01	VCM	M	6:00-8:00pm	3/22-6/7/04	\$45	\$55	
468826-01	VCM	M	6:00-8:00pm	6/14-8/16/04	\$45	\$55	

MICROSOFT BASIC 102

Learn to use such productivity programs as MS Word, Excel, PowerPoint, and MS E-mail (Outlook, Outlook Express). This course focuses on tasks related to properly maintaining an operating system, correctly loading and unloading programs/drivers, the organization of the file system, and the construction of logical procedures to facilitate effective basic system troubleshooting. Keyboarding skills will be taught to use interactive typing programs and group typing sessions. Students will also be challenged to successfully disassemble and re-assemble complete computer systems to include installation of software and connection to the network. Adults 18-99. Maximum of 10 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368814-02	VCM	W	6:00-8:00pm	3/24-6/2/04	\$45	\$55	
468827-02	VCM	W	6:00-8:00pm	6/16-8/18/04	\$45	\$55	



SENIOR BEGINNERS COMPUTER

This course is an introduction to computers, its parts, and basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer and not be afraid. Basic typing skills will be developed using interactive typing programs. Learn how to surf the Internet for information. Adults 55-99. Maximum of 15 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368815-03	VCM	Tu/Th	10:30am-12:30pm	3/23-6/3/04	\$25	\$35	
468828-03	VCM	Tu/Th	10:30am-12:30pm	6/15-8/19/04	\$25	\$35	

SENIOR INTERMEDIATE COMPUTER

Learn to use such programs as MS Word, Excel, and E-mail (Outlook, Outlook Express). This course focuses on tasks related to properly maintaining an operating system by correctly loading and unloading programs/drivers, the organization of the file system, and construction of logical procedures to facilitate effective basic system troubleshooting. Adults 55-99. Maximum of 15 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368816-04	VCM	M&W	10:30am-12:30pm	3/22-6/9/04	\$25	\$35	
468829-04	VCM	M&W	10:30am-12:30pm	6/19-8/18/04	\$25	\$35	

YOUTH & TEEN COMPUTER

This course is an introduction to the computer, its parts, and basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer in more ways than just playing games. Basic typing skills will be developed using interactive typing programs. Safe and moral uses of the Internet will be explained, demonstrated, and emphasized. Ages 9-17. Maximum of 13 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368817-05	VCM	W	3:30-5:30pm	3/24-6/9/04	\$45	\$55	

HARDWARE PREPARATION FOR COMPTIA A+ CERTIFICATION

Designed to introduce the beginning computer user/technician to the functional parts of the computer and develop the knowledge of proper hardware installation and troubleshooting techniques necessary to successfully complete the hardware domain of the A+ Certification test. Course material needed: COMPTIA A+ Certification book. Ages 18-99. Maximum of 3 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368824-12	VCM	Tu/Th	6:00-8:00pm	3/24-6/10/04	\$50	\$80	
468837-12	VCM	Tu/Th	6:00-8:00pm	6/14-8/19/04	\$50	\$80	

== Vivian C. Mason Arts And Technology Center

HOME SCHOOL BEGINNER COMPUTER SKILL BUILDING

This course is an introduction to the computer, its parts, and basic maintenance. The focus of the class will be to expose and encourage the beginner user to work with the computer in more ways than just playing games. Basic typing skills will be developed using interactive typing programs. The safe and moral uses of the Internet will be explained, demonstrated, and emphasized. Call 441-1035 for more information.

Grades 4-6. Maximum of 10 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368817-05	VCM	Tu	12:30-2:30pm	3/23-6/7/04	\$45	\$55	
468830-05	VCM	Tu	12:30-2:30pm	6/2-8/17/04	\$45	\$55	

HOME SCHOOL INTERMEDIATE COMPUTER SKILL BUILDING CLASS

Learn to use such productivity programs as MS Word, Excel, PowerPoint, and MS E-mail (Outlook, Outlook Express). This course focuses on tasks related to properly maintaining an operating system, correctly loading and unloading programs/drivers, the organization of the file system, and troubleshooting. Keyboarding skills will be taught by using interactive typing programs and group typing sessions. Students will also be challenged to successfully disassemble and re-assemble complete computer systems to include installation of software and connection to the network. Grades 7-12. Maximum of 10 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368821-09	VCM	Th	12:30-2:30pm	3/26-6/10/04	\$45	\$55	
468834-09	VCM	Th	12:30-2:30pm	6/4-8/19/04	\$45	\$55	

PHOTOGRAPHY/BEGINNERS

Introduction to Black & White Photography

The Vivian C. Mason Center is pleased to open the doors to our dark room. Exposure, shutter speed, aperture, and depth of field are made easy and enjoyable. Get to know your camera. A great print comes from a great negative. Learn about the exciting process of developing negatives and printing a photograph from that negative. Learn about the use of filters, the camera lens, flash, tripod, light, cables, and technical care of negative prints. Special techniques include "dodging" and "burning." Studio time included during class. Safety maintenance will be emphasized. 35mm camera required. Please call for supply list. Ages 10-99.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368823-11	VCM	Th	6:00-8:00pm	3/26-6/10/04	\$125	\$135	
468836-11	VCM	Th	6:00-8:00pm	6/16-8/19/04	\$125	\$135	

DIGITAL PHOTOGRAPHY

Introduction to the operation of a digital camera and learn the techniques of lighting, angles, etc. Also, you will learn how to use the computer to download and print. Learn the types of paper to print the picture on. This class is for ages 13-99 for 6 weeks.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368818-06	VCM	W	6:00-8:00pm	3/24-6/9/04	\$65	\$85	
468831-06	VCM	W	6:00-8:00pm	6/16-8/18/04	\$65	\$85	

Pottery

HANDBUILDING AND SCULPTURE (ADULT)

Learn to construct clay containers, such as bowls, boxes, garden pots, and more. Create sculptures by hand. Use the coil, slab, drape and pinch techniques, and finishing and glazing. Only work produced in class will be fired. All students must register and pay Pottery Supply Fee (see below). Ages 18 and up.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368825-13	VCM	Tu	10:00am-12:00pm	3/23-5/25/04	\$45	\$55	
368825-14	VCM	W	6:00-8:00pm	3/24-5/26/04	\$45	\$55	

THROWING ON THE WHEEL/ BEGINNER (ADULT)

Student will learn to throw graceful pottery forms on the wheel. Lessons include centering, creating the cup, vase and bowl forms, adding handles, trimming, finishing and glazing. Only work produced in class will be fired. All students must register and pay Pottery Supply Fee (see below). Ages 18 and up.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368826-15	VCM	M	6:00-8:00pm	3/23-6/7/04	\$50	\$60	
368826-16	VCM	M	10:00am-12:00pm	3/23-6/7/04	\$50	\$60	
468838-17	VCM	M&W	6:00-8:00pm	8/16-9/8/04	\$50	\$60	

HANDBUILDING AND SCULPTURE (YOUTH)

Learn to create sculptures and construct clay containers, such as pots, bowls, boxes, and more by hand. Lessons include visualizing and creating various types of forms using the coil, slab, drape and pinch techniques, finishing and glazing. Teaches planning and preparation, creative design, how to work with the media, attention to detail, and personal expression. All students must register and pay Pottery Supply Fee (see below). Ages 8 and up.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368820-07	VCM	Tu	3:30-5:30pm	3/23-6/8/04	\$45	\$55	

Vivian C. Mason Arts And Technology Center

THROWING ON THE WHEEL/BEGINNER (YOUTH)

Learn to throw graceful pottery forms on the wheel. Lessons include centering, creating the cup, vase and bowl forms, adding handles, trimming, finishing and glazing. Teaches creative and aesthetic design, how to work with the media, attention to detail, and personal expression. All students must register and pay Pottery Supply Fee (see below). Ages 12-17.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368820-08	VCM	Th	3:30-5:30pm	3/25-6/10/04	\$50	\$60	

Home School

HANDBUILDING AND SCULPTURE

Learn to create sculptures and construct clay containers, such as pots, bowls, boxes, and more by hand. Lessons include visualizing and creating various types of forms using the coil, slab, drape and pinch techniques, finishing and glazing. Teaches planning and preparation, creative design, how to work with the media, attention to detail, and personal expression. All students must register and pay Pottery Supply Fee (see below). Grades 8 and up. Maximum of 6 students.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368822-10	VCM	M	12:00-2:00pm	3/22-6/6/04	\$45	\$55	

THROWING ON THE WHEEL

Learn to throw graceful pottery forms on the wheel. Lessons include centering, creating the cup, vase and bowl forms, adding handles, trimming, finishing and glazing. Teaches creative and aesthetic design, how to work with the media, attention to detail, and personal expression. All students must register and pay Pottery Supply Fee (see below). Ages 12-17. Maximum of 6 students per class.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
368827-19	VCM	M	2:30-4:30pm	3/22-6/7/04	\$50	\$60	

YOUTH ART CAMP WORKSHOP

Handbuilding and sculpture lessons include visualizing and creating various types of forms using the coil, slab, drape and pinch techniques, finishing and glazing. Classes will include other sculpture. All students must register and pay Pottery Supply Fee (see below). Ages 8-12.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
468839-23	VCM	M-F	10:00am-12:00pm	6/14-7/9/04	\$45	\$55	
468839-24	VCM	M-F	10:00am-12:00pm	7/19-8/13/04	\$45	\$55	

TEEN ART CAMP WORKSHOP

This is a four-week art workshop on learning to throw graceful pottery forms on the wheel. Lessons include centering, creating the cup, vase, and bowl forms (for beginners), adding handles, trimming, finishing and glazing. Teaches creative and aesthetic design, how to work with the media, attention to detail, and personal expression. All students must register and pay Pottery Supply Fee (see below). Ages 12-17.

Activity #	Site	Day	Time	Date	Fee	NR	Fee
468840-25	VCM	M-F	2:00-4:00pm	6/14-7/9/04	\$45	\$55	
468840-26	VCM	M-F	2:00-4:00pm	7/19-8/13/04	\$45	\$55	



POTTERY SUPPLY FEE

All pottery students are required to register for class and pay a supply fee to cover the cost of clay and glazes, which are provided to the students. This fee must be paid at the time of registration. Beginners are charged \$20.00 to cover both clay and glazes. Advanced students, who generally produce more work, may either pay \$20.00 to cover only the cost of glazes if they wish to bring their own clay or \$30.00 to use both clay and glazes provided by the center. In addition, all students will need to buy a Pottery Tool Kit, which is available at local art or pottery suppliers.

Activity #	Class Status	Fee
368828-20	Beginners (clay & glazes) or Advanced (glazes only)	\$20
368828-20	Advanced (clay & glazes)	\$30
468838-22	Summer Youth & Teen Art Camp Supply Fee	\$20

Neighborhood Service Centers

Neighborhood Service Centers

Norfolk's Neighborhood Service Centers have been transitioned to the Department of Neighborhood and Leisure Services (NLS), and are now under the Neighborhood Services Division.

The vision of all Neighborhood Service Centers is to enhance the quality of services, programming and service related activities to ensure Norfolk citizens live in healthier and safer neighborhoods. Each Neighborhood Service Center is committed to quality customer service and building stronger neighborhoods.

Neighborhood Service Centers, previously referred to as multi-service centers, are strategically located throughout the city to provide quality service delivery of health, educational, recreational, and social programs to Norfolk citizens.

Currently, there are four Neighborhood Service Centers to serve Norfolk citizens and the Ocean View Permit Office that serves as a resource center of information and referrals for citizens living in the northern section of the city.

Berkley Neighborhood Service Center

925 South Main Street, Norfolk, VA 23523
664-6450

Huntersville Neighborhood Service Center

830 Goff Street, Norfolk, VA 23504
664-7400

Park Place Neighborhood Service Center

606 West 29th Street, Norfolk, VA 23508
664-7500

Little Creek Neighborhood Service Center

7665 Sewells Point Road, Norfolk, VA 23513
664-6300

Ocean View Permit Office

8132 Shore Drive, Norfolk, VA 23518

Hours of Operation are:

Monday and Tuesday	--	9:00 - 5:00
Wednesday	--	9:00 - 3:00
Thursday and Friday	--	9:00 - 5:00

Neighborhood Service Centers are open from 8:30 a.m. to 5:00 p.m. Monday-Friday, with extended evening hours to facilitate community program needs. For more specific program information, call Joyce Henry, programs manager at 441-2400.

Neighborhood University

Neighborhood University

2002 International City Management Association Award Winner



PROMOTING COMMUNITY PRIDE AND EXCELLENCE!

The Neighborhood University is a community enrichment program, established in 1999 by the City of Norfolk's Department of Neighborhood and Leisure Services. It is dedicated to providing the highest quality training to citizens of Norfolk to improve the condition of neighborhood housing, the vitality of neighborhood organizations, and overall quality of community life. Courses are intended to engage, inform and equip citizens with the training and technical assistance needed to help build the capacity of residents to be better advocates for their communities. Neighborhood University provides opportunities for networking and sharing practical ideas for problem solving, decision making and managing community development initiatives. This is achieved by cultivating community interest and neighborhood support, orienting citizens to specific policy issues and government practices, and informing citizens of available resources.

**ALL NEIGHBORHOOD UNIVERSITY COURSES
ARE OPEN TO THE PUBLIC.**

Registration

To register, you must submit a completed registration form in writing. You may do so by:

- MAILING your registration to Neighborhood University, Division of Neighborhood Services, 501 Boush Street, Norfolk, VA 23510;
- FAXING your registration to 441-5423; or
- USING THE WEB site at www.norfolk.gov/neighborhoods/Services/university.asp

Additional registration forms are available by photocopying or calling 441-2400. Please note that registration information will not be accepted over the phone.

Many of our courses have a maximum enrollment and fill quickly. Submission of registration information does not constitute automatic enrollment. Written confirmation of enrollment will be mailed, prior to the beginning of each course, to the address provided on the registration form.

Registration information will not be accepted prior to the "Beginning Registration Date" listed for each course.

Course Locations

Neighborhood University courses are offered at a variety of locations. For directions please contact the Division of Neighborhood Services at 441-2400.

DPH • DEPARTMENT OF PUBLIC HEALTH

830 Southampton Boulevard, Norfolk, VA 23510

PPL • PARK PLACE NEIGHBORHOOD SERVICE CENTER

606 West 29th Street, Norfolk, VA 23508

GMB • GRANBY MUNICIPAL BUILDING

401 Monticello Avenue, Norfolk, VA 23510

TVA • TITUSTOWN VISUAL ARTS CENTER

7545 Diven Street, Norfolk, VA 23505

NC3 • NEWS CHANNEL 3 (WTKR)

720 Boush Street, Norfolk, VA 23504

VCM • VIVIAN C. MASON CENTER

700 East Olney Road, Norfolk, VA 23504

NEW

Fundamentals of Neighborhood Leadership

PART 2 – BUILDING POWERFUL COMMUNITY PARTNERSHIPS

What does it mean to be a community leader? 'Fundamentals of Neighborhood Leadership' is a 3-part series designed to train citizens to identify the core values, qualities and skills required for effective leadership. Part 2 of this series focuses on such issues as diversity, targeting and maximizing preexisting assets, youth involvement and regionalism. Participants are given a clear perspective on what truly goes into "Building Powerful Community Partnerships". Registrations now being accepted.

Course	Site	Day	Time	Date
FNL - 2	DPH	Tu	6:00pm-8:00pm	2/24-3/23

NEW

Fundamentals of Neighborhood Leadership

PART 3 – CIVIC ENGAGEMENT & COMMUNITY DEVELOPMENT

Prerequisite: Fundamentals of Neighborhood Leadership Part 2. This final part of Fundamentals of Neighborhood Leadership allows participants to put their community leadership skills into action with the lessons learned from parts one and two. After gaining the key components of civic engagement, participants gain hands-on experience by working together on a 4-week community project. Registrations now being accepted.

Course	Site	Day	Time	Date
FNL - 3	DPH	Th	6:00pm-8:00pm	4/1-5/13

UNDERSTANDING ENVIRONMENTAL CODES 101

Help create and maintain safe and healthy communities, expand cooperative efforts, enhance community-oriented government and work toward environmental code awareness and enforcement. Skills such as partnership building, prevention tactics and problem solving are all essential tools that will be taught in a supportive atmosphere. Various city agencies will facilitate discussions. Registrations now being accepted.

Course	Site	Day	Time	Date
Codes 101	DPH	Tu	6:00pm-9:00pm	3/2-3/23

UNLEASHING THE POWER OF PERSONALITY

How can understanding your personality type enhance your leadership ability? This class uses Myers-Briggs Type Indicator (MBTI) to empower students to focus the strength of their individual personality type in building valuable partnerships. MBTI is a self-report personality inventory designed to give people information about their psychological type preference. It leads students to a greater understanding of how they can utilize this knowledge to become more effective leaders in their neighborhoods and everyday lives. Registrations now being accepted.

Course	Site	Day	Time	Date
Power of Personality	DPH	Th	6:00pm-8:30pm	3/11, 3/18

NEW

PUBLIC SPEAKING MASTERY

Improve your public speaking skills with this one-day course designed to train participants to communicate with credibility. Learn to assess your audience; arrange your speech and thoughts logically; use pacing, tone and gestures to capture and maintain interest; present an image of confidence and competence; and sell yourself and your ideas successfully. Registrations now being accepted.

Course	Site	Day	Time	Date
Public Speaking	NC3	Sa	9:00am-4:00pm	3/13



Neighborhood University

P.L.A.N.N.

PROTECTING LIVES AND NORFOLK NEIGHBORHOODS

The P.L.A.N.N. course has been developed to increase the chances of safety and survival for citizens in the event of natural disaster or nationwide emergency. The course also provides general guidelines and knowledge to better prepare participants for everyday safety issues.

P.L.A.N.N. is the only emergency preparedness course of this nature being offered to citizens in the Hampton Roads vicinity that equips each course participant with the information and resources necessary to devise an individualized emergency plan of action. Registrations now being accepted.

Course	Site	Day	Time	Date
P.L.A.N.N.	DPH	Sa	9:00am-4:00pm	3/27



IMPROVING NEIGHBORHOOD HEALTH

This series of seminars empowers citizens to improve and protect their individual health as well as those around them. Certification for First Aid and CPR will be provided. Registrations for April classes are now being accepted. Registration for June classes begins April 26, 2004.

Course	Site	Day	Time	Date
Adult CPR	DPH	Tu	6:00pm-9:00pm	4/6
	DPH	Sa	9:00am-1:00pm	6/5
First Aid	DPH	Tu	6:00pm-8:00pm	4/13
	DPH	W	6:00pm-8:00pm	6/16

BASIC GRANT WRITING

This two-day course provides detailed instruction on the grant writing process and includes the examination of resources and evaluation of grant applications and guidelines. The informal workshop atmosphere allows participants to ask questions and work one-on-one with the instructor to become successful grant writers. Registration begins April 26, 2004.

Course	Site	Day	Time	Date
Basic Grant Writing	GMB	Sa	9:00am-12:00pm	6/7, 6/14

NEW

ADVANCED GRANT WRITING

Prerequisite: Basic Grant Writing. This two-part course prepares participants for critiquing and revising grant applications and reviews some common reasons that grant proposals are rejected. An instructor-led roundtable allows for practice proposal writing and individual assistance with the grant writing process. Participants will also have the opportunity to discuss and evaluate a grant proposal they are writing or have written in the past. Registration begins March 8, 2004.

Course	Site	Day	Time	Date
Advanced Grant Writing	TVA	Sa	9:00am-12:00pm	4/24, 5/1

UNDERSTANDING ENVIRONMENTAL CODES 201

Prerequisite: Understanding Environmental Codes 101. This advanced course is designed to develop citizens in three major ways. First, by enhancing students' understanding of the roles of citizens, neighborhood groups, and government in resolving community problems. Second, by building skills in recognizing and analyzing neighborhood problems and ways to create and implement solutions. Third, by further strengthening team-building skills to enhance problem solving partnerships between citizens and City staff. Registration begins March 29, 2004.

Course	Site	Day	Time	Date
Codes 201	DPH	W	6:00pm-9:00pm	5/5-5/19
		W	6:00pm-9:00pm	6/9

CIVIC BOARD DEVELOPMENT

Give your civic association or neighborhood a boost. Enhance the skills, knowledge and tools of your board members. Civic Board Development is a two-day customized, comprehensive training course designed to accommodate the unique goals and resources of neighborhood associations such as civic leagues. Topics will include governance, meeting facilitation, group dynamics and communication. Registration begins March 29, 2004.

Course	Site	Day	Time	Date
Civic Board Development	PPL	Tu	6:00pm-9:00pm	5/18, 5/25

Sponsors

Neighborhood University is sponsored in part by Farm Fresh and Wal-Mart Stores, Inc.

Neighborhood University

REGISTRATION

To register, you must submit completed registration form. You may do so by:

1. MAIL your registration to Neighborhood University, Division of Neighborhood Services, 501 Boush Street, Norfolk, Virginia 23510;
2. FAX your registration to (757) 441-5423; or
3. E-MAIL your registration from the Neighborhood University website: [www.norfolk.gov/neighborhoods/services/university .asp](http://www.norfolk.gov/neighborhoods/services/university.asp).

OFFICIAL USE ONLY

Received by: _____ Date: _____

COURSE	ACC	DEC

REGISTRATION FORM

Incomplete registration forms will NOT be accepted.

Personal Information

Mr.	Ms.	Mrs.	Full Name:		
Street Address:				Daytime Phone:	
City:			Zip:	Evening Phone:	
Neighborhood:				E-Mail:	
Are you a Civic League Member?				Civic League Officer?	
Current occupation:					
Are you in need of disability amenities?					

Neighborhood University Course Requests

Course Title:	Course Date(s):
How do you plan to use the knowledge gained from this course...	
Course Title:	Course Dates(s)
How do you plan to use the knowledge gained from this course...	
Course Title:	Course Dates(s):
How do you plan to use the knowledge gained from this course...	

Additional registration forms are available by photocopying or calling (757) 441-2400. Please note that registration information will not be accepted over the phone. Also, REGISTRATIONS WILL NOT BE ACCEPTED PRIOR TO THE BEGINNING REGISTRATION DATES LISTED FOR EACH COURSE.

Many of our courses have a maximum enrollment and fill quickly. Please do not assume that you are automatically enrolled for every course for which you submit registration. Prior to the beginning of each course, WRITTEN CONFIRMATION OF ENROLLMENT will be mailed to the address you provide on this registration form.

Volunteer Registration Form

Volunteer Program Registration

NORFOLK DEPARTMENT OF NEIGHBORHOOD & LEISURE SERVICES,
DIVISION OF RECREATION & COMMUNITY SERVICES

Please print

Name _____

Address _____

City _____ Zip _____

SS or Drivers License # _____

Home Number (____) _____ Work Number (____) _____

Date of Birth ____/____/____ Female _____ Male _____

Hobbies/Activities _____

Skills/Abilities _____

Medical Data _____

In Case of Emergency Please Contact _____

Home Number (____) _____ Work Number (____) _____

By my signature below, I am registering as a volunteer with the Norfolk Department of Neighborhood and Leisure Services, Recreation and Community Services Division. I hereby release the City of Norfolk, its employees, agents, officers, and officials for any and all injuries or property damage, which may arise out of my volunteering. I also understand that this application is subject to local and national criminal background check and that by providing false information I may be subject to legal prosecution on behalf of the City of Norfolk.

SIGNATURES

Youth aged 16 years and under require and authorizing signature from a parent or guardian.

Volunteer _____ Date _____

Site Supervisor _____ Date _____

VOL Coordinator _____ Date _____

Please complete and sign form. Submit form to Center Supervisor or send to: Diam Hovik, 501 Boush St., Norfolk, Va. 23510

What Times And Days Are You Available To Work? Please Circle All That Apply

MONTHS: JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

WEEKS: 1 2 3 4 5

Please Check All Times That You Will Be Available For Assignments

TIMES:	7	8	9	10	11	12	1	2	3	4	5	6	7
Monday													
Tuesday													
Wednesday													
Thursday													
Friday													
Saturday													
Sunday													

STAFF USE

PROG/CTR. WORK SITE _____

Job Title _____

Sent _____ Letter _____ Recorded _____

Apply Date ____/____/____

Interview Date ____/____/____

Orientation Date ____/____/____

Registration Form

Spring/Summer 2004 Registration Form

PLEASE PRINT AND FILL OUT COMPLETELY.

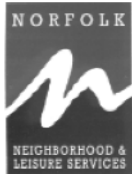
Adult, Parent, or Guardian _____

Address/City/Zip Code _____

Phone Numbers (Day) _____ (Evening) _____

Activity Number	Participant's Name Last First	Birth Date Mo/Day/Yr	Sex	Activity Name	Site	Day/Time	Total Fee

TOTAL AMOUNT ENCLOSED



Should you need special accommodations that will enable you to participate in our activities, please call 441-1764 (V/TDD).

NO CASH ACCEPTED

Form of Payment: ☐ Check ☐ Money Order

Check/Money Order # _____

Spring/Summer 2004 Registration Form

PLEASE PRINT AND FILL OUT COMPLETELY.

Adult, Parent, or Guardian _____

Address/City/Zip Code _____

Phone Numbers (Day) _____ (Evening) _____

Activity Number	Participant's Name Last First	Birth Date Mo/Day/Yr	Sex	Activity Name	Site	Day/Time	Total Fee

TOTAL AMOUNT ENCLOSED



Should you need special accommodations that will enable you to participate in our activities, please call 441-1764 (V/TDD).

NO CASH ACCEPTED

Form of Payment: ☐ Check ☐ Money Order

Check/Money Order # _____